



COMMUNITY HEALTH
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BEHAVIORAL HEALTH WORK TEAM – FULL TEAM MEETING

Meeting Minutes
September 8, 2011
8:30am-10:00am

Community Health Improvement Partners Office
9370 Chesapeake Drive, Suite 220
San Diego, CA 92123
(858) 609-7960

Attendees

- Angela Carrillo, Sharp Mesa Vista (Co-Chair)
- Nina Constantino, County of San Diego HHS
- Lynetta Devereaux, Alvarado Parkway Institute
- Bob Brooks, NAMI
- Laura Hernandez, MHA
- Liz Kruidenier, NAMI North Coastal
- Jayne Reinhardt, HHS OHSI
- Holly Salazar, CHIP
- Erica Salcuni, CHIP
- Anne Dunlop, NAMI SD
- Lauren Chin, HHS BHS
- Rex Kennemer, Community Alliance for Healthy Minds
- Connie Kennemer, Community Alliance for Healthy Minds
- Joe Qualls, Courage to Call

1. **Introductions** 8:30 am A Carrillo

Introductions were made by all attendees.

2. **Approval of Minutes** 8:40 am A Carrillo

Minutes were approved.

3. **CHIP Structure** 8:45 am H Salazar

Holly Salazar provided an overview of the new CHIP structure as an independent 501(c)(3). Of particular importance is there is no longer a steering committee. BHWT activities will now be reported to the Executive Partners Committee (EPC), a new committee of CHIP to replace the Steering Committee, who will then make recommendations to the Board of Directors. Holly will be working with the EPC to develop a Quality Improvement Process for all programs of CHIP.

4. **Depression Screening Day**

8: 50 am

R Covell / A Carrillo

National Depression Screening Day (NDS) will take place on October 6th of this year. Nina Constantino and Lynette Devereux volunteered to co-chair a subcommittee of the BHWT to plan for our local Depression Screening activities. The subcommittee will meet for the first time on August 11 from 8:30-10:00am at CHIP. The following individuals volunteered to serve on the committee: Ian Rosengarten (HSA MHS), Jayne Reinhardt (HSA OHSI), Ray DiCiccio (METRO), Chris O'Neal (Optum), and Angela Carillo (Sharp Mesa Vista). Nina will also reach out to AIS and PEI members to request volunteers to serve on the committee. Additional notes about the NDS discussion:

- Nina Constantino would like to implement ideas she tracked after last year's Depression Screening, including improved documentation.
- It was recommended that we continue to list the site locations for our local screening on the NDS website.
- Liz Kruidenier suggested using this as an opportunity to target depression in children. It was suggested that we reach out to Rady's for participation. Liz also suggested Susan Linback be involved in the subcommittee.

Action: Liz Kruidenier to contact Susan Linback.

- There was a rich discussion regarding including children in depression screening activities. Due to the complexity, it was agreed to pursue planning for what/how/who this would involve for Fall 2012.
- Jayne Reinhardt suggested using the COI as a means to target children through the health care and school domains. The following suggestions were made:
 - Offer a brief presentation at COI meetings on the integration of physical and mental health
 - Erica Salcuni (CHIP COI) invited BHWT members to attend COI meetings
Action: Erica Salcuni will promote Depression Screening Day through the COI meetings.
 - Through the CMS Systems of Care (SOC) meetings and SOC councils, there may be an opportunity for BHWT members to present about Depression Screening Day. The suggestion was made to present to the Councils first.
Action: Ian to contact CMS and the children's council; Ruth Covell to contact the older adult council; Liz and Angela to contact the adult council.
 - Ray DiCiccio asked if brief interventions were attached to the screenings. He will follow-up on this possibility during subcommittee meetings.

5. **HELP Connection Update**

9:05 am

R Covell

The HELP Connection Subcommittee met in June to organize updates to HELP Connection. The first draft is anticipated by the first week in August. The following additional items were discussed:

- There will be both hard copies and an online version
- HSA MHS would like to use HELP Connection in their physician trainings, being developed by AdEase. AdEase may sponsor the cost of some of the printing, and possibly formatting.

Action: Holly Salazar to follow-up with AdEase.

- HHS MHS asked to include all MHS and PEI programs. It was suggested that in keeping with the purpose of the book, we include links to 211, Network of Care and other appropriate venues throughout.

Action: Ian Rosengarten to communicate this purpose to MHS, and find out if all programs are currently listed on the Network of Care.

- Chris O’Neal at Optum Health volunteered to verify all phone numbers.
- Questions were asked about whether eating disorder and substance abuse related programs would be included.
- It was suggested that we consider an audio version and a Spanish version, for which there was much enthusiasm. It was noted that this would depend on funding.
- Post-publication possibilities:
 - 211 may want a refresher course for their staff.
 - Once HELP Connection is published, we may want to offer trainings on how to use.
- Next step for HELP Connection Subcommittee: Review & formatting of document.

6. Direction of BHWT

9:25 am

H Salazar

Holly Salazar discussed how to re-engage lapsed members, and how to engage new members. The question was asked: Who’s missing? The following suggestions were made:

- Organizations to reach out to:
 - ADS
 - Healthcare entities
 - Primary care providers
 - Judicial system
 - Treatment/recovery programs
 - Private sector
- It was suggested to email old members to confirm their membership and/or to send a new representative.
- It was also suggested that perhaps a survey monkey should be used to assess value of the committee to members.
- Suggestions for developing a work plan for 2012:
 - Motivational techniques should be used as the new wave of treatment and recovery.
 - Consider the promotion of the integration of physical/mental health. However, it was also noted that organizations like HSD are already doing this, so we don’t want to duplicate efforts.
 - Create a BHWT Accomplishments/history document
 - It was proposed that we revisit what the committee structure should look like. What do we need/not need to include?

7. **Independent Living Facility Project Update** 9:15 am A Carrillo

The County RFP is tentatively scheduled to be released on August 1st. CHIP will apply with support from the BHWT. Additionally, plans are moving forward to schedule an ILF resource fair in the fall.

Action: Angela to follow-up on scheduling the ILF Resource Fair.

8. **Related Business** 9:50am R Covell

BHWT members described upcoming conferences, to be sent to Holly and included in the BHWT weekly announcements.

BHWT HELP Connection SUBCOMMITTEE MEETING:

*Tuesday, August 2nd, 1:00pm
CHIP Small Conference Room
9370 Chesapeake Drive, Suite 220 (Off Ruffin Rd)
San Diego, CA 92123*

BHWT Depression Screen Day SUBCOMMITTEE MEETING:

*Thursday, August 11th, 8:30-10:00am
CHIP Training Room
9370 Chesapeake Drive, Suite 220 (Off Ruffin Rd)
San Diego, CA 92123*

NEXT BHWT COMMITTEE MEETING:

*Thursday, September 8th, 8:30-10:00am
CHIP Training Room
9370 Chesapeake Drive, Suite 220 (Off Ruffin Rd)
San Diego, CA 92123*