

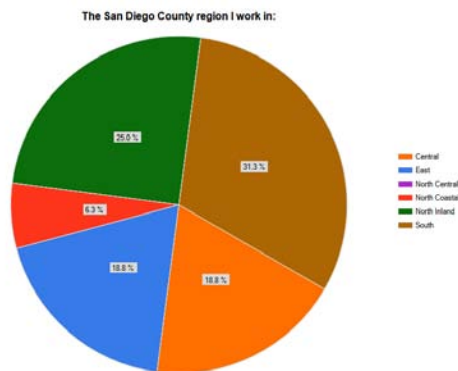
# B-4 Master Trainer Follow Up Survey: Future Directions RESULTS

n=16

## DEMOGRAPHICS of RESPONDENTS

### Region

- More than half (56%) of respondents were from the South and North Inland regions of San Diego

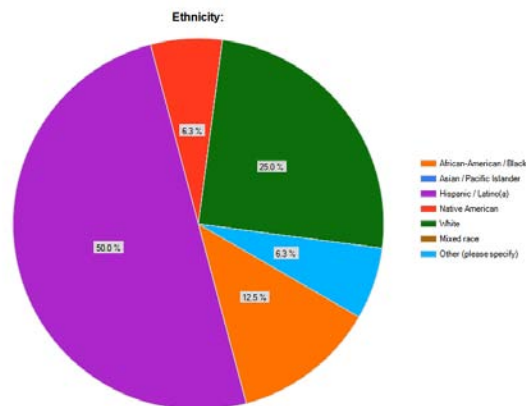


### Gender

- 81% of respondents were female

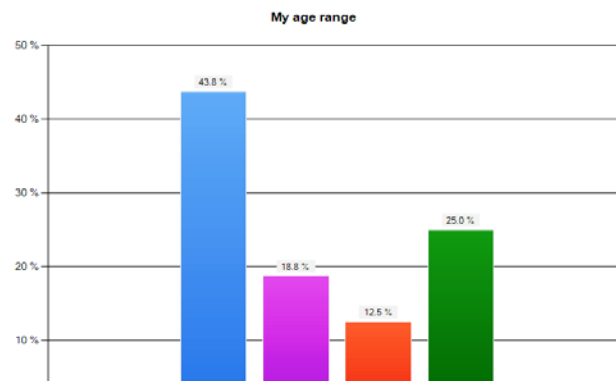
### Ethnicity

- 50% of respondents were Hispanic



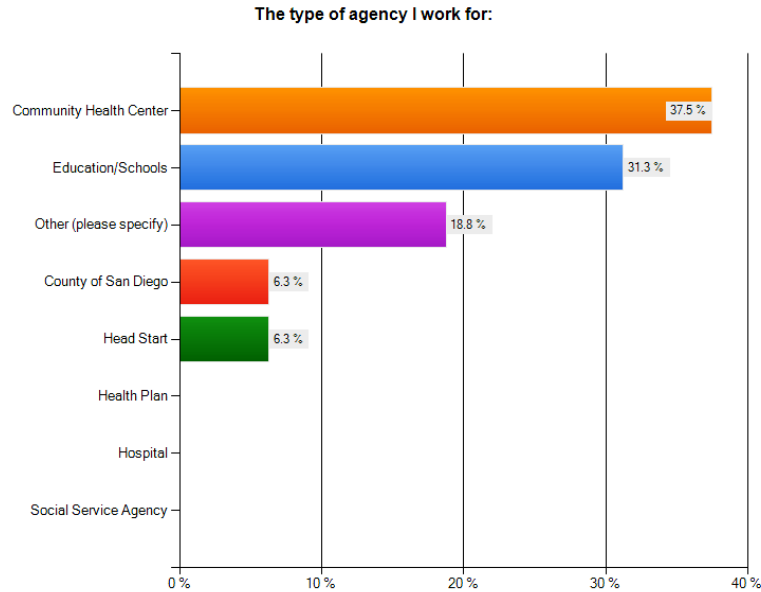
### Age

- Approximately two-thirds of respondents were between the ages of 25 and 44.



## Agency Type

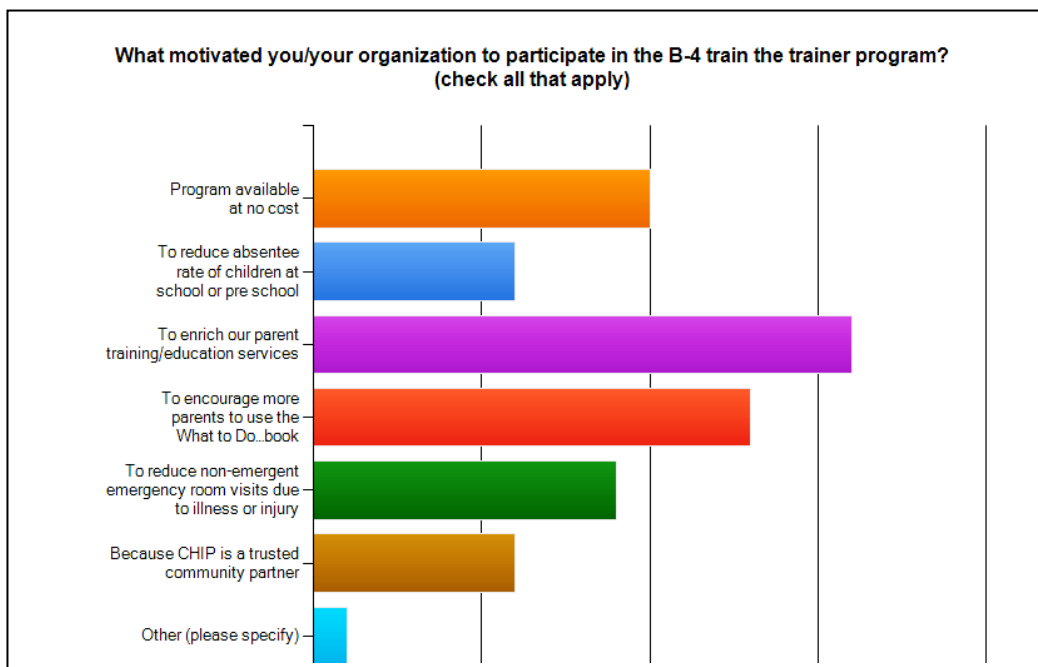
- Most (69%) respondents worked at a community health center or school
- Respondents served as Case Managers, Client Service Specialists, Counselors, Family Literacy Resource Teachers, Health Specialists, Health/Parent Educators, Outreach Coordinators, Program Coordinators, Program Managers, and Nurses



## PROGRAM BENEFITS

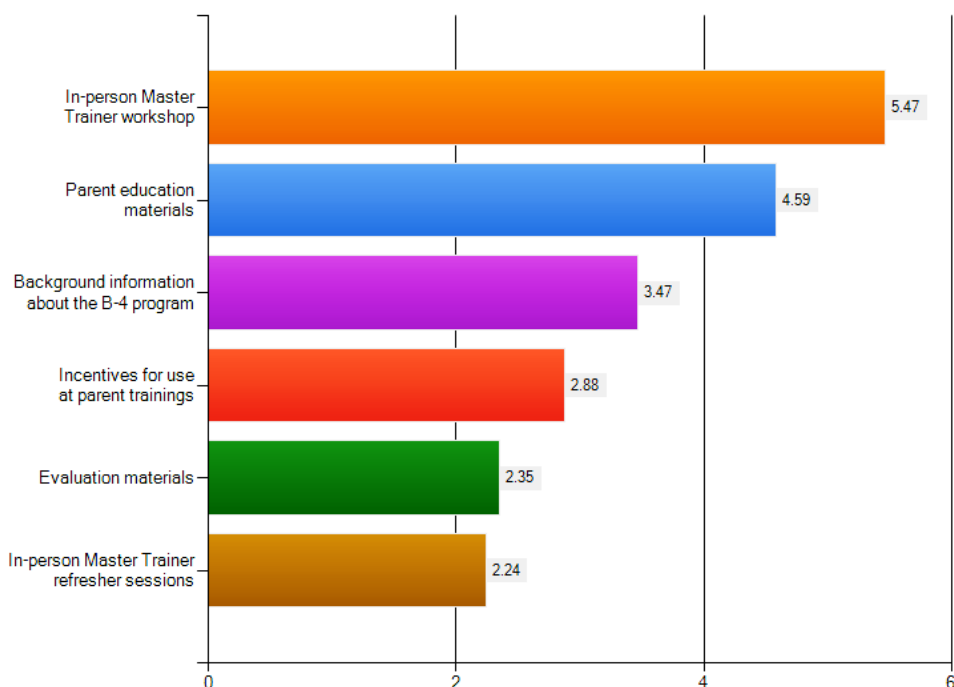
### *Motivation to Participate in the B-4 Train the Trainer Program*

- On a scale of 1 to 5, respondents indicated that the B-4 train the trainer program—
  - Complemented the work they did in the community (4.5)
  - Was a worthwhile activity for their organization (4.4)
  - Addressed important community health needs (4.4)
  - Was not duplicative of any other program available in San Diego County (4.4)
- Respondents were highly motivated by a need to enrich parent training/education services



- Of the six primary components in the B-4 Program, the In-person Master Trainer workshop was the ranked as the most important component

The B-4 Program has six primary components. Please rank the importance of each component.



## NEXT STEPS

A. Should CHIP do *more* train-the-trainer activities for other health promotion / disease prevention topics? **100% said YES!**

- Suggested topics: accessing special education services, anger management, asthma management, chronic illness, case management of their child's care chronic health conditions, diabetes, head lice, most any health topic, child abuse reporting, child safety at home, safety for pedestrians, driving safety, car seats

B. 88% plan to continue using the B-4 curriculum to educate parents

- *Reasons stated for continuing:* Effective parent education in managing sick child, Helpful to parents, I believe my clients benefit from its use, Is an important educational tool for parents, It helps our program educate our clients on why it is important to have access to health care coverage and how to use their health care coverage, it is good info for parents to know, It's another resource I can give parents attending our parenting classes in the South Bay, It's very good information but maybe condense it a little, The information is extremely valuable for the communities I work with, The more educated parents are the more likely they will assist their children when they get sick, With the B-4 program parents gain confidence and knowledge. Lower health care costs, ER and long term.
- *Reasons for NOT continuing the program:* School had older children, limited funding

- C. Just 1 out of 3 respondents requested that the parent curriculum be available in languages other than English and Spanish.
- Arabic was the most common request (n=4) followed by Tagalog (n=2)
- D. B-4 as a Self-Service Program
- 94% of respondents would continue to use the program, even if it became “self-service” only
  - 81% would recommend the “self-service” program to their colleagues
- E. Suggested Enhancements to the B-4 Train the Trainer Program
- One respondent suggested that there be more information provided on using the training during home visits (1-on-1)