



COMMUNITY HEALTH
IMPROVEMENT PARTNERS
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**SUICIDE PREVENTION ACTION PLAN COMMITTEE
MEETING MINUTES**
Thursday, December 2, 2010, 12:00-1:30 p.m.
Health Services Complex – Rosecrans, Coronado Room
3851 Rosecrans Street, San Diego, CA 92110

In attendance:

• Gina Bongiorno, UCSD Bridge to Recovery	• Betty Plewak, SDUSD
• Minola Clark Manson, BHETA	• Jayne Reinhardt, County of San Diego HHSA
• Alma Correa, UCSD HSRC	• Leah Rodig, AdEase
• Lynnetta Devereaux, Alvarado Parkway Institute	• Nancy Roy, Palomar Pomerado Helath
• Aron Fleck, CHIP	• Beth Ruland, CHIP
• Paula Goncalves, Community Research Foundation	• Kellie Scott, BHETA & Aging Well
• Elizabeth Harper, Community Research Foundation	• Beth Sise, Scripps Health
• Rex Kennemer, Community Alliance for Healthy Minds	• Alan Smith, County of San Diego EMS
• Anabel Kuykendall, County of San Diego HHSA - AIS	• Vanessa Vadnal, VA Medical Center
• Hector Martinez, Mental Health America	• Jessica Van der Stad, American Foundation for Suicide Prevention
• Christopher Oneal, Optum Health Access & Crisis Line	• Harder + Co Community Research

1. Welcome / Introductions 12:00pm B Sise
All members introduced themselves.
2. Approval of Minutes 12:10pm B Sise
Minutes from the November SPAP_C Meeting were approved.
3. Suicide Prevention Action Plan Update (See Attached) 12:20pm A Fleck / Harder + Co.
Community Research

A Fleck and Harder + Co presented an update on the Action Plan process; highlights include:

- We are in the final stages of the Needs Assessment process. Harder + Company is holding a few additional focus groups. The Committee may receive follow up calls from Harder + Co to verify data and information.
- Next steps in the process include preparing for the Community Forum and beginning to design the Action Plan (see below for details).
- As the Needs Assessment piece of the process draws to a close, future SPAP_C Meetings will focus on building and proving feedback on the Action Plan.

- Finally, the Committee was thanked for their participation in the Needs Assessment process.

– Needs Assessment Forum Planning

The Committee spent time discussing plans for the Needs Assessment Community Forum; highlights include:

- The Forum is scheduled from 8:15 am – 4:00 pm on Friday, January 21st and will feature keynote speaker Dr. C. Edward Coffey, of the Perfect Care Depression Program).
- A Save the Date Announcement was sent to over 500 people in the Community on Wednesday, December 1st. The Committee was asked to forward the announcement and encourage their colleagues to attend the forum.
- Registration is limited to 200 attendees; pre-registration is strongly encouraged. The event will be free to the public; no CEU's will be offered.
- The Committee reviewed a draft agenda for the day. The forum will begin with a plenary session, include morning and afternoon breakout sessions and end with a plenary summary session.
- Morning breakouts will be divided by community (e.g. target populations identified in the scope of work) and afternoon breakout groups will be broken up by intervention strategies. Attendees will self select their breakout groups at the time of their registration and will be given the opportunity to switch groups half way through the breakouts (to allow them to participate in more than one group).
- Upon registration, attendees will receive one page briefs specific to their chosen breakout group population to prepare them for the discussion.
- Harder + Co. facilitators will be in each breakout session to guide and capture the discussion. We are looking for provider representatives to act as co-facilitators/community liaisons for each breakout. Please contact A Fleck (afleck@sdchip.org) to volunteer or with suggestions for co-facilitators.

It was noted that we are still open to feedback or supplemental information that may be revealed during the Forum. We able to reevaluate and readjust the Needs Assessment and Action Plan as needed. Please send any additional recommendations on the forum to A Fleck (afleck@sdchip.org) by December 10th.

– Needs Assessment Report Outline

Harder + Co is in process of writing the Needs Assessment Report; the report will include cumulative data to give an overall perspective; data will also be broken down by population/groups to give a better perspective on the needs of specific populations/groups. Additionally, the report will also explain the data collection process, the validity of the data, system level results, overviews from each of the targeted groups, and gaps, or areas where additional efforts should be focused.

Please send any feedback or suggestions on the Needs Assessment Report to afleck@sdchip.org by Monday, December 6th. A draft report will be sent to the County on December 24th and the report and one page overviews will be released to the public in mid-January 2011.

4. Roundtable Discussion

1:10 pm

All

The Committee participated in a roundtable discussion:

- The American Foundation for Suicide Prevention (AFSP) hosted a successful event to honor National Survivors Suicide Prevention Day on November 20th. AFSP received a letter from the White House congratulating them for their efforts during this day.
- Kathy Holmes Hardy and Anabel Kuykendall presented a session, Mental Health is Ageless, at the C4A Statewide Conference in October.
- The UCSD Bridge to Recovery Program will be moving all staff to the County Psychiatric Hospital, and is reformatting their assessments and trainings to ensure both are effective and sensitive tools.
- San Diego Unified School District gave 65 presentations to several thousand staff over the last few months. The program is now looking at how to work with school counselors to administer suicide prevention counseling.
- Community Research Foundation is putting together a youth focused risk and suicide prevention company wide training.
- Community Alliance for Healthy Minds (CAHM) is hosting their fifth Annual Forum and Resource Fair on March 19, 2011 from 8:30 am – 3:00 am at Abraxas High School (12450 Glen Oak Road, Poway, CA 92064). Further details will be available shortly.
- Research and real-life scenarios have demonstrated a link between children who are violent to animals, and domestic violence, child abuse and criminal activities. Jayne Reinhardt announced an opportunity to hear a presentation on this issue and is hoping to bring an aversion program to San Diego. For more information or to schedule a presentation, please call (619) 229-5411.
- The Access and Crisis Line is busy preparing for increased calls during the holidays.
- BHETA is offering Aging-well trainings to providers, older adults and care givers; they hope to release an e-Learning module soon.
- The County of San Diego Emergency Medical Services is finishing up the Suicide in San Diego County Report; the report should be available for public use shortly.
- AdEase reported success in distributing over 30,000 copies of the first edition of its newsletter throughout the County of San Diego. The second set of media was released in November; AdEase is currently working on the second newsletter and additional media sets to be released shortly.
- The Community Health Improvement Partners (CHIP) Community Health Needs Assessment will be released to the public in January. It was noted that Mental Health was one of three topics addressed in regionally focused meetings.

5. 2011 Meeting Dates (Generally the 1st Tuesday of the month)

A Fleck

CHIP will be moving offices on December 9th. SPAP_C Meetings will be held at the new CHIP Office (9370 Chesapeake Drive, Suite 220, San Diego, CA 92123) moving forward.

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| ◆ January 4, 2011 | ◆ July 12, 2011 |
| ◆ February 1, 2011 | ◆ August – No Meeting |
| ◆ March 1, 2011 | ◆ September 13, 2011 |
| ◆ April 5, 2011 | ◆ October 4, 2011 |
| ◆ May 3, 2011 | ◆ November 1, 2011 |

◆ June 7, 2011

◆ December 6, 2011 (TBD)

6. Other Announcements / Information Sharing

1:25pm

All

The University of California San Diego Non Profit Management Program is hosting a symposium and Board Recruitment Fair in January 7, 2011.

◆ Aron & Beth's New Information after Dec 10th:

General: 9370 Chesapeake Drive, Suite 220
San Diego, CA 92123
(858) 609-7998 (Fax)

www.sdchip.org

Aron:

(858) 609-7966 (Direct)

(619) 405-4310 (Mobile)

afleck@sdchip.org

Beth:

(858) 609-7967 (Direct)

bruland@sdchip.org

Next Meeting: Tuesday, January 4, 2011, 11:30 – 1:00 p.m.

New Location:

**Community Health Improvement Partners New Offices
9370 Chesapeake Drive, Suite 220, San Diego, CA 92123**