



COMMUNITY HEALTH
IMPROVEMENT PARTNERS
making a difference together

CHIP SUICIDE PREVENTION ACTION PLAN COMMITTEE
Meeting Minutes
May 3rd, 2011
11:30 am- 1:00 pm
Metropolitan Operation Complex
9192 Topaz Way
San Diego, CA 92123

Sandra Ambrosi – County HHSAB2726	Peterson, Donna – County of San Diego HHSAB
Bear, Bonnie – Survivors of Suicide	Rodgers, Diane – Community Member
Bongiorno, Gina – UCSD Bridge to Recovery	Rodig, Leah - AdEase
Collins, Stan – Yellow Ribbon of S. CA	Saltz, Paula – VA Medical Center
Corona, Marianna - Harder & Co Community Research	Sandford, Walt – Harmonious Solutions
Covell, Ruth, M.D. - UCSD	Scott, Kellie – BHETA & Aging Well
Disner, Burton – North Coast Home Health Products	Sczeisputowski, Jana – Your Social Marketer, Inc.
Foster, Jean – SD Unified School District	Sise, Beth – Scripps Health
Gonsalves, Paula – Community Research Foundation	Skiljan, Carol – Yellow Ribbon Suicide Prevention Program
Harper, Elizabeth – Community Research Foundation	Smith, Alan – County of San Diego
Kruidenier, Liz – NAMI NC LWV	Stark, Ron – MHS Courage to Call
Newmyer, Jessica – San Diego County	Walters, Courtney – MHS Peer2Peer Lines
Oneal, Christopher – Optum Health Access & Crisis Line	Wellbrock, Glen – The Trevor Project
Salazar, Holly – Community Health Improvement Partners	Harder & Co Community Research

1. **Welcome / Introductions** 11:30am B Sise/C Skiljan
 - a. Holly Salazar introduced herself to the room and turned the program over to Beth Sise and Carol Skiljan. Beth Sise welcomed everyone to the meeting. Everyone introduced themselves.

2. **Approval of Minutes** 11:45 B Sise
 - a. Minutes were approved as modified.

3. **SPAP Indicated Strategies Overview** 11:50 Harder & Co.
 - a. Identification of High Risk Behaviors / Events opened the discussion that would set the framework for the day.
 - b. Indicated Populations and Systems and Organizations were reviewed. Many programs in the room are already using several of the techniques and models that were being discussed and attendees thought they could be made a standard with the plan.
 - c. Provisions of Community Based Services (CBI) discussion provided the platform to raise awareness of removing the stigma of mental health issues. Everyone agreed that a consistent message that could be trusted was a high level priority.
 - d. The discussion went longer than anticipated and the last two categories were not reviewed. ie., Research and Data Collection (IRDC) and System Level Impact (ICS).

4. **Consumer Resources Discussion** 12:15 H Salazar
Strategies for resource development were discussed, including texting, emailing, peer to peer counseling and investing in electronic media. Also, how can we improve existing programs and services currently in place to improve the ability access to care and suicide prevention resources. The County would like to add suicide prevention resources to the www.up2sd.org website. Attendees stated that the organization of this information needs to be user friendly, and users need to be able to find themselves when looking for services. A few additional comments about resources for the general public:
- Change the Access and Crisis Line (ACL) phone number to something easier to remember (H Salazar stated this is being worked on)
 - Provide more peer support groups.
 - Provide a directory of services that would be user friendly.
 - Link to school (and other) websites
 - Get the message out with brochures at Starbucks
5. **Additional Input into the Action Plan** 12:30 Harder & Co.
The draft Action Plan will be submitted to the County by June 30th, 2011. The SPAP Summit will be used to finalize the details of the plan. If there is additional information anyone would like to provide, they should email Holly Salazar or include it in the SPAP blog by May 11th, 2011. The monthly SPAP meeting date has been changed to the 4th Tuesday of each month starting June 28th from 10:00 – 11:30am at the CHIP training room.
6. **Other Announcements/Discussion** 12:45 B.Sise/C. Skiljan
May is Mental Health Month. Several event flyers are located on the registration table.

SAVE THE DATE

Suicide Prevention Action Plan Summit

Monday, May 23rd, 2011
11:30am – 4:00pm
CHIP Training Room
9370 Chesapeake Drive
San Diego, CA 92123

Suicide Prevention Action Plan Committee Meeting

Tuesday, June 28th
10:00am – 11:30am
CHIP Training Room
9370 Chesapeake Drive
San Diego, CA 92123