

**SAN DIEGO COUNTY SUICIDE PREVENTION COUNCIL (SPC) MEETING - AGENDA**

**Tuesday, July 24, 2018**

**10:00 am – 11:30 am**

American Red Cross

(3950 Calle Fortunada San Diego, CA 92123)

***Our Mission: To prevent suicide and its devastating consequences in San Diego County***

***Our Vision: Zero Suicides in San Diego County***

1. Welcome/Introductions *10:00am* Beth Sise*/*Carol Skiljan
2. SPC Overview/Updates *10:10am* Yeni L. Palomino
3. SPC Subcommittees Updates *10:20am*  Yeni L. Palomino
   1. Faith Organization Outreach (Lora Cayanan, SPC/CHIP Staff)
   2. Higher Education (Lora Cayanan, SPC/CHIP Staff)
   3. Media (Yeni L. Palomino, SPC/CHIP Staff)
   4. Assessment + Evaluation (Beth Sise, Subcommittee Chair)
   5. School Collaborative K-12 (Judi Park, Subcommittee Chair
4. Upcoming Events *10:35am* Yeni L. Palomino
5. Spotlight Presentation- *10:45am* Lisa Garcia
   1. Recovery International
   2. Lisa Garcia, Project Manager
      1. Panelists: Judi Bakke, Nancy Campbell, and Nancy Reves
6. Announcements *11:25am* Carol Skiljan/All

1. Adjournment *11:30am* All

***Next SPC Meeting***

**Tuesday, August 28, 2018, 10:00am-11:30am @ American Red Cross**

(Email: Kim McGee to RSVP [kmcgee@sdchip.org](mailto:kmcgee@sdchip.org))

***Upcoming Subcommittee Meetings:***

**SPC Higher Education Subcommittee**

**Wednesday, August 1, 2018, 10:00am-11:00am**

**Conference Call**

(To RSVP email [kmcgee@sdchip.org](mailto:kmcgee@sdchip.org))

**SPC JOINT Media/A+E/School Collaborative Subcommittee Meeting**

**Wednesday, August 8, 2018, 1:30pm-3:00pm**

(To get meeting information email [kmcgee@sdchip.org](mailto:kmcgee@sdchip.org))

**SPC Faith Outreach Subcommittee**

**Wednesday, August 15, 2018, 11:00am-12:30pm**

(To RSVP email [kmcgee@sdchip.org](mailto:kmcgee@sdchip.org))

**SPC Tools:**

**SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch**

**SPC Flyer; SPAP & SPC Standard Presentation;**

**San Diego County Responsible Reporting on Suicide Guidelines**

**SPAP & SPC Sample Newsletter Text; SPC 2011 Activities**

[www.spcsandiego.org](http://www.sdchip.org/spap.aspx)

**Suicide Prevention Action Plan**

[www.up2sd.org/find-help/resources/suicide-prevention-and-support](http://www.up2sd.org/find-help/resources/suicide-prevention-and-support)

[www.sdchip.org/committee/publications.aspx](http://www.sdchip.org/committee/publications.aspx)

**Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention**

***FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE***

[www.sdchip.org/suicide-prevention-training.aspx](http://www.sdchip.org/suicide-prevention-training.aspx)

*To schedule training(s):* Contact Lora Cayanan at 858-609-7971 or [lcayanan@sdchip.org](mailto:lcayanan@sdchip.org).

***Upcoming Events and Dates of Interest:***

**UMTR2ME- Hike for Hope**

**Saturday, July 28, 2018, 9:00am-11:30am**

San Dieguito Lagoon Staging Area

(For more information: [info@umtr2me.org](mailto:info@umtr2me.org))

(Please RSVP at <https://www.eventbrite.com/e/hike-for-health-tickets-47316581168?aff=efeventtix>)

**AFSP Talk Saves Lives Training**

**Saturday, July 28, 2018, 10:00am-11:30am**

Sharp Outpatient Pavilion

(For more information: [whitneybaugher@gmail.com](mailto:whitneybaugher@gmail.com))

**QPR Training LGBTQ**

**Friday, August 10, 2018, 6:00pm-7:30pm**

North County LGBTQ Resource Center 6-7:30pm

(For more information: Max Disposti at [maxrome@cox.net](mailto:maxrome@cox.net))

**Alzeheimer’s Assocation: The Latest Discoveries, A Research Update**

**Tuesday, August 15, 2018, 6:00pm-8:00pm**

Shiley Theatre at Camino Hall, University of San Diego

5998 Alcala Park, SD 92110

(For more information: 1-800-272-3900)

**Kobey’s NON PROFIT DAY**

**Saturday, August 18, 2018, 7:00am-3:00pm**

Kobeys Swap Meet (3500 Sports Arena Blvd., SD 92110)

(For more information: [apretto@kobeys.com](mailto:apretto@kobeys.com); 619-523-2700x306)

**SPC Suicide Prevention Action Plan Update 2018**

**Implementation + Evaluation Planning Meeting**

**Means Reduction Strategy**

**Monday, August 20, 2018, 2:00pm-4:30pm**

Jacobs Center (Emerald Hills Room)

404 Euclid Ave, SD 92114

*\*Light refreshments and Spanish interpretation provided\**

(For more information: [lcayanan@sdchip.org](mailto:lcayanan@sdchip.org) or 858-609-7971)

(Please RSVP at (<https://bit.ly/2Ld2PKv>)

**SPC Suicide Prevention Action Plan Update 2018**

**Implementation + Evaluation Planning Meeting**

**Frontline & Gatekeeper Training Strategy**

**Thursday, August 23, 2018, 2:00pm-4:30pm**

Jacobs Center (Emerald Hills Room)

404 Euclid Ave, SD 92114

*\*Light refreshments and Spanish interpretation provided\**

(For more information: [lcayanan@sdchip.org](mailto:lcayanan@sdchip.org) or 858-609-7971)

(Please RSVP at (<https://bit.ly/2ugSpTT>)

**SPC Suicide Prevention Action Plan Update 2018**

**Implementation + Evaluation Planning Meeting**

**Community Programming Strategy**

**Thursday, October 25, 2018, 2:00pm-5:00pm**

Paradise Point

1404 Vacation Rd, SD 92109

*\*Light refreshments and Spanish interpretation provided\**

(For more information: [lcayanan@sdchip.org](mailto:lcayanan@sdchip.org) or 858-609-7971)

(Please RSVP at (<https://bit.ly/2LgbtYw>)

**Check Your Mood Event**

**Thursday October 11, 2018**

San Diego County

For more information: [www.LiveWellSD.org/CheckYourMood](http://www.LiveWellSD.org/CheckYourMood)

**San Diego County Behavioral Health Advisory Board Meeting**

**Thursday August 2, 2018 at 2:30pm**

San Diego County Administration Building

1600 Pacific Highway, San Diego, CA (Room 302/303)

**AFSP Out of the Darkness Walk 2018**

**Saturday October 27, 2018**

**8:00am-12:00pm**

NTC Liberty Station (2455 Cushing Rd, SD 92106)

For more information: afsp.org/sandiegowalk

Che Hernandez, Walk Co-Chair [sandiego@afsp.org](mailto:sandiego@afsp.org) AND

Danielle McGonigle, Walk Co-Chair [danielle.afsp@gmail.com](mailto:danielle.afsp@gmail.com)

**SOSL in Remembrance with Hope Walk 2018**

**Sunday November 11, 2018**

**8:00am-12:00pm**

Balboa Park (6th and Laurel)

For more information:

Joyce Bruggeman at [Joyce@SOSLsd.org](mailto:Joyce@SOSLsd.org) or 619-752-4055