

QPR Gatekeeper Trainings are offered on behalf of the San Diego County Suicide Prevention Council, and funded by the County of San Diego Health and Human Services Agency

“QPR: Question, Persuade and Refer”

Gatekeeper Training for Suicide Prevention

Anyone can learn these 3 simple steps to help save a life

1. **Instructor Name:** _____
2. **Training Location:** _____
3. **Training Date:** _____ **Time:** _____
4. **Please rate the session by circling 10 for excellent or 1 for very poor**

Overall Program Organization:

10 9 8 7 6 5 4 3 2 1

Program Content:

10 9 8 7 6 5 4 3 2 1

Program Presentation:

10 9 8 7 6 5 4 3 2 1

Overall Value to You:

10 9 8 7 6 5 4 3 2 1

How well did the course meet your expectations?

10 9 8 7 6 5 4 3 2 1

Did the instructor demonstrate a thorough knowledge of the subject matter?

10 9 8 7 6 5 4 3 2 1

How would you rate the instructor's presentation of the material?

10 9 8 7 6 5 4 3 2 1

To what degree did the course provide practical applications?

10 9 8 7 6 5 4 3 2 1

Please turn over to complete the evaluation

5. Overall Evaluation

What is your overall evaluation of this course (10 for excellent, 1 for very poor)?

10 9 8 7 6 5 4 3 2 1

4. How do you see yourself utilizing QPR?

5. Comments or Suggestions?

6. Optional Demographic Information

Gender: Male Female

Age Range:

- a. 0-17 years
- b. 18-24 years
- c. 25-34 years
- d. 35-44 years
- e. 45-54 years
- f. 55-64 years
- g. 65+ years

Race/Ethnicity:

- a. Hispanic / Latino
- b. White / Caucasian
- c. Black / African American
- d. Asian / Pacific Islander
- e. Native American
- f. Other
- g. I prefer not to state

Region:

- a. North Coastal - *(Oceanside, Carlsbad, Vista, San Dieguito)*
- b. North Central - *(Kearny Mesa, University City, Point Loma, Miramar)*
- c. Central - *(Mid-City, Central San Diego, Southeast San Diego)*
- d. South - *(National City, Coronado, Chula Vista, South Bay, Sweetwater)*
- e. East - *(Spring Valley, La Mesa, Santee, Lakeside, El Cajon, Jamul, Mountain Empire, Laguna/Pine Valley, Alpine)*
- f. North Inland - *(Ramona, Poway, San Marcos, Escondido, Valley Center, Anza-Borrego Springs, Fallbrook)*

Home Zip Code: _____

How did you hear about this training?