



**BEHAVIORAL HEALTH WORK TEAM**  
**Meeting Minutes**  
**Salvation Army Door of Hope**  
**2799 Health Center Drive**  
**San Diego, CA 92123**  
**February 12<sup>th</sup>, 2009, 8:30am-10:00am**

**Attendees:**

- Francine Anzalone-Byrd, CASBIRT
- Laura Andrews, Mental Health America of SD
- Bob Brooks, NAMI N. Coastal
- Angela Carrillo, Sharp Mesa Vista (Co-Chair)
- Dr. Ruth Covell, UCSD School of Medicine (Co-Chair)
- Lynnetta Devereaux, Alvarado Parkway Institute
- Aron Fleck, CHIP
- A. D. Krems, MD, MH Board
- Liz Kruidenier, MN MH Forum, NAMI N Coastal
- Maria Reyes, MD, Project Concern International
- Ian Rosengarten, SDCBHS
- Jalene Nardella, MFT, Shakti Rising
- Laura Andrews, Mental Health America
- Diane Cook, San Diego County
- Shannon Jaccard Compeer San Diego/ NAMI San Diego
- Elizabeth Urquhart, Phoenix House
- Maria Perez, Phoenix House
- Lynnetta Devereaux, Alvarado Parkway Institute

**I. Introductions / Networking:**

**II. Approval of Minutes:**

The minutes were approved and a small change was made to the included charter. It used to read "Behavioral Health" now reads "Behavioral Health Services".

**III. Presentation: CASBIRT Update**

**Francine Anzalone-Byrd**

Since the center's fiscal year began, they have conducted over 30,000 screenings on at risk and high risk patients.

The health educators main focus, is to build a rapport and relationship with the patient in order to be able to obtain the information necessary to better serve them with the care they need, whether it be temporary or long term. The health educators have also begun screening possible at risk patients in the burn unit. The current screening refusal rate is low at only 1.4%.

There is a small possibility that funding could end in approximately 6 months. Francine reported that it is a good possibility that funding will continue at least long enough to come up with a plan for sustainability. CASBIRT has recently brought on a San Diego State University, MBA intern who is assisting with the business plan for sustainability.

**Action Item: Francine Anzalone-Byrd, CASBIRT, would be ready to update the group on their activities at the next meeting**

IV. **Continued Discussion:** BHWT 2009 Work Plan

Ruth Covell

a. **Discussion: Identifying where we can have our most significant impact in 2009**

All

A good portion of the uninsured / underinsured population has relied on pharmaceutical companies supplying them with “Test” drugs to treat their ailments. Now, with many people being laid off, the demand for these drugs will be higher. The pharmaceutical companies will only be able to keep up with the demand for so long. The unemployment rate also clogs up the emergency department.

Angela Carillo would like to produce a 1-2 page summary on a safe housing program to present to BHWT next month.

It was suggested that the Team spend the next 3-4 months identifying where we can make the most significant impact to develop the 2009 work plan.

In addition, we discussed who would be good speakers for the group. Ideas were consistent with last meeting:

- Judith Yates, Hospital Association of San Diego and Imperial Counties
- Ray Deciccio,

b. **Next Steps: Increasing the participation and Membership of the BHWT group**

All

There was some discussion around increasing the participation in the BHWT.

New today was Jalene Nardella, MFT, of Shakti Rising. She will be invited to do a presentation to the group in the next few months.

V. **Other Announcements / Sharing:** (All)

\$250 membership fee requested by NAMI for the NAMI walks campaign on April 18<sup>th</sup>, 2009. Request will be made at the next Steering Committee meeting.

**Action Item:** *BHWT Announcements to be distributed electronically no later than Friday, February 13<sup>th</sup>, 2009/*

VI. **Next Meeting Discussion:**

Our next meeting will be held on **Thursday, March 12<sup>th</sup>, 2009 from 8:30 a.m. – 10:00 a.m.** at the Salvation Army Door of Hope.

**Thank you for your support and participation!**