



# SUICIDE IN SAN DIEGO COUNTY, 2014

SUICIDE PREVENTION COUNCIL  
ANNUAL STAKEHOLDER MEETING  
JUNE 30, 2015

*Joshua Smith, Ph.D., MPH*  
Epidemiologist  
County of San Diego  
Health and Human Services Agency  
Public Health Services  
Emergency Medical Services



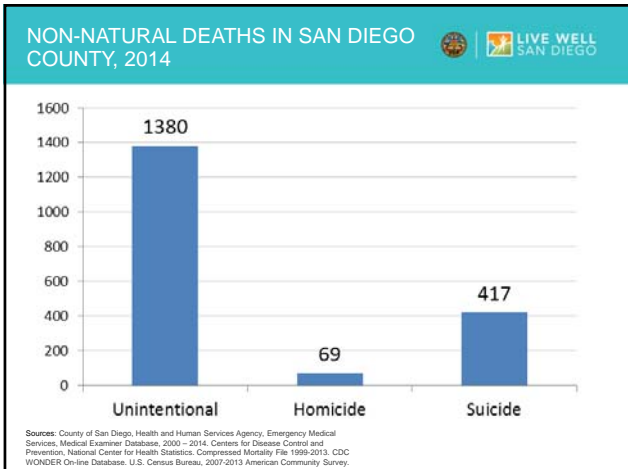
## SUICIDES IN 2014




Total number of suicides in 2014: 417

- 15.0 per 100,000 people (10+ years old)
- Decrease of 6.3% from 2013
- Gender
  - 319 males (3% annual decrease)
  - 98 females (12.5% annual decrease)
- Age range
  - 12 to 97 years

Sources: County of San Diego, Health and Human Services Agency, Emergency Medical Services, Medical Examiner Database, 2000 – 2014; Centers for Disease Control and Prevention, National Center for Health Statistics, Compressed Mortality File 1999-2013; CDC WONDER On-line Database, U.S. Census Bureau, 2007-2013 American Community Survey.



### SUICIDES BY AGE GROUP IN 2014

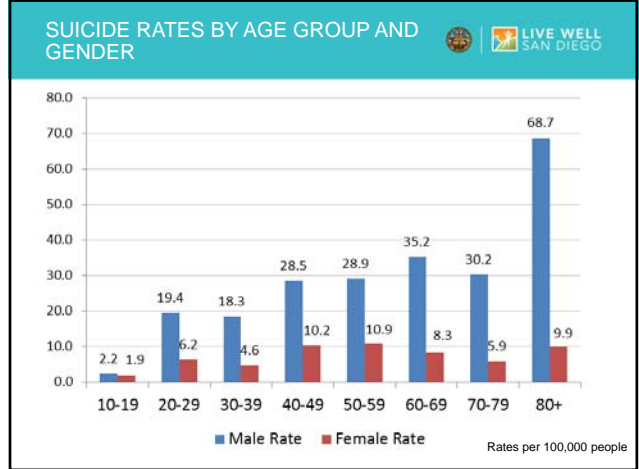
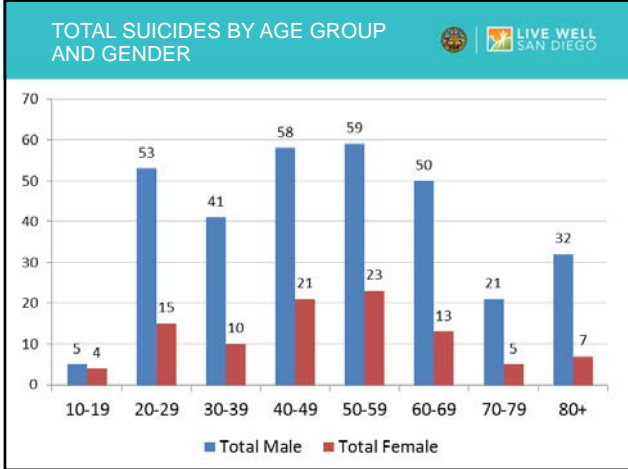


Age Group	Male	Male Rate	Female	Female Rate	Total	Total Rate
10-19	5	2.2	4	*	9	2.0
20-29	53	19.4	15	6.2	68	13.3
30-39	41	18.3	10	4.6	51	11.6
40-49	58	28.5	21	10.2	79	19.3
50-59	59	28.9	23	10.9	82	19.8
60-69	50	35.2	13	8.3	63	21.1
70-79	21	30.2	5	5.9	26	16.8
80+	32	68.7	7	9.9	39	33.2

\*Rates not calculated for totals less than 5

Rates per 100,000 people

Sources: County of San Diego, Health and Human Services Agency, Emergency Medical Services, Medical Examiner Database, 2000 – 2014; Centers for Disease Control and Prevention, National Center for Health Statistics, Compressed Mortality File 1999-2013; CDC WONDER On-line Database, U.S. Census Bureau, 2007-2013 American Community Survey.



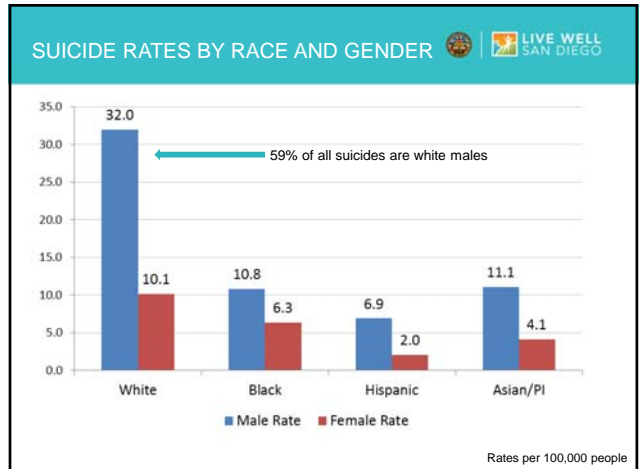
### SUICIDES BY RACE IN 2013

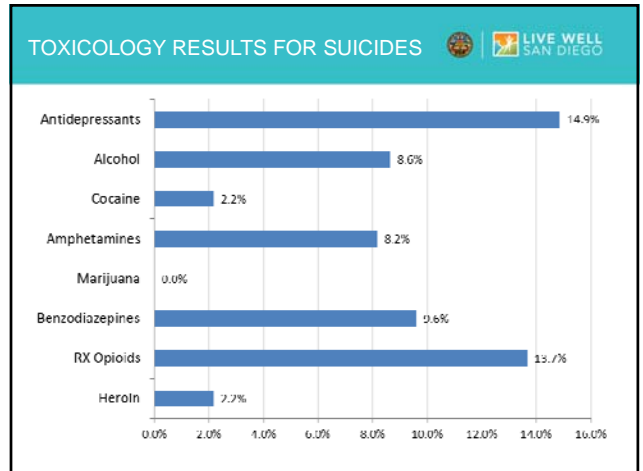
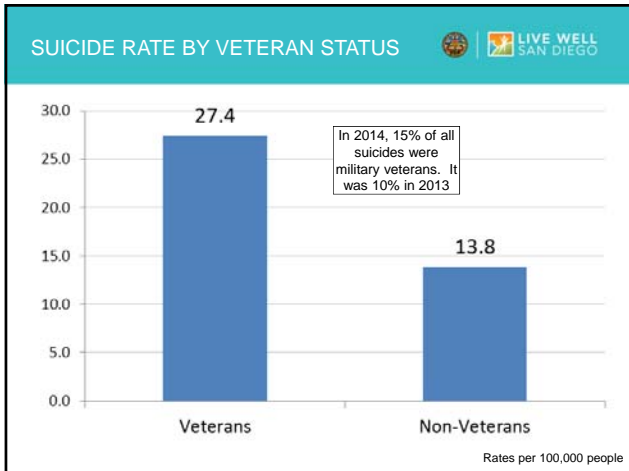
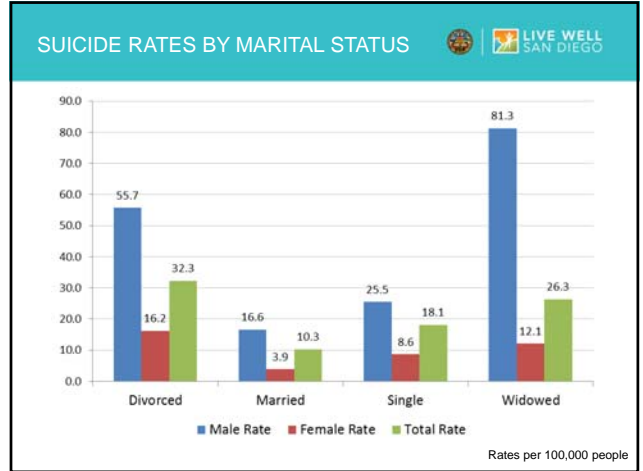
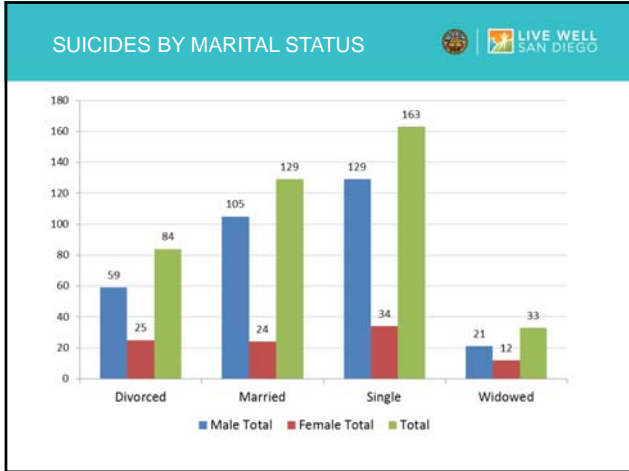
Race/Ethnicity	Male	Male Rate	Female	Female Rate	Total	Total Rate
White	246	32.0	74	10.1	320	21.3
Black	8	10.8	4	*	12	8.7
Asian/PI	36	6.9	11	2.0	47	4.4
Hispanic	19	11.1	8	4.1	27	7.4

\*Rates not calculated for totals less than 5

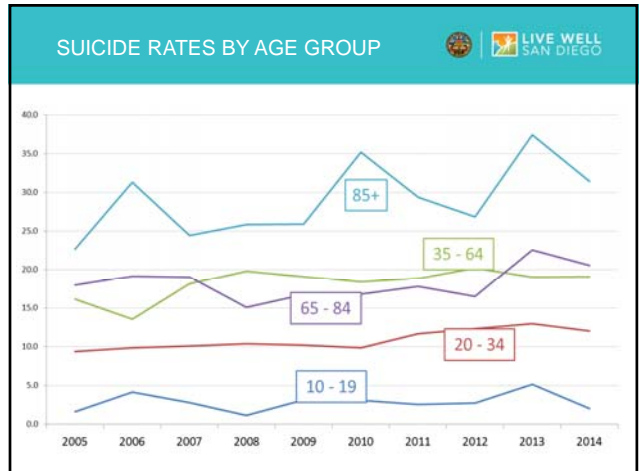
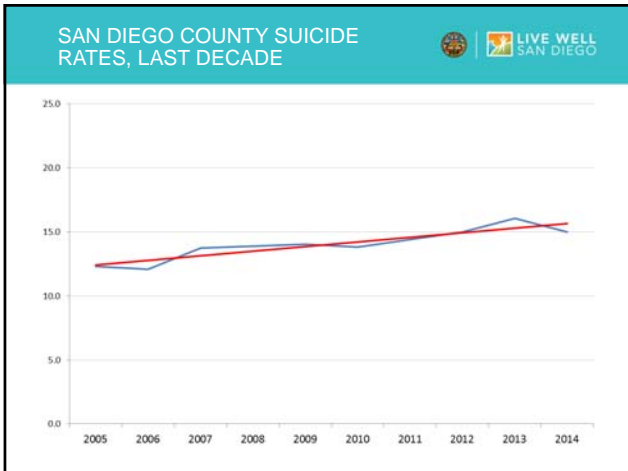
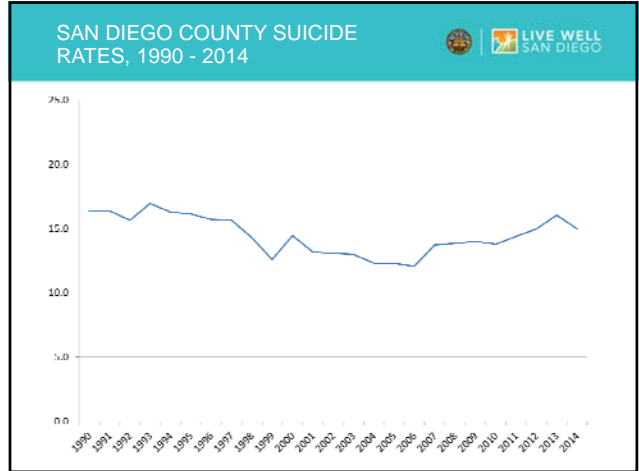
Rates per 100,000 people

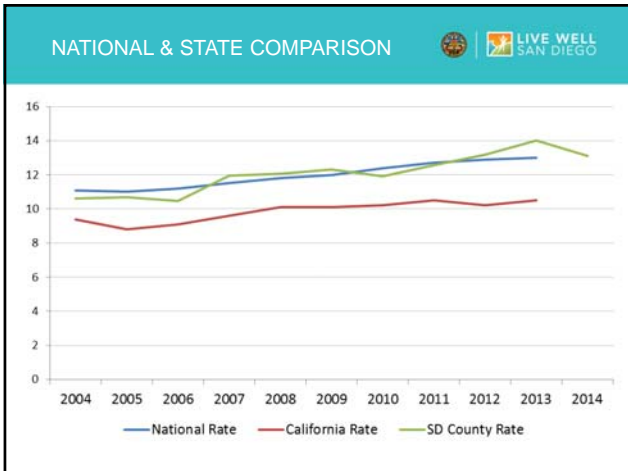
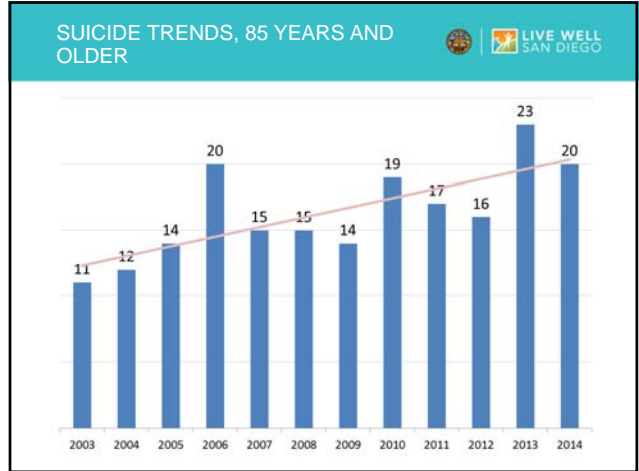
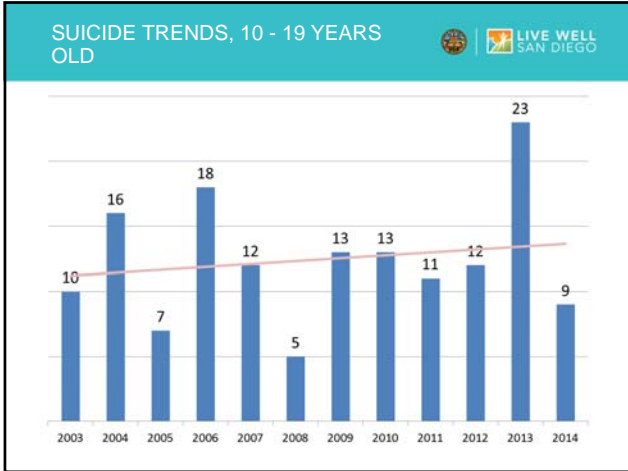
Sources: County of San Diego, Health and Human Services Agency, Emergency Medical Services, Medical Examiner Database, 2000 - 2014, Centers for Disease Control and Prevention, National Center for Health Statistics, Compressed Mortality File 1999-2013, CDC WONDER On-line Database, U.S. Census Bureau, 2007-2013 American Community Survey.





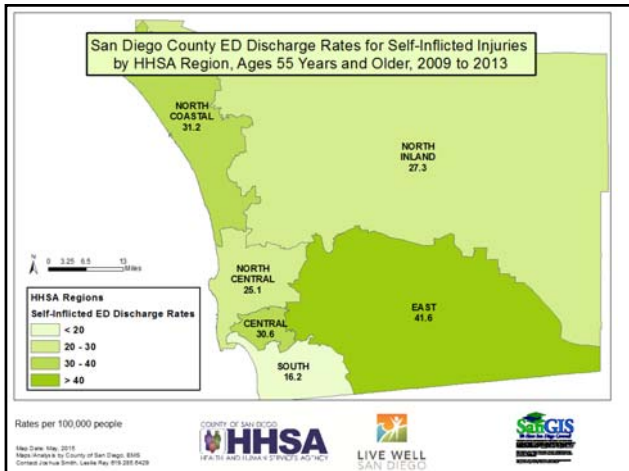
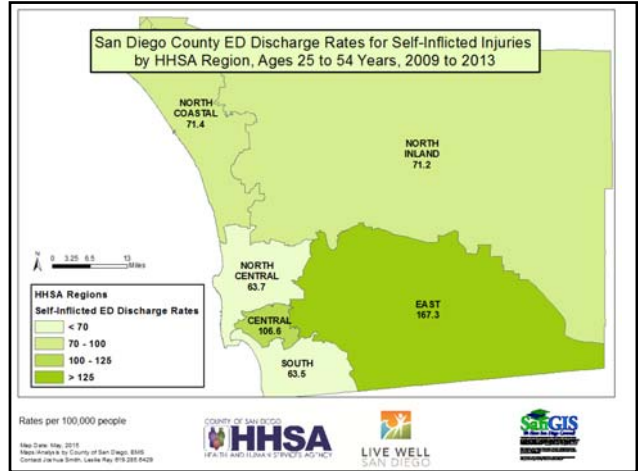
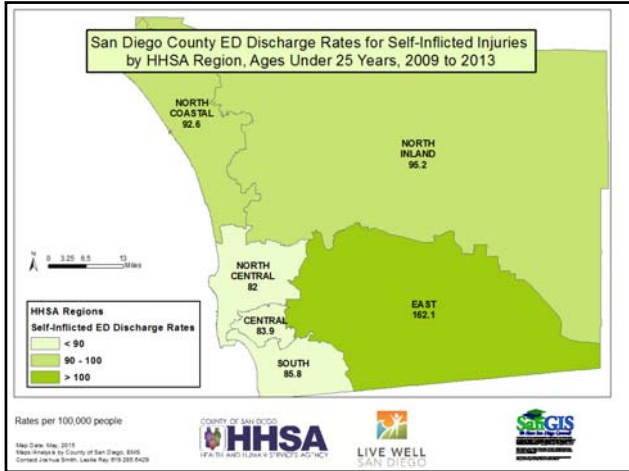
# SUICIDE TRENDS







## SELF-INFLICTED INJURY MAPS BY AGE CATEGORY

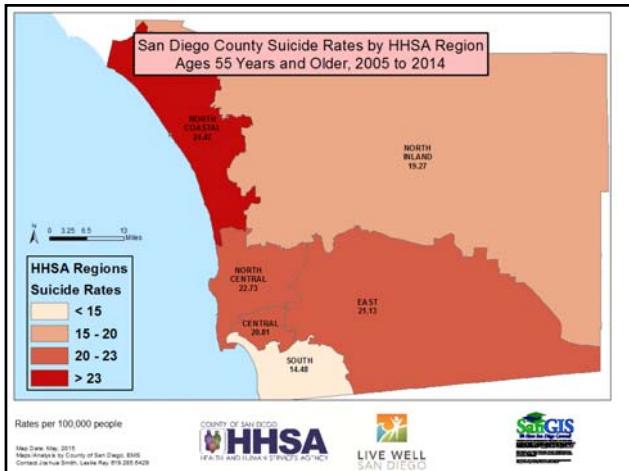
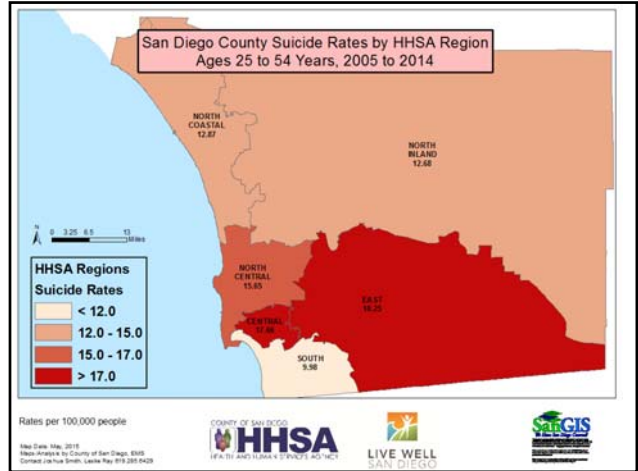
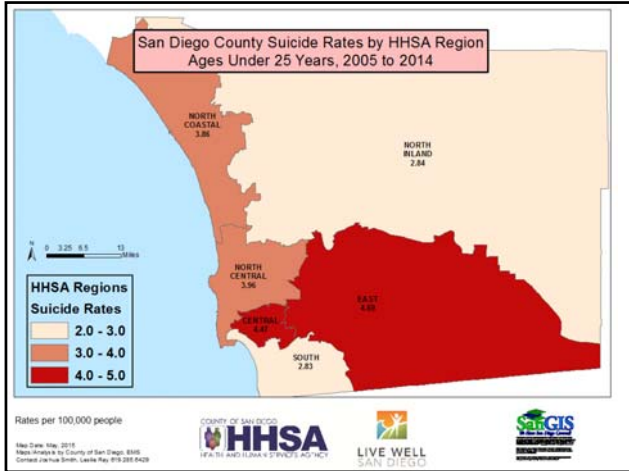
LIVE WELL SAN DIEGO





## SUICIDE MAPS BY AGE CATEGORY





**2014 IN SUMMARY**

- After three years of increase, the annual suicide rate decreased in San Diego County.
  - However, there has been trend of increasing suicides over the last decade.
- In 2014, there were 6 times as many suicides in the County as there were homicides.
- There were 3 times as many male suicides as there were female suicides.
- Suicide rates generally increase with age.
- The tendency for white male suicides was more pronounced in 2014 than in previous years.

Logos: COUNTY OF SAN DIEGO, LIVE WELL SAN DIEGO

## 2014 IN SUMMARY



- The suicide rate for non-Hispanic whites is triple that of any other racial group.
- Divorced and widowed males had higher rates of suicide.
- The suicide rate among veterans was double that of non-veterans.
- The most common drugs present in suicides were antidepressants and prescription opioids.
- The San Diego County suicide rate is similar to the national rate but is higher than the California state rate.

# THANK YOU

*Joshua.Smith@sdcounty.ca.gov*

