

B-4: Boo-boos, Belly-aches and Bumps Before you go to the doctor What to do when your child gets sick

PARENT PRE-TRAINING SURVEY

Circle ONE answer.

1. Which sign always needs a visit to the doctor?
 - a. Fever ^[1]
 - b. Throwing up ^[2]
 - c. Earache ^[3]
 - d. Cough ^[4]
 - e. None of the above ^[5]
2. When should you call the doctor about your child's rectal fever?
 - a. Your newborn baby has a fever of 99° ^[1]
 - b. Your baby has a fever of 100° ^[2]
 - c. Your child has a fever of 103° or higher ^[3]
3. When should you call the doctor right away?
 - a. Your child can't breathe ^[1]
 - b. There is blood in your child's pee or poop ^[2]
 - c. Your baby has a rectal fever of 101° or higher ^[3]
 - d. Your child is coughing up blood ^[4]
 - e. All of the above ^[5]
4. To lower a fever, do NOT:
 - a. Give your child cold drinks ^[1]
 - b. Dress your child warmly ^[2]
 - c. Give your child Tylenol every 4-6 hours ^[3]
5. If you think that your child ate or drank a poison, do NOT:
 - a. Make your child throw up ^[1]
 - b. Call the Poison Control Center ^[2]
 - c. Call 911 ^[3]
 - d. Figure out what your child ate ^[4]

6. If your 2-year-old child has a cold or flu, do NOT:
 - a. Give your child cold drinks just once a day ^[1]
 - b. Have your child use a pillow ^[2]
 - c. Have your child get lots of rest ^[3]
7. To learn how to care for sick or hurt children, parents can:
 - a. Take a CPR class ^[1]
 - b. Take a First Aid class ^[2]
 - c. Read the book What to Do When your Child Gets Sick ^[3]
 - d. Call 211 ^[4]
 - e. All of the above ^[5]

Fill in the blank.

8. What is normal body temperature? _____ *degrees*
9. How can you prevent poisoning? _____
10. How can you prevent broken bones? _____
11. How can you prevent burns? _____

Circle T if the sentence is True and F if the sentence is False.

12. T_[1] F_[0] I have the book What to Do When Your Child Gets Sick at home.
13. T_[1] F_[0] I have used the book What to Do When Your Child Gets Sick in the past 3 months.
14. T_[1] F_[0] It is safe to leave a child alone in a locked car for just a few minutes.
15. T_[1] F_[0] It is safe to put a very tired baby to sleep on its tummy.
16. T_[1] F_[0] It is safe for children to play with empty plastic bags.
17. T_[1] F_[0] I have taken a CPR class.
18. T_[1] F_[0] I plan to take a CPR class.
19. T_[1] F_[0] I have taken a First Aid class.
20. T_[1] F_[0] I plan to take a First Aid class.

Circle ONE choice.

21. How **sure** are you that you can—

- | | | | | |
|---------------------------------|-----------------|---------------|------|-----------|
| | [1] | [2] | [3] | [4] |
| a. care for a sick child? | Not at all sure | A little sure | Sure | Very sure |
| b. prevent accidents? | Not at all sure | A little sure | Sure | Very sure |
| c. care for a child's injuries? | Not at all sure | A little sure | Sure | Very sure |

22. How **worried** do you feel when your child is sick? Pick a number 1-10.

- | | | | | | | | | | | | |
|-----------------------|---|---|---|---|---|---|---|---|---|----|-----------------|
| Not at all
worried | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | very
worried |
|-----------------------|---|---|---|---|---|---|---|---|---|----|-----------------|

Match the words in the 1st column with the definitions in the 2nd column. The first one is done for you.

WORD LIST

- k **Antibiotic**
- Asthma**
- Colic**
- Convulsion**

- CPR**
(cardiopulmonary resuscitation)
- Cradle cap**
- Croup**
- Dehydration**
- Eczema**
- Immunizations**
- Impetigo**
- Jaundice**
- Over-the-Counter Medicine**
- Scabies**
- Thrush**

DEFINITIONS

- a. Red, crusty, oozing sores on the skin that spread easily
- b. What you should do when someone stops breathing
- c. Yellow, oily crust on baby's head
- d. An illness that causes tightness of the airway or breathing tube brought on by a cold, or coming in contact with smoke, dust, pets, or other things the child is allergic to
- e. White spots on tongue, gums, inside cheeks
- f. Shots or vaccinations
- g. Yellow skin (*babies*)
- h. Itchy, skin rash that is caused by tiny bugs
- i. The loss of too much liquid from the body
- j. Medicine you can buy at the store without a doctor's prescription
- k. A medicine ordered by the doctor to kill germs that cause infection
- l. A cough that sounds like a dog's bark
- m. Dry, itchy skin
- n. Sudden movements of a person or part of a person's body that the person cannot control
- o. Long crying spells for no reason (*babies*)

Please put your survey back in the envelope.

Thank you for your time!