



COMMUNITY HEALTH
IMPROVEMENT PARTNERS

making a difference together

**SUICIDE PREVENTION ACTION PLAN COMMITTEE
MEETING MINUTES**

Friday, September 17, 2010 12:00-1:30 p.m.

Health Services Complex –Rosecrans, Coronado Room
3851 Rosecrans Street, San Diego, CA 92110

(Meetings generally held the first Thursday of the month)

In Attendance:

● Sandy Ambrosi, Glenner Day Center	● Mara Madrigal-Weiss, SDCOE
● Doug Aucion, UCSD Bridge to Recovery	● Hector Martinez, Mental Health America
● Tracy Ball, County of San Diego HHSA	● Pei Chen, Emily Wu, M.D., UPAC- Positive Solutions Program
● Bonnie Bear, Survivors of Suicide Loss	● Donna Peterson, County of San Diego HHSA
● Marianna Corona, Harder + Co Community Research	● Phuong Quach, Providence Community Services, Kick Start Program
● Ruth Covell, M.D., UCSD School of Medicine	● Jayne Reinhardt, County of San Diego HHSA
● Aron Fleck, CHIP	● Leah Rodig, AdEase
● Paula Goncalves, Community Research Foundation	● Beth Ruland, CHIP
● Kristi Jones, San Diego Access and Crisis Line	● Jana Sczeputowski, Your Social Marketer Inc. /Ad Ease
● Sarah Koenigsberg, Episcopal Community Services, Friend to Friend Program	● Carol Skiljan, Yellow Ribbon Suicide Prevention Program
● Michael Krelstein, M.D., CMH-SDCPH Medical Director	● Beth Sise, Scripps Health
● Abe Krems, M.D., AIS Advisory Board	● Sally Tucker, SD City Schools
● Anabel Kuykendall, HHSA-Aging & Independence Services	● Romalyn Watson, County of San Diego HHSA
● Jenel Lim, Conty of San Diego HHSA	

1. Welcome / Introductions 12:00pm B Sise / C Skiljan
All members introduced themselves.
2. Approval of Minutes 12:10pm B Sise / C Skiljan
Minutes from the August 5th meeting were approved.
3. Suicide Prevention Action Plan Update 12:20pm A Fleck / M Corona

A Fleck distributed an updated timeline for the Suicide Prevention Action Plan (see *Appendix 7-Methodology for Action Plan Development-2010-09-17.doc* for details).

The SPAPC is working with Harder + Company Community Research to complete two Suicide Prevention Needs Assessments; one assessment will focus on suicide prevention services and resources specifically in the County of San Diego system; the second assessment will focus on suicide prevention services and

resources available to the community at large.

M Corona, Harder + Company, provided an update on the Needs Assessment process, including:

- County of San Diego Needs Assessment:
 - M Corona is currently assessing County employee/contractor training to identify gaps in the training system.
 - Harder + Company is collaborating with Behavioral Health Education and Training Academy (BHETA) to design survey questions for County employees. Next steps include administering the survey and completing one on one interviews with County employees.
- Community Needs Assessment:
 - Corona is currently designing survey questions and reviewing available data, including youth risk behavior surveys and literature reviews for the following targeted populations: Latinos, Asian Pacific Islanders, LGBTQ, older adults and transitional aged youth. This quantitative review will further inform how to collect qualitative data (especially for targeted populations).
 - Harder + Company along with B Sise, C Skiljan, A Fleck, and K Ventimiglia have been designing appropriate survey protocols and standards over the last few weeks. Contact Mariana Corona (mcorona@harderco.com) if you are interested in participating, or would like to recommend anyone to participate in this process.
 - Corona requested the Committee's assistance in: (1) reviewing survey protocols/standards; (2) getting in touch with community leaders/individuals from the targeted populations; (3) securing sites to hold focus groups.

Action Item: Committee to send contact information for community leaders/individuals from the targeted populations that may be willing to participate in the Community Suicide Prevention Needs Assessment to Mariana Corona (mcorona@harderco.com).

Action Item: Committee to send suggestions for focus group meeting locations to Mariana Corona (mcorona@harderco.com).

- The Committee suggested that: (1) compensation be offered to survey participants; (2) other non-County funded grant programs (e.g. ILF's, Board and Cares, etc.) be included in this process; (3) efforts be coordinated with San Diego County Depression Screening Week.
- A Fleck is working with 2-1-1 San Diego and the Access & Crisis Line to discuss opportunities for collaboration and to begin a service-demand evaluation component of the Action Plan.
- Next steps include administering surveys throughout the community and planning a Community Forum (November) to solicit feedback on results of the Community Needs Assessment.

4. Other County PEI Grantee Updates

1:00 pm

Multiple Stakeholders

It was noted that the County PEI Grantee Updates are included on the Suicide Prevention Action Plan Committee (SPAPC) Agenda as an opportunity to discuss any gaps/challenges that groups may be facing.

i. Bridge to Recovery

The Bridge to Recovery Program is setting up protocol for direct referral for adults. Next steps include creating partnerships to accept direct referrals. The program has experienced

challenges in negotiating contracts between community agencies.

ii. Health Promotion Specialists (County of San Diego, HHSA)

The County of San Diego is collaborating with other organizations (including CHIP) to host Depression Screening Week (October 4-9) in order to compile aggregate data throughout the County. A Press Conference is scheduled for 10:00 a.m. on Monday, October 4th at the County of San Diego North Central Family Resource Centers (5055 Ruffin Road, San Diego, CA 92123).

In addition, County AIS is partnering with AAA's, UPAC and EMASS on mental health presentations and prevention efforts throughout the County.

iii. Kick Start (Providence Community Services)

The Kick Start Program is hosting workshops for family members around San Diego. The Committee recommended that Kick Start focus on suicide fact (instead of addressing myths) in the presentations to avoid confusion.

iv. Positive Solutions Program (UPAC)

UPAC is focusing on educating senior providers to understand more about depression and decrease stigma. They recently conducted successful outreach to Vietnamese doctors.

v. Suicide Prevention and Stigma Reduction Media Campaign AdEase

The "It's Up to Us" campaign launched on Monday, September 13th. The website can be found at www.up2sd.org. Next steps include exploring digital media and creating personal creative story circles to share on the website. Please contact Jana Szejputowski (jana@yoursocialmarketer.com) to learn more about the project or with any referrals for story circles.

5. Other Announcements / Information Sharing

1:25pm

All

- United Behavioral Health Access and Crisis Line presents the 2010 Save A Life 5k Walk to benefit the Yellow Ribbon Suicide Prevention Program and SOSL (Survivors of Suicide Loss) on Sunday, November 14th at Balboa Park (6th Ave. & Laurel St.). Visit the link below for further information: <http://savealifewalk.kintera.org/faf/home/default.asp?ievent=346396>
- Depression Screening Week will be October 4-8. Registration Forms, Dates and Locations to follow. If you are interest in helping with this effort, call Katie Judd (619.668.3758) or Nina Constantino, MPH (858.616.5803).
- The American Foundation to Prevent Suicides (AFSP) hosts the "Out of the Darkness" Suicide Prevention 5k Walk at 8:00 a.m. on Saturday, October 16th at De Anza Cove, North Mission Bay – San Diego, CA. Visit the AFSP website (<http://www.outofthedarkness.org/>) to register and to find additional information.
- The San Diego County Office of Education Suicide Prevention, Intervention and Postvention Training, November 10th from 8:00 – 4:00 p.m. at the San Diego County of Office of Education (6401 Linda Vista Rd, San Diego, CA 92111). Contact Yolanda Martinez (ymartinez@sdcoe.net/858-292-3666) for further details, or use the following link to register: <http://sdcoe.k12oms.org>.
- VETFAM Group Meetings: First Wednesday of the month from 3:00 – 4:30 at 3255 Camino Del Rio South. Contact Heide Shaffer (Heidi.shaffer@sdcounty.ca.gov/619-563-2702) for details.