



COMMUNITY HEALTH
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SUICIDE PREVENTION WORK TEAM
Minutes
Wednesday, October 1, 2009 12:30-2:00 p.m.

San Diego County Emergency Medical Services,
Large Conference Room
6255 Mission Gorge Rd., San Diego, CA 92120
(Corner of Mission Gorge & Glacier. Parking across street on
Glacier)

Phone 619.285.6429

(Meetings generally held the first Thursday of the month)

Attendees:

- Bonnie Bear, Survivors of Suicide Loss
- Stan Collins, Yellow Ribbon Suicide Prevention Program
- Jim DuBois, Access and Crisis Line (UBH)
- Aron Fleck, CHIP
- Beth Ruland, CHIP
- Beth Sise, Scripps Health
- Carol Skiljan, Yellow Ribbon Suicide Prevention Program
- Alan Smith, Epidemiologist County EMS
- Sally Tucker, San Diego City Schools

1. Welcome / Introductions 12:30pm (All)
All members introduced themselves.
2. Approval of Minutes 12:35pm (All)
Minutes from the August 26th meeting were approved.
3. County of San Diego RFP 12:40pm B Sise / C Skiljan / A Fleck

Funding for the RFP Action Plan is scheduled to begin in January 2010; the County has not communicated when we will be notified if we have been awarded the grant.

4. Suicide in San Diego County Workshop Debrief 1:00pm B Sise
The 9/10 Suicide in San Diego County Workshop received great response from attendees. The evaluation results show that the audience liked the fast paced presentations and the personal perspective offered by the multiple presentations.
The workshop brought several opportunities for public awareness both during and after the event; L Andrews was interviewed by Univision during the Media Advisory, C Skiljan was highlighted in the San Diego Reader and several committee members were recently contacted for interviews by the *The Presidio Sentinel*.
- a. Future Workshops and Suggestions (All)

Future conference planning will be post phoned until the results of the County RFP have been announced.

5. New Business 1:40pm
 - a. 2009 Annual Report and 2010 Work plan
B Sise presented the SPWT Annual Report and 2010 Work plan at the September 23rd Steering Committee meeting.
The SPWT successfully completed its 2009 objectives. Highlights from 2009 include new partnerships with the Scripps City Heights Well Being Center Somali Women's Group, the YMCA and County Aging and Independent Services, as well as hosting two well received workshops in April and September.
The 2010 Work Plan and Committee Structure is largely dependent on the outcome of the



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County RFP.

The Committee discussed strategy for future plans and noted the importance of reaching new audiences, including the elderly and American Indian Communities, and leveraging opportunities to partner with the County's anti-stigma media campaign. This strategy dovetails with the plan outlined in SPWT's County RFP response to target and incorporate specific populations.

Action Item: C Skiljan to reach out to local tribal communities to discuss partnership opportunities.

Additionally, the Committee discussed new trends in Suicide Data, including economic effects and increase in suicide rates among middle aged women.

Action Item: A Smith to draft a preliminary Suicide Data Report by February 2010.

b. Save A Life Walk Update

B Bear and C Skiljan updated the SPWT on the Save a Life Walk. The walk committee reported strong registration numbers and high school participation, and a new Save a Life Walk Facebook page. The SPWT suggested that the Save a Life Walk Committee reach out to the Cal Western Law School Suicide Prevention Project and other networking groups, such as Meetup.com and Critical Mass.

Action Item: A Smith to send Cal Western Contact information to B Bear and C Skiljan.

Action Item: C Skiljan to send B Ruland the Save A Life Walk logo and language.

Action Item: B Ruland to create a dedicated Save a Life Walk email message and include Walk information in the weekly announcements.

6. Announcements and Information Sharing

1:50pm

Yellow Ribbon Suicide Prevention Program has tentatively scheduled their 2009 Benefit Concert for Tuesday, December 29th at the Hilton Bayfront. This event will focus on youth engagement and entertainment. The Committee suggested that because this is a youth focused event, opportunities for community members to sponsor youth may offer additional fundraising opportunities and attract participation from a wider audience.

The next SPWT Meetings will be held on November 5th and December 10th. Meetings and agendas will be determined based on the outcome of the County RFP.

Next Meeting: November 5, 2009

Thank you for your participation!