



COMMUNITY HEALTH  
IMPROVEMENT PARTNERS  
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**BEHAVIORAL HEALTH WORK TEAM**

***Meeting Minutes***

**March 11, 2010**

**8:30am-10:00am**

Salvation Army Door of Hope – Administration Bldg  
2799 Health Center Drive  
San Diego, CA 92123  
(858) 279-1100

*(Although the street address is Health Center Drive, turn East on Vista Hill Drive off of Health Center Drive. Door of Hope entrance will be on your right. Parking is available in front of the Salvation Army Administration Building.)*

**Attendees**

- Laura Andrews, Mental Health America
- Susanne Boston, County of San Diego HHSA – North Regions
- Bob Brooks, NAMI North Coast
- Angela Carrillo, Sharp Mesa Vista (Co-Chair)
- Ruth Covell, M.D., UCSD (Co-Chair)
- Aron Fleck, Community Health Improvement Partners
- Liz Kruidenier, NAMI North Coast
- Jayne Reinhardt, County of San Diego HHSA – Central/South Regions
- Maria Lourdes Reyes, M.D., Project Concern International
- Beth Ruland, Community Health Improvement Partners
- Erica Salcuni, Community Health Improvement Partners/COI

I. Introductions/Networking: 8:30 am All

All members introduced themselves.

II. Approval of Minutes: 8:35 am R Covell

The Committee reviewed and discussed minutes from the February meeting; highlights from this discussion include:

A. The Adolescent Cognitive Intensive Outpatient Program (ACIOP):

- Sharp Mesa Vista's ACIOP program is not active in the North County, as Aurora and the Vista Hill Foundation have already established similar efforts in this area.
- It was noted that there may be opportunity for collaboration between the ACIOP program and the Power to Change Youth Program (based on the Abraham Lowe Self Help System/Recovery International).

**Action Item: A Carillo and J Reinhardt to exchange program contacts for the ACIOP and Power to Change Youth Program in order to begin conversations on coordinating efforts.**

B. Dietary Behavioral Issues:

- The San Diego County Childhood Obesity Initiative (COI) Healthcare Systems & Providers Domain is looking to establish new partners from the mental health field to address the strong associations between mental health and obesity.
- It was mentioned that the School Guidelines Program may prove an effective venue for coordinating efforts between childhood obesity and dietary behavioral issues.

C. Tele-psychiatry Programs:

- Exodus Recovery Center hosts forums every Thursday from 1:30 – 2:30 to educate the public on their programs and services, including their new tele-psychiatry program.
- UC-Davis has been a leader in offering tele-psychiatry programs.

Minutes from the February meeting were approved as presented.

### III. HHSA Health Strategy Agenda Update

8:40 am

All

S Boston presented an update on the HHSA Health Strategy Agenda.

N Macchione and HHSA leadership have been presenting the new Health Strategy Agenda through out the County. HHSA leadership has been soliciting external input, working on training staff internally, and working on internal pre-implementation teams (i.e. prevention, access, care and treatment, etc.) to discuss innovative ways to transform health. The goal of the new Agenda is to address overall health to encourage a holistic way of viewing health.

The County HHSA is heavily involved in planning strategies; S Boston will continue to keep the BHWT updated with any new Health Strategy Agenda developments.

Within CHIP, the Public Policy Committee will be leading efforts to communicate with HHSA and provide input regarding the agenda. Alternately, feedback can also be submitted through a County Survey at:

[http://www.surveymonkey.com/s.aspx?sm=NbqFtTzolcaGYGmQcuwkuw\\_3d\\_3d](http://www.surveymonkey.com/s.aspx?sm=NbqFtTzolcaGYGmQcuwkuw_3d_3d)

It was noted that in order for the County HHSA to achieve a true cultural shift, the new Agenda will need to be adopted not only by County Agencies, but will also need to permeate throughout the County.

The Committee discussed a new trend of increased inter-professional collaboration in academia, including the popularity of a new collaborative course at UCSD which focuses on elder care across sectors.

Finally, the Committee noted that the new agenda should also target political change. For example, in order to increase food stamp users, the COI has focused its efforts on political cultural change to help align food systems and create a culture/system that encourages the use of the EBT system.

The BHWT will continue to discuss the Health Strategy Agenda and any community developments that could align/further collaborative efforts in the behavioral health and public health fields.

### IV. Independent Living Facility Project Update:

8:55 am

A Carrillo

A Carrillo presented an update on the Independent Living Facility Project (ILFP); please see 2010-03-11ILFP Update to BHWT.doc for details.

Highlights from this discussion include:

- The ILFP is broken down into two components:

#### 1. Database Construction

The goal of the database is to: (1) incentivize safe and clean Independent Living Facilities (ILFs) by listing and recommending the facilities that meet certain criteria and (2); becoming a resource for discharge planners and community members.

#### 2. Program Implementation

The goal of this component is to educate and raise the standard of quality and care for ILF's. Education will entail a variety of topics, including cultural issues.

M Reyes offered to be an ambassador to her community on the subject.

- A grant application was submitted to Tri-City Hospital on March 5<sup>th</sup> to secure funding to begin the Independent Living Facility website/registry. Additionally, the sub-committee is working with Aron Byzak to establish relationships and request funding from Supervisor Slater Price and Supervisor Horn.
- Initial start up is estimated at \$120,000, including staff, website and support. The project is anticipated to be self – sustaining after two years.
- The Sub-Committee has had conversations with 2-1-1 San Diego to discuss hosting the website through them.

- The Sub-Committee is working with Charlene Moore (Tri-City Hospital) to develop metrics to prove decreased recidivism rate, cost savings and value/evaluation of the ILFP. It was noted that a similar program was piloted through the Independent Living Facility Association and resulted in decreased recidivism for hospitals and cost savings for communities.

**Action Item: The BHWT to review the proposed measures\* for proving ROI for the ILFP and provide the ILF sub-committee with feedback.**

*\*Please see #4 of 2010-03-11ILFP Update to BHWT.doc for details*

It was announced that Mental Health Services is hosting forums to solicit input on the Consumer/Family Empowerment Project Proposal. This proposal may afford opportunities to dovetail with the ILFP website.

V. Related Business: 9:10 am All

- a. 2010 – Charting the Course, Community Needs Assessment – 9:30-11:30a.m. Friday, March 19<sup>th</sup> at Sharp Spectrum

For the past fifteen years, CHIP has conducted a triennial community public health needs assessment for San Diego County. The BHWT was encouraged to attend the Community Kick-off to represent the BHWT Community. Please RSVP to Beth Ruland ([bruland@hasdic.org](mailto:bruland@hasdic.org)).

- b. NAMI Walk – CHIP Booth

NAMI San Diego's annual 5K Walk is scheduled for April 17th.

CHIP is a Walk sponsor and will host an exhibit at the resource fair.

- d. Meeting Location Change

Based on the results of the Doodle Schedule Survey, the BHWT Monthly Meeting date and location will remain the same. The BHWT monthly meetings are scheduled on the first Thursday of the month from 8:30 – 10:00 at the Salvation Army Door of Hope.

- e. County Wide Suicide Prevention Action Plan

The County Wide Suicide Prevention Action Plan Grant is scheduled to begin on April 1<sup>st</sup>. A Fleck will update the BHWT with any news. The BHWT is encouraged to participate in the Action Plan.

- f. Steering Committee Update – March 24, 2010

BHWT is scheduled to present its Mid Year Report to the Steering Committee on March 24th.

As CHIP is moving toward a task/project based focus, BHWT's Mid Year Report will include discussion on the future of the BHWT Committee, including Committee outcomes, meeting structure and community need.

The BHWT is invited to attend the March 24<sup>th</sup> Steering Committee Meeting (9:30 – 11:00 a.m. at the Vista Hill Foundation Board Room).

The BHWT will include an update from this meeting on their April 8<sup>th</sup> Agenda.

VI. Other Announcements/Sharing 9:45 am All

- a. NAMI Walk, April 17<sup>th</sup>, Balboa Park

Next BHWT Meeting Date: April 8, 2010