



COMMUNITY HEALTH  
IMPROVEMENT PARTNERS  
*making a difference together*

**BEHAVIORAL HEALTH WORK TEAM – FULL TEAM MEETING**

***Meeting Minutes***

**May 12, 2011**

**8:30am-10:00am**

Community Health Improvement Partners Office  
9370 Chesapeake Drive, Suite 220  
San Diego, CA 92123  
(858) 609-7960

**Attendees**

- Susanne Boston, County of San Diego HHS – North Region
- Victor Bloomberg, METRO
- Bob Brooks, No Coast NAMI
- Angela Carrillo, Sharp Mesa Vista (Co-Chair)
- Nina Constantino, County of San Diego HHS
- Ruth Covell, M.D., UCSD (Co-Chair)
- Lisa Hayes, Molina
- Kristi Jones, Access and Crisis Line
- Rex Kennemer, Community Alliance for Healthy Minds
- Robinson, Karenlee, Mental Health Consultant
- Ian Rosengarten, County of San Diego
- Tracey Stevens, CHIP
- Holly Salazar, CHIP

1. **Introductions/Networking** 8:30 am R Covell / A Carrillo

Introductions were made by attendees.

2. **Approval of Minutes** 8:35 am R Covell / A Carrillo

There were no minutes to approve from the previous meeting.

3. **CHIP and BHWT** 8:40 am H Salazar

Holly Salazar introduced herself to the group. Holly reported that CHIP would like to link Mental Health to all CHIP programs and to create greater linkages in the community as indicated in the Needs Assessment. She then turned the program over to Beth Ruland, CHIP Program Manager for Health Literacy, to discuss mental health literacy.

4. **Mental Health Literacy** 8:45 am B Ruland

Beth Ruland began her presentation with the WHO definition of Health Literacy. She gave an overview of the current efforts of the joint Health Literacy task force. She asked the group to consider their definitions of Mental Health Literacy, and what it would include. The following points were discussed:

- The disconnect between patients and the front and back office staff.
- The disconnect between physical health and mental health physicians.
- The ability of mental health patients to understand basic mental health instructions.

- Mental Health First Aid (designed for the general public) is already in place through Mental Health America.

5. **Independent Living Facility Project** 9:15am A Carrillo

- **Project Update**  
The ILFP has been chosen for the 2<sup>nd</sup> round of consideration. A RFP is being written and will be hopefully be released by the County later this year. The first year of funding would be for \$479,000 and the second year for \$428,000.
- **Resource Fair**  
The Resource Fair has been moved to September due to changes in CHIP staffing last spring. CHIP will sponsor the cost to reserve the venue. This will be discussed further in the July BHWT meeting.

6. **HELP Connection** 9:45am R Covell

The subcommittee will meet in June to begin developing a new edition of HELP Connection. The goal will be to have it ready by the end of summer.

7. **Mental Health / Substance Abuse** 9:45am R Covell

The question was posed “How can we re-integrate substance abuse back into CHIP BHWT activities?” The group felt it was important for CHIP to reach out to County ADS and other ATOD related groups. One strategy might be to offer support, rather than invite to just attend the meetings.

**Action Item:** Holly Salazar will contact ADS to offer CHIP BHWT support.

8. **Related Business** 9:50am R Covell

- **Health Coaching** 9:50am V Bloomberg  
Victor Bloomberg (METRO) discussed the idea of health coaching, based on the SBIRT model. Funding for this program is provided by the San Diego Foundation.
- **BHWT Weekly Announcements** 9:55am H Salazar  
Holly introduced Tracey Stevens to the group as a new addition to CHIP as Executive Coordinator. Tracey is responsible creating and distributing the BHWT Weekly Announcements, so please direct anything the group would like included to [tstevens@sdchip.org](mailto:tstevens@sdchip.org).
- **Other Announcements / Sharing**  
Drumming Out Stigma Event  
Thelma Got a New Hip ☺

**NEXT BHWT COMMITTEE MEETING:**  
Thursday, July 14<sup>th</sup>, 8:30-10:00am  
CHIP Training Room  
9370 Chesapeake Drive, Suite 220 (Off Ruffin Rd)  
San Diego, CA 92123