



**CHIP SUICIDE AND VIOLENCE & INJURY  
PREVENTION WORK TEAM**

**Meeting Minutes**

County of San Diego, Emergency Medical Services  
Large Conference Room #260  
6255 Mission Gorge Road, San Diego, CA 92123  
Thursday, February 5, 2009 12:30pm-2:00pm

Attendees:

- Carol Skiljan, Yellow Ribbon
- Aron Fleck, CHIP
- Alan Smith, Epidemiologist County EMS
- Bonnie Bear, Survivors of Suicide Loss
- Beth Sise, CHIP
- Liz Kruidenier, NAMI Inc
- Sally Tucker, San Diego Unified School District

TOPIC	DISCUSSION	ACTION
1. Introductions/ Welcome		
2. Updates	<p>a. Save a life Community Walk [November 16, 2008] The final participant count was 400. This was 100 <i>more</i> participants than the previous year. Gross revenue was \$50,000. Expenses were less than in previous years.</p> <p>b. Suicide among Middle Age Adults increases <span style="float: right;">All</span> The December issue of the <i>American Journal of Preventative Medicine</i> had the article on Suicide among Middle Age Adults. Its statistical data shows that suicide is still an incredibly large issue and gives credibility to why we have an S/VIP Work Team. The report also shows for the first time a steady growth in recent years of suicide in the 40-64 age group, especially among females.</p> <p>c. 2009 Work Plan <span style="float: right;">All</span></p> <p>1. Adjusting the VIP name, i.e. Suicide/Violence and Injury Prevention or S/VIP It was the consensus of the group that the name of the work team should be changed to better represent the work we are doing in the area of suicide. The recommendation was: "Suicide/Violence and Injury Prevention Work Team (S/VIP)."</p> <p>2. 2009 Trainings In order to raise the awareness of the San Diego County Suicide Data Report, it was decided that training would be developed and presented in 2009.</p> <p>It was also determined that this year's conference sponsored by S/VIP would target professionals and/or families and would focus on At-Risk Youth. This focus would be more politically agreeable than a total LGBT concentration. This is contingent upon support and partnership from the school community.</p> <p>3. 2008 Save a Life Community Walk Participation Carol LeBeau has already been secured as the Master of Ceremonies for the 2009 event (November 8, 2009).</p>	<p><b>Beth Sise – will introduce the new suggested name to the CHIP Steering Committee</b></p> <p><b>#1 Priority - Beth Sise and Alan Smith will take the lead on developing &amp; presenting the training. (April / May Timeframe)</b></p> <p><b>#3 Priority – Beth Sise and Carol Skiljan will take the lead for a Fall event</b></p>

	<p>4. Other Work Plan Items Discussed</p> <p>a. September 9, 2009 will be World-Wide Suicide Prevention Day and it was suggested that S/VIP do a public event to raise awareness. A candlelight vigil for families was suggested.</p> <p>b. Suicide Awareness Tools - S/VIP's magnet has been a very successful tool for college aged students. We have been asked to provide that particular tool in Spanish.</p> <p>There was discussion about creating a similar tool for the growing, at-risk population of 40-64 working adults.</p> <p>d. Website Content CHIP is currently in the process of revamping their website. It will be easier to navigate and items such as the San Diego county Suicide Data Report will be more accessible and easier to find. Aron will be in contact with Carol Skiljan and Beth Sise as to the updates.</p>	<p><b>#2 Priority - Carol Skiljan &amp; Bonnie Bear will take the lead on this event</b></p> <p><b>#4 Priority – Project will move forward pending time, energy and financial support.</b></p>
<p>3. New Business:</p>	<p>a. Committee members and make-up The sign-in sheet now reflects all the people who receive information about S/VIP. The core group is strong, however if there is anyone you know who should be involved in these meetings, please invite them. As the work of S/VIP grows, more participation will be needed in order to provide the high-quality projects of the work team</p> <p>b. California State Plan The CA Dept. of Mental Health put out a 77-page report "California Strategic Plan on Suicide Prevention: <i>Every Californian Is Part of the Solution.</i>" Much of what S/VIP does fits the plan and our goals, projects and direction should reflect what the state, and in turn, the county, is looking to do in this area.</p> <p>Beth S will send an electronic Executive Summary of the report and would like to discuss further at the March 5, 2009 meeting.</p>	<p><b>Place on Next Month's Agenda</b></p>
<p>4. Announcements/ Information Sharing</p>	<p>Aron F. and Amber T will be getting out the Announcements by the end of the week.</p>	
<p>5. Adjournment</p>	<p>All members and guests were thanked for their attendance and support.</p>	
<p>Tentative 2009 Meeting Schedule</p>	<p>It was determined that the 2009 meeting schedule would be:</p> <ul style="list-style-type: none"> <li>• March 5, 2009</li> <li>• April 2, 2009</li> <li>• May 7, 2009</li> <li>• June 4, 2009</li> <li>• October 1, 2009</li> <li>• November 5, 2009</li> </ul>	