



COMMUNITY HEALTH  
IMPROVEMENT PARTNERS  
*making a difference together*

**BEHAVIORAL HEALTH WORK TEAM**  
**Meeting Minutes**  
**February 11, 2010**  
**8:30am-10:00am**  
Salvation Army Door of Hope – Administration Bldg  
2799 Health Center Drive  
San Diego, CA 92123  
(858) 279-1100  
*(Although the street address is Health Center Drive, turn East on Vista Hill Drive off of Health Center Drive. Door of Hope entrance will be on your right. Parking is available in front of the Salvation Army Administration Building.)*

**Attendees**

- Marcia Ayers, UBH San Diego Public Sector
- Susanne Boston, County of San Diego HHSa – North Regions
- Bob Brooks, NAMI North Coast
- Angela Carrillo, Sharp Mesa Vista (Co-Chair)
- Aron Fleck, Community Health Improvement Partners
- Dr. Abe Krems, Retired Physician, AIS Adv. Board
- Jayne Reinhardt, County of San Diego HHSa – Central/South Regions
- Ian Rosengarten, County of San Diego
- Beth Ruland, Community Health Improvement Partners
- Megan Sengbush, Sharp Mesa Vista - El Cajon and Mid-City
- Romalyn Watson, County of San Diego HHSa – East Region

- |   |         |            |
|---|---------|------------|
| I. <u>Introductions/Networking:</u>   | 8:30 am | All        |
| <i>All members introduced themselves. New to the Committee were S Boston, J Reinhardt and R Watson.</i> |         |            |
| II. <u>Approval of Minutes:</u>   | 8:35 am | A Carrillo |
| <i>Minutes from the January 4<sup>th</sup> Meeting were approved.</i>                                   |         |            |
| III. <u>Independent Living Facility Project Update:</u>   | 8:40 am | A Carrillo |

a. Funding Updates

*Tri-City Hospital recently announced a new grant opportunity for efforts in assisting outpatient case managers; the grant offers the potential for organizations to secure up to \$50,000.*

*Charlene Moore of Tri-City Hospital is a member of the ILFP sub-committee; the committee is scheduled to meet with representatives from Tri-City hospital the week of February 15<sup>th</sup>.*

*It was recommended that the sub-committee consider using the Official Statewide Health and Development (OSHPD) admissions data to show the value of the ILFP.*

*The sub-committee also plans to approach Supervisor Bill Horn and Supervisor Pam Slater Price to request funding dedicated to ILF Projects in each Supervisor’s respective districts. This place-based funding could prove an effective strategy for securing funding from other Supervisors in San Diego County.*

*It was noted that ILFP affords a broad range of funding opportunities. Although there are many start up costs associated with the ILFP; once the project is running, program maintenance will be minimal.*

b. White Paper Update

*An outline of the white paper is complete. The sub-committee is now focusing efforts on creating a white paper focused on the Tri-City grant opportunity.*

Next ILFP Meeting Date – To Be Determined

IV. Help Connection Update / Discussion

9:20 am

A Carrillo

The Committee repeated their interest in updating the narrative descriptions of the HELP Book.

It was noted that the HELP Connection project may have potential to be included as an ILFP Project and could therefore be rolled into ILFP Grant funds. The BHWT will continue to discuss updating the HELP Connection Book as ILFP funding is determined.

Please contact A Fleck ([afleck@hasdic.org](mailto:afleck@hasdic.org)) if you are interested in updating the HELP Connection Book.

V. Related Business:

9:40 am

A Fleck

a. HHSa Health Strategy Agenda Feedback and Committee Discussion

The Committee discussed the January 27<sup>th</sup> HHSa Health Strategy Agenda presented to CHIP Committee Members. Highlights from this discussion include:

- It was mentioned that more integrated care may lead to higher utilization; the Committee discussed balancing utilization and limited resources.
- The Committee discussed the one-e-app in context of computer access and application assistance.
- It was suggested that professional societies, including retired professionals, be incorporated into planning and implementation plans for the Health Strategy Agenda.

**Action Item: S Boston to see if the BHWT can receive a copy of the Health Strategy Agenda presentation and send details for upcoming public presentations of the Health Strategy Agenda.**

It was noted that suggestions or feedback on the Health Strategy Agenda may hold more weight if compiled and sent to HHSa on behalf of the CHIP BHWT, rather than if it were sent individually. Within CHIP, the CHIP Public Policy Committee will be leading efforts to communicate with HHSa and provide input regarding the agenda. All CHIP Committees are welcome to send their questions and comments to the CHIP Public Policy Committee (via either the co-chairs, Sara Steinhoffer or Kamal Muilenburg, or staff person, Shreya Sasaki).

The Committee decided to include HHSa Health Strategy Agenda updates in their monthly BHWT Agendas.

b. UCSD ED Waiting Room Display Board

A community partner informed CHIP of an opportunity to create and display public health information in the UCSD-Hillcrest Emergency Department Waiting Room.

The UCSD-Hillcrest Emergency Department hosts two display boards that highlight public health issues each month. The main display can hold two 19 ½ x 22" posters; the second display can hold one 21x31" poster. Public health DVD's can also be shown in the waiting room. Committee members can contact Ruth Beauchamp ([rbeauchamp@ucsd.edu](mailto:rbeauchamp@ucsd.edu)) or Brian Lokar ([brianlokar@gmail.com](mailto:brianlokar@gmail.com)) to coordinate a display.

Additionally, it was mentioned that the County HHSa is compiling a DVD that will feature County health issues and components. Please contact J Reinhardt ([jayne.reinhardt@sdcounty.ca.gov](mailto:jayne.reinhardt@sdcounty.ca.gov)) with any suggestions.

The Committee noted that this opportunity is a great way to integrate physical and mental health in the Emergency Department.

c. Meeting Location Change

The Committee discussed changing the meeting time and location as Salvation Army is no longer an active participant of the BHWT.

**Action Item: A Fleck to send the Committee a Doodle Schedule Survey to determine interest and availability in changing the BHWT Meeting time and location.**

d. State Budget cuts to Behavioral Health Programs

It was mentioned that as the state determines the 2011 budget, many behavioral health programs may be in jeopardy of funding cuts.

The Committee discussed approaching the Public Policy Committee to take a position on certain behavioral health program cuts, if appropriate.

**Action Item: A Fleck to discuss the possibility of scheduling a presentation on behavioral health program cuts at an upcoming Public Policy Meeting.**

Additionally, the Committee was encouraged to contact their senate representatives to voice their opinions on state budget cuts and behavioral health programs.

VI. Other Announcements/Sharing

9:55 am

All

- a. CHIP 15<sup>th</sup> Anniversary Celebration – February 18, 2010, 5:00 pm – 8:00 pm, Air & Space Museum

- b. New Partnership Opportunities with the San Diego County Childhood Obesity Initiative (COI) Healthcare Systems & Providers Domain

The San Diego County Childhood Obesity Initiative's Healthcare Systems & Providers Domain (a CHIP Affiliated Program) is looking to establish new partners from the mental health field to address the strong associations between mental health and obesity.

The COI would like to invite the members of the BHWT to attend their monthly meetings, scheduled on the first Tuesday of every month from 1 – 2:30 p.m. at the HHSA Rosecrans Complex. Please contact Erica Salcuni (esalcuni@hasdic.org) for further details.

- c. NAMI Walk

The 5<sup>th</sup> Annual NAMI Walk is scheduled for April 17<sup>th</sup> at Balboa Park. The Committee agreed to approach the Steering Committee to request funds for a CHIP Booth at the event.

- d. The Adolescent Cognitive Intensive Outpatient Program (AC IOP)

AC IOP provides mental health treatment to adolescents in the 7th through 12th grades. This after-school program is held three evenings per week, with treatment provided primarily via group therapy. The AC IOP provides a structured and supportive environment for learning healthier ways of coping. The theoretical basis of the program is chiefly Cognitive Behavior Therapy (CBT), with intervention strategies focusing on the connections between our thoughts, feelings, and behaviors. Additionally, group therapy may include strategies focusing on anger management, coping skills, effective communication, emotional regulation, impulse control, problem solving, self-esteem, social skills, or substance abuse. Family involvement is a crucial treatment component with attendance at a mandatory weekly Multi-Family Group Therapy.

- e. New Tele-psychiatry Programs

The Department of Mental Health is conducting two tele-psychiatry pilot programs in North County with hopes of expanding the program to the rest of San Diego County. The Tele-psychiatry programs have both phone and video capabilities.

Next BHWT Meeting Date: March 11, 2010