



COMMUNITY HEALTH
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BEHAVIORAL HEALTH WORK TEAM

Meeting Minutes

April 8, 2010

8:30am-10:00am

Salvation Army Door of Hope – Administration Bldg
2799 Health Center Drive
San Diego, CA 92123
(858) 279-1100

(Although the street address is Health Center Drive, turn East on Vista Hill Drive off of Health Center Drive. Door of Hope entrance will be on your right. Parking is available in front of the Salvation Army Administration Building.)

Attendees

- Laura Andrews, Mental Health America
- Susanne Boston, County of San Diego HHSA – North Regions
- Bob Brooks, NAMI North Coast
- Angela Carrillo, Sharp Mesa Vista (Co-Chair)
- Ruth Covell, M.D., UCSD (Co-Chair)
- Lynnetta Devereaux, Alvarado Parkway Institute
- Jim DuBois, UBH San Diego Public Sector
- Aron Fleck, Community Health Improvement Partners
- Liz Kruidenier, NAMI North Coast
- Maria Lourdes Reyes, M.D., Project Concern International
- Beth Ruland, Community Health Improvement Partners
- Erica Salcuni, Community Health Improvement Partners/COI

I. Introductions/Networking: 8:30 am R Covell / A Carrillo

All members introduced themselves.

It was noted that M Ayers is no longer with the Access in Crisis Line; J Dubois will be the acting director until a replacement is made.

II. Approval of Minutes: 8:35 am R Covell / A Carrillo

Minutes from the March meeting were approved.

III. March 24th Steering Committee Discussion 8:40 All

R Covell and A Fleck presented a mid-year update at the March 24th Steering Committee Meeting (please see *2010-03-23 BHWTMidYearSCReportSC(Draft1).doc* for further details).

As CHIP is moving toward a more countywide, overarching, project-based structure, the BHWT is the only remaining “self-directed” work team.

The BHWT Committee evaluated the function, structure and purpose of the BHWT; highlights from this discussion include:

- It was mentioned that although there are other collaborative behavioral/mental health committees in San Diego County, the BHWT continues to fill a unique niche and need in the community.
- Lower attendance at BHWT meetings may be attributed to member’s primary focus on subcommittee projects (e.g. the Independent Living Facility Project, HELP Connection Book and Depression Screening).

It was decided that the BHWT will continue to meet as a group. However, in order to utilize committee time effectively and focus on the projects and programs of the BHWT, the full committee will meet every other month with sub-committees meeting during the odd months (e.g. months that the full Committee does not meet) and as needed in the interim:

2010 BHWT Full Committee Meetings will be scheduled as follows:

- May 13, 2010
- July 9, 2010
- September 9, 2010
- November 11, 2010

The BHWT Sub-Committee Meetings will be scheduled as follows:

- June 10, 2010
- August 12, 2010
- October 14, 2010
- Additional meetings will be called as needed.

Finally, the Committee discussed being strategic, countywide and having someone on the committee representing the BHWT of CHIP at other community meetings in order to maximize partnership opportunities and educate the community on BHWT efforts.

Action Item: A Fleck to present overview of CHIP Programs at the next BHWT Meeting.

IV. HHSa Health Strategy Agenda Update 8:40 am All

S Boston gave an update on the HHSa Health Strategy Agenda, highlights include:

- The HHSa Health Strategy Executive Committee is currently reviewing community input and revising the Agenda.
- The Executive Committee plans to approach the Board of Supervisors with the Agenda in the late spring/early summer of 2010.
- HHSa plans to host additional community forums to further develop the Agenda once it has been approved by the Board of Supervisors.

V. Independent Living Facility Project Update: 8:55 am A Carrillo

A Carrillo gave an update on the Independent Living Facility Project (ILFP); highlights include:

- The sub-committee recently completed a grant application through the Tri-City Hospital Foundation; the request is for \$20,000 and would cover approximately 1/3 of Phase 1).
- It was noted that: (1) the community is recognizing the need for higher standards in Independent Living Facilities and (2): in order to educate the community and build community support, the sub-committee should attend and promote the project at community meetings in which they participate. The ILFP sub-committee asked the full BHWT to consider promoting the ILFP at community meetings, e.g. the Older Adult Council, in order to educate on the project and solicit community support. The sub-committee offered to train BHWT members to give presentations; please contact A Fleck (afleck@hasdic.org) with suggestions on venues/community events to promote the ILFP.
- R Gibbs, ILFP sub-committee member and founder of the Independent Living Facility Association, has started to conduct ILF owners education classes through her current position at Community Research Foundation.

Action Item: A Fleck and R Gibbs to work with M Reyes to coordinate educational presentations to reach Filipino and South East Asian communities.

Action Item: B Ruland to send a summary of the ILFP to the full BHWT Committee in order to educate and assist the Committee in promoting the project.

- The Committee is working on completing a white paper and will begin to solicit letters of support in the next few weeks.
- Please see (2010-03-11ILFP Update to BHWT.doc) for additional updates on the ILFP Project.

a. Evaluation and Funding Opportunities

The ILFP sub-committee is working on developing an evaluation component of the project to prove ROI to potential funders. The sub-committee is working with Charlene Moore (Tri-City Hospital) to develop metrics to prove decreased recidivism rate and cost savings to hospitals.

It was noted that a similar program was piloted through the Independent Living Facility Association and resulted in decreased recidivism for hospitals and cost savings for communities.

The goal of the ILFP registry is to use the power of consumerism to raise the standard of care in Independent Living Facilities; by doing so this project will be valuable to consumers, hospitals, independent living owners, social workers, case managers and the community at large.

The Committee gave the following suggestions:

- Recommendation and consumer rating issues be handled cautiously to avoid liability issues.
- The sub-committee should consider approaching Palomar Pomerado Health, Scripps and other hospital foundations, in addition to pursuing state level funding.

VI. Related Business: 9:10 am All

a. Public Policy Committee Collaboration

At the February 8th meeting, the BHWT requested to hear more information on how to work with the Public Policy Committee.

A Fleck will present an outline of the Public Policy Committee and describe how the BHWT can work with this Committee in his presentation at the May 13th BHWT Meeting.

b. County Wide Suicide Prevention Action Plan

The Suicide Prevention Work Team began planning efforts for the County Suicide Prevention Action Plan on April 1st.

The Action Plan is designed to be inclusive of a broad range of stakeholders, the BHWT is encouraged to participate in Action Plan efforts. CHIP Staff will inform the BHWT of any updates and opportunities to participate the Action Plan.

VII. Other Announcements/Sharing 9:45 am All

- a. National Alliance on Mental Illness (NAMI) will host its annual 5k "Walk for the Mind of America" on Saturday, April 17th in Balboa Park.
- b. The County of San Diego, Mental Health Services is hosting a community meeting to discuss possible changes to the process of involuntary hospitalization on Thursday, April 29th from 10:00 am – 12:00 p.m. at the County Health Services Complex (3851 Rosecrans St., Coronado Conference Room). Contact Philip Hanger (Philip.Hanger@sdcounty.ca.gov) for more information.
- c. The County of San Diego HHS - East Region – is planning events to recognize Mental Health Month in May. Please contact Katie Judd (katherine.judd@sdcounty.ca.gov) if you are interested in hosting a display table or participating in advertising opportunities.
- d. Mental Health America is hosting its annual luncheon on May 4th at the U.S Grant Hotel; honoring Kathleen Sellick. Follow the link below for more information and to register: <http://hml2010.kintera.org/faf/home/default.asp?ievent=342267&lis=1&kntae342267=49B35F8D69BB47E68F8C8B11DE39BEF0>
- e. Dreams to Change, a new San Diego nonprofit organization, in partnership with Greater Works Empowerment Center, announces the Safe Lot Parking Program. This program provides safe parking spaces, advocacy and education for homeless families and individuals living in their vehicles. Contact Teresa Smith (Teresa@dreamsforchange.org) for more information.
- f. The Oxy Task Force and Sheriff's department of San Diego County are hosting a

prescription drug take back day on Saturday, April 17th from 9:00 am – 1:00 pm at six County-wide locations at locations in San Diego, North, East and South County. Call 877-662-6384 for more information.

- g. The County of San Diego and AARP announces Aging Summit 2010, scheduled for June 3rd from 9:00 am – 2:30 pm at the Town and County Resort & Convention Center. To register, call (877) 926-8300.

Next BHWT Meeting Date: May 13, 2010