



COMMUNITY HEALTH
IMPROVEMENT PARTNERS

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BEHAVIORAL HEALTH WORK TEAM

Meeting Minutes

October 8, 2009

8:30am-10:00am

Salvation Army Door of Hope – Administration Bldg
2799 Health Center Drive
San Diego, CA 92123
(858) 279-1100

(Although the street address is Health Center Drive, turn East on Vista Hill Drive off of Health Center Drive. Door of Hope entrance will be on your right. Parking is available in front of the Salvation Army Administration Building.)

Attendees

- Marcia Ayers, UBH San Diego Public Sector
- Bob Brooks, NAMI North Coast
- Angela Carrillo, Sharp Mesa Vista (Co-Chair)
- Dr. Ruth Covell, UCSD School of Medicine (Co-Chair)
- Aron Fleck, Community Health Improvement Partners
- Rhonda Gibbs, Independent Living Association, CRF – Housing
- Katherine Judd, County of San Diego
- Liz Kruidenier, NAMI North Coast
- Beth Ruland, Community Health Improvement Partners

I. Introductions/Networking: 8:30 am All

All members introduced themselves.

II. Approval of Minutes: 8:35 am R Covell

Minutes from the September 10th meeting were approved.

III. Depression Screening Week Update 8:40 am I Rosengarten

I Rosengarten and K Judd provided the Committee with an update on Depression Screening Events. Highlights from this discussion include:

- Screening Sites are running smoothly; many people have been willing to participate in screenings throughout the sites.
- Depression Screening Events and press releases have helped to raise public awareness of this issue; the Committee's Depression Screening efforts were mentioned in a Channel 6 news clip and featured in an article on the San Diego News Network.
- Next steps include creating an online survey for Screening Sites and compiling the data.

Action Item: CHIP will create an online survey and lead the data collection process.

IV. Independent Living Registry Proposal Update: 9:00 am A Carrillo

A Carrillo provided the Committee with a review from the September 9th Independent Living Facility Sub-Committee Half Day Retreat. Please refer to the Notes and updated Ethics and Standards document from this retreat for further details.

Next steps include writing a proposal to present at the January BHWT meeting, obtaining consumer feedback, soliciting Letters of Support from the community and involving advocates and media contacts to raise public awareness of this issue.

The Committee echoed that other areas of the community (e.g. law enforcement) are aware of the need for structure and standards for Independent Living Facilities. Few organizations, including PERT, do offer Independent Living educational trainings for community groups;

however, widespread public education does not exist and there continues to be a gap in public awareness and education.

R Gibbs offered to be a resource for organizations interested in opportunities to learn more about Independent Living Facilities.

Scripps Trauma is holding a conference for First Responders in February 2010; this conference may be a good forum to educate a broader audience about Independent Living Facilities.

Action Item: A Fleck to contact Scripps Trauma to determine if there will be a housing component included in their February Trauma First Response workshop.

L Kruidenier mentioned that Deborah Parker has been working with government agencies in Oceanside to come up with a list of requirements for Independent Livings. A Carrillo has been in communication with D Parker regarding the Independent Living Facility Registry; the committee agreed that we should include her in future efforts, as well.

Action Item: A Fleck to contact D Parker to discuss partnership opportunities with the Independent Living Registry sub-committee.

The next Independent Living Facility Meeting is scheduled for Wednesday, October 28th.

Standing Meeting Date – Last Wednesday of the month – 12:00 p.m.

San Diego County Case Management offices (1250 Morena Blvd, 2nd fl. Conference Room)

V. HELP Connection Book Discussion

9:20 am A Fleck

Please Review:

http://www.sdchip.org/publications/pub_pdfs/Help_Connection_3rd_ed_5_25.pdf

The Committee agreed that they were interested in updating the HELP Connection Book and including this project in the BHWT 2010 Work Plan. Highlights from this discussion include:

- The HELP Connection book is a shorter version of a full mental health directory; the writing and narrative descriptions throughout the book have proven to make the HELP Connection book accessible and useful to a wide audience – especially those outside of the health care industry.
- M Ayers reported that UBH is in the process of creating an online behavioral health directory.
- To ensure that the BHWT is not duplicating efforts, the Committee agreed to partner with other organizations that create mental health directories (including UBH and possibly 2-1-1) and continue to include the narrative descriptions and user friendly format that make the HELP Connection book a unique and useful tool.

Action Item: M Ayers and the Help Connection Sub-committee to collaborate on the UBH behavioral health directory templates and updating information for the HELP Connection Book.

Action Item: B Brooks to discuss partnership opportunities with the Bipolar Foundation.

- The Committee discussed the best mechanism for distributing the HELP Connection Book (e.g. distributing printed or electronic copies), re-using resources from old versions of the book and formatting content to allow consumers to print individual chapters.
- A Carrillo suggested that this project may lend itself to sponsorship opportunities with various health care organizations.
- Next steps include assessing community need, establishing a sub-committee and partners, and bringing this recommendation to the CHIP Steering Committee for approval.

Action Item: R Covell will lead a HELP Connection sub-committee consisting of I Rosengarten, M Ayers, B Brooks and anyone else who is interested in participating.

Note: Please contact B Ruland (bruland@hasdic.org) if you are interested in participating in the HELP Connection Book sub-committee.

VI. Related Business:

b. Steering Committee Annual Report

9:45 am R Covell /
A Carrillo

The BHWT will recommend adding the updating HELP Connection Book to its 2010 Work Plan.

A copy of the BHWT Steering Committee Annual Report Please is available upon request. Send request, suggestions or feedback to A Fleck (afleck@hasdic.org).

VII. Other Announcements/Sharing

9:55 am All

NAMI is introducing a Family-to-Family program at the Vista Detention Facility to educate families how they can help to ease the transition once a family member discharged from jail. If successful, this program may be expanded to other jails in the County.

Next Meeting: November 12, 2009

Thank You!

The Committee will determine if a December meeting is necessary at the November 12th meeting.