



COMMUNITY HEALTH
IMPROVEMENT PARTNERS
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CHIP SUICIDE PREVENTION ACTION PLAN COMMITTEE
Meeting Minutes
July 26th, 2011
10:00am – 11:30am
Community Health Improvement Partners
9370 Chesapeake Drive, Suite 200
San Diego, CA 92123

Bear, Bonnie – Survivors of Suicide Loss	Reyzer, Marge – Mira Costa College Health Services
Bongiorno, Gina – UCSD Bridge to Recovery	Rodig, Leah - AdEase
Correa, Alma – UCSD HSRC	Ruland, Beth - CHIP
Crane, Marissa - HSRC	Salazar, Holly - CHIP
Devereaux, Lynetta - API	Saltz, Paula – VA Medical Center
Disner, Burton – North Coast Home Health Products	Sanford, Walt
Finlay, Megan – Pheonix House	Schnell, Rick – SDPD Homeless Outreach Team
Gioia-Beckman, Stephanie – Sup. Ron Roberts Office	Scott, Kellie – BHETA & Aging Well
Goncalves, Paula – Community Research Foundation	Sczeisputowski, Jana – Your Social Marketer, Inc.
Jones, Kristi – Optum Health Access & Crisis Line	Sise, Beth – Scripps Health
Kennemer, Rex – Community Alliance for Healthy Minds	Skiljan, Carol – Yellow Ribbon Suicide Prevention Program
Kennemer, Connie – Comm Alliance for Healthy Minds	Touriel, Morris – Navy FFSC
Krelstein, Michael – CMH SDCPH	Van der Stad, Jessica - AFSP
Menolez, Amy – CoSD HHSA	Walters, Courtney – MHS Peer2Peer Lines
Miller, Michael – CRF-MAST	Wellbrook, Glen – The Trevor Project
Mendel, Jenifer – ADAB/GUHSD	Wilson, Beverly – Mission Home Health
Padilla, Barbara – Courage to Call	AW - Harder & Co Community Research
Peterson, Donna - HHSA	Wu, Emily Pei-Chen – UPAC Positive Solutions Program
Qualls, Joe – Courage to Call	Lin, Jenel, CoSD HHSA

1. Welcome / Introductions 10:00 am B Sise/C Skiljian

Beth Sise and Carol Skiljan welcomed everyone to the meeting and introductions were made.

2. Approval of Minutes 10:05am B Sise/C Skiljian

Minutes were approved.

3. SPAPC Vision, Mission, Core Values 10:10am H Salazar

Holly Salazar presented the finalized version of the SPAPC Vision, Mission, and Core Values, based on conversation during the June SPAPC meeting, and input from committee members via email. The final version is as follows:

Vision: Zero suicides in San Diego County

Mission: To prevent suicide and its devastating consequences in San Diego County

This can best be accomplished through....

- Enhancing collaborations to promote a suicide-free community
- Conducting needs assessments to identify gaps in suicide prevention services and supports
- Disseminating vital information on the signs of suicide and effective help-seeking
- Providing resources to those affected by suicide and suicidal behavior
- Advancing policies and practices that contribute to the prevention of suicide

Core Values

The Suicide Prevention Action Plan Committee believes that these core values best support suicide prevention in San Diego County:

- A public health approach to prevention
- Collaboration and non-competitive partnerships
- Evidenced-based practices
- Cultural and linguistic sensitivity
- Coordinated and accessible services
- Support for individuals, families, and communities

4. SPAPC Strategic Planning Overview 10:15am H Salazar

Holly Salazar presented a brief overview of the strategic planning process for the SPAPC. The eventual goal is to create a 3-year strategic plan, which will function as a blueprint for action for the San Diego County SPAPC based on recommendations from the Suicide Prevention Action Plan. The goal for today is to consider what we as the SPAPC can accomplish over the next three years, through 2014, and develop & prioritize objectives that we as a committee can commit to in order to achieve each goal.

5. Small Group Activity: Develop Objectives 10:20am All

Meeting attendees broke into small groups and followed instructions (attached) at their table to develop objectives for the SPAPC strategic plan. After working together for 35 minutes, each group reported their objectives back to the group (raw results attached).

6. World Suicide Prevention Day 11:10am C. Skiljian/All

World Suicide Prevention Day is taking place on Saturday, September 10, 2011, and National Suicide Prevention Week is September 4-10, 2011. Carol Skiljian led a discussion about possible activities that could take place in recognition of these days. It was mentioned that we won't have time to organize a large, coordinated event due to work on the SPAP. Stephanie Gioia offered to request a proclamation from Supervisor

Ron Roberts on September 13, 2011 to honor the activities of the SPAPC. Holly Salazar requested committee members send her any activities their organizations' will be conducting to honor these days.

Action: Holly Salazar & Carol Skiljian to draft the proclamation and send to Stephanie Gioia.

Action: Holly Salazar to send an email to the SPAPC requesting information about activities being held to honor WSPD and NSPW, and create a recognition document to post on the website and in weekly announcements.

7. **Other Announcements/Discussion** 11:15am H. Salazar/All

There will be an Independent Living Facility Resource Fair on September 21, 2011 at the War Memorial Building at Balboa Park. For more information or to register as a vendor, contact Holly Salazar at hsalazar@sdchip.org.

SAVE THE DATE

Suicide Prevention Action Plan Committee Meeting

Tuesday, August 23rd, 2011

10:00am – 11:30am

CHIP Training Room

9370 Chesapeake Drive

San Diego, CA 92123

Important Dates to Remember:

World Suicide Prevention Day 2011

September 10, 2011

<http://www.iasp.info/wspd/>

National Suicide Prevention Week 2011

September 4-10, 2011

<http://www.suicidology.org/web/guest/about-aas/nspw>

San Diego County Out of Darkness Community Walk

San Diego Chapter of the American Foundation for Suicide Prevention

October 15, 2011

Contact Jessica van der Stad, (760) 459-9959, jvanderstad@afsd.org

Save a Life Walk 2011

Sponsored by Optum Health Access and Crisis Line
to benefit the Yellow Ribbon Suicide Prevention Program, San Diego

November 13, 2011

<http://savealifewalk.kintera.org>