



COMMUNITY HEALTH  
IMPROVEMENT PARTNERS

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**SUICIDE PREVENTION ACTION PLAN COMMITTEE  
MEETING MINUTES**

**Thursday, November 4, 2010 12:00-1:30 p.m.**

Health Services Complex – Rosecrans, Coronado Room  
3851 Rosecrans Street, San Diego, CA 92110

**In Attendance:**

• Sandra Ambrosi, Glenner Day Center	• Phuong Quach, Kickstart
• Bonnie Bear, Survivors of Suicide Loss	• Jayne Reinhardt, County of San Diego HHSA
• Gina Bongiorno, UCSD Bridge to Recovery	• Leah Rodig, AdEase
• Marianna Corona, Harder + Co Community Research	• Eric Rodriguez, Bienestar Human Services
• Ruth Covell, M.D., UCSD School of Medicine	• Beth Ruland, CHIP
• John de Miranda, Stepping Stone of San Diego	• Jana Szczeputowski, Your Social Marketer Inc. /Ad Ease
• Aron Fleck, CHIP	• Beth Sise, Scripps Health
• Paula Goncalves, Community Research Foundation	• Alan Smith, County of San Diego EMS
• Rex Kennemer, Community Alliance for Healthy Minds	• Vanessa Vadnal, VA Medical Center
• Liz Kruidenier, NAMI North Coast	• Paula Van Sallis, Community Research Foundation
• Jenel Lim, County of San Diego HHSA	• Glen Wellbrock, The Trevor Project
• Hector Martinez, Mental Health America	• Wu, Pei-Chen Emily, UPAC- Positive Solutions Program
• Maria Morgan, Kickstart	• Avishan Zahedi, Kickstart
• Tim Nou, County of San Diego MHS	• Harder + Co Community Research
• Christopher Oneal, Optum Health Access & Crisis Line	

1. Welcome / Introductions 12:00pm B Sise / C Skiljan  
All members introduced themselves.
2. Approval of Minutes 12:10pm B Sise / C Skiljan  
Minutes from the October SPAP\_C Meeting were approved.
3. Suicide Prevention Action Plan Update (See SPAP Handout\_11 04 (ARF).doc) 12:20pm A Fleck / Harder + Co.  
Harder + Company Community Research presented an update on the Suicide Prevention Needs Assessment Process.

As a part of the Action Plan Process, two suicide prevention specific Needs Assessments are underway: one within County Behavioral Health Services contractors and staff; and the second focusing on the San Diego community at large:

County Behavioral Health Services Needs Assessment:

- A survey assessing County suicide prevention trainings was sent to all County Behavioral Health Services workers on October 13<sup>th</sup>. We have received 734 responses to this survey, thus far.
- Harder + Company has interviewed PEI contractors and conducted a focus group with Health Promotion Specialists.
- Next steps include interviewing higher level representatives from the County Behavioral Health Services.

Community Needs Assessment:

- The electronic Needs Assessment survey was sent to stakeholders on November 2<sup>nd</sup>; the Committee was encouraged to forward the survey to colleagues and other suicide prevention stakeholders.
- Next steps include conducting in-depth stakeholder interviews. It was noted that Harder + Company recently conducted a successful focus group at Bienestar and has plans to hold a focus group with Survivors of Suicide Loss on November 15<sup>th</sup>.
- Harder + Company requested the Committee's assistance in reaching some of the target audiences outlined in the grant application. The Committee suggested that Harder + Co contact the following organizations:
  - Operation Samahan/UPAC to connect with the Asian Pacific Islander (API) population
  - International Rescue Committee (IRC), Mid City CAN Momentum Team and Laura Andrews (MHA) to connect with the Latino population
  - NAMI to reach suicide attemptors
  - Older Women's League (OWL), Southern Care Givers and Older Adult Mental Health Council to reach the older adult population
  - Community Research Foundation, contacts in Foster Care, and San Diego Unified School District to connect with Transitional Aged Youth (TAY) population
  - Jayne Reinhardt offered to help connect with members of the Somali community
  - AFSP Board Members for additional exposure to other targeted populations
  - Please contact Harder + Company (mcorona@harderco.com) with additional suggestions for contacting the target audiences (e.g. transitional aged youth, LGBTQ, Latino, Asian Pacific Islanders, and older adults) in order to invite them to participate in the Community Suicide Prevention Needs Assessment survey and stakeholder interviews.

**Action Item: A Fleck to ask K Ventimiglia to contact other PEI COTR's for additional suggestions to reach the target audiences.**

A Fleck presented an update on the Needs Assessment Forum planning; highlights include:

- The purpose of the Needs Assessment Forum is to share the results of the needs assessments with



Several members of the SPAP\_C are unable to attend the regularly scheduled meetings. The Committee agreed to move the regularly scheduled meeting dates to the first Tuesday of the month from 11:30 – 1:00 p.m. The new meeting schedule will take effect beginning in January 2011.

The next SPAP\_C meeting is scheduled for Thursday, December 2nd, 2010, 12:00-1:30 p.m. at Health Services Complex –Rosecrans, Coronado Room (3851 Rosecrans Street, San Diego, CA 92110).

6. Adjournment 1:30 pm All

**Next Meeting: Thursday, December 2nd, 2010, 12:00-1:30 p.m.**

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**Thank you for your participation!**