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COMMUNITY HEALTH IMPROVEMENT PARTNERS

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SAN DIEGO COUNTY SUICIDE PREVENTION COUNCIL (SPC) MEETING - MINUTES
Tuesday, May 22, 2018
10:00 am – 11:30 am

Our Mission: To prevent suicide and its devastating consequences in San Diego County
Our Vision: Zero Suicides in San Diego County

Aleman, Melisa – SD American Indian Health Cent.	Kruidenier, Liz – NAMI NC LWV
Alesch, Heather – Rady Children's	Martinez, Daisy – SD American Indian Health Cent.
Arnold, Holly – Family Health Cent. Of SD	McGee, Kimberly – CHIP
Benefield-Van Doren, Rosemary – Rachel's Hope	Mills, Lisa – Sharp Mesa Vista Hospital
Bickford, Mari – Rady Children's	Mohammed, Jama – United Women of East Africa
Bobbitt, Jaycie – Recovery International	Mora, Violeta – SDCOE
Carmona, Tiffany – Civilian Agency	Nemour, Heather – SDCOE
Celery, Brittany – SUHSD	Palomino, Yeni – CHIP
Covell, Ruth – UCSD	Park, Judi – SDYS
Cruz, Mary – Sharp Chula Vista Medical Center	Pearce, Kimberly – APS
Davis, Leah – Civilian Agency	Reinhardt, Jayne – HHSA – Central Region
Edison, David – County of San Diego	Richardson, Dana – CHIP
Fisher, Jean – Senior Advocate	Rodriguez, KellyAnne – HHSA
Garcia, Lisa – Recovery International	Sam, Ivan – SIHC
Glinski, Aniela – Rady Children's	Sedor, Margaret – Sweetwater School District
Greer, Jim – UMTR2ME	Sise, Beth – Scripps Health
Hartigan, Phyllis – Rady Children's	Skiljan, Carol – Yellow Ribbon Suicide Prevention
Heller, Rick – HSRC UCSD	Soltz, Elana – CHIP
Hernandez, Che – AFSP	Tabor, Kim – Stepping Higher
Hewitt, Veronica	Telaro, Oscar – BHS
Hicks, Cindy – Poway USD	Katherin, Torres – Kickstart
Holliday, Cynthia – Big Sister League	Van Doren, Hugh – Rachel's Hope
Huezo, Marthita – SDUSD	Vazquez, Jose – Vista Hill
Jacobo, Penny – County of SD APS	Whelan, Jennifer – CRF
Jami, Feroozan – Telecare Gateway to Recovery	Wilson, Whitney – JFS Patient Advocacy
Juachon, Beth – Dept. of Veterans Affairs	Woochuck, Julie – SIHC, Inc.
Kern, Jacob – Oasis Clubhouse	

Welcome/Introductions Beth Sise/Carol Skiljan

Beth welcomed the group to the Suicide Prevention Council meeting. Everyone went around and introduced themselves.

SPC Overview/Website Update Yeni L. Palomino

Yeni provided a brief history and overview of the San Diego County Suicide Prevention Council (SPC). The SPC website was also shared: www.spcsandiego.org. This will be our last SPC meeting at 211. Kimberly McGee was introduced as the new Program Assistant.

SPC Subcommittees Updates Yeni L. Palomino

Assessment + Evaluation (Beth Sise, Subcommittee Chair)

The subcommittee has been preparing for the Press Conference that will mark the reveal of the Suicide Prevention Action Plan Update. Once released, the committee will be looking for opportunities to share the Update with any partners or community members that are interested. At the last meeting, they made last minute changes to the Plan and it is now complete and ready to be rolled out on May 30th, 2018.

Faith Organization Outreach (CHIP staff, Dana Richardson)

There was a strong interfaith focus at the recent 7th Annual Faith Breakfast event. There were 102 people in attendance and the event received strong feedback and words of support and encouragement. The theme of the event, "Faith. Hope. Life.", was brought through well by the Keynote Speaker, Rev. Talitha Arnold of the United Church of Santa Fe and the Interfaith Respondent Panel.

Higher Education (CHIP staff, Yeni Palomino)

The group recently held a conference call to debrief after the Campus Plunge. There was an agreement to participate in another campus plunge soon, most likely this summer and to actively bring on board more campus partners. They are discussing adding more webinar-style conference calls to receive spotlight presentations to add to their meeting content.

Media (CHIP staff, Yeni Palomino)

The group has been planning the Press Conference Event that will be held on May 30, 2018 at the County Administration Center to release the newly updated Suicide Prevention Action Plan. The SPAP will be addressed more in depth at our Suicide Prevention Council Annual Stakeholders Meeting in June.

Spotlight Presentation – Civilian Agency Leah Davis / Tiffany Carmona

Civilian, previously known as AdEase, is a local marketing and advertising agency that has recently undergone a major rebranding thanks to the Up2Us and Know the Signs campaigns. Because of these wonderful projects, AdEase moved to exclusively work with social change markets. Their name was officially changed to Civilian in 2015 and although we are all very familiar with their work, we haven't always necessarily seen the team behind it. Leah and Tiffany would like to offer their teams services to any partner with the SPC including collaboration on Personal Stories, Workgroups, Work Studies, etc. Every marketing piece that they develop is positive and strength based with clear calls to action.

Suicide Prevention Subcommittee – San Diego, CA Yeni Palomino

Mental Health Services Oversight & Accountability Commission (MHSOAC) is leading an effort to develop a statewide suicide prevention plan that reduces suicide and suicide attempts, and improves outcomes for suicide attempt survivors and their families.

The MHSOAC Suicide Prevention Subcommittee is a subcommittee of commissioners that will hold community meetings throughout California over the next year to gather information and build a common understanding of the challenges and opportunities to preventing suicide.

Announcements Carol Skiljan/All

- Registration is open for new after abortion healing retreats at RachelsHope.org
- Southern Indian Health Council will be holding a Men's Wellness Fair on June 1
- All Tribes in Recovery Gathering on July 7, 10:00am-2:00pm
- Open beds for women with mental illness at bigsisterleague.org
- Job openings at Family Health Centers of San Diego can be found at http://www.fhcsd.org/support-administrative-staff/
- AB1436 Supported by AFSP in person ending with Official Letter of Support
- Suicide: The Ripple Effect Screening to be held at AMC Mission Valley on June 20. Registration can be found at https://gathr.us/screening/23305
- Nami North Coastal is taking names for Fall classes

Adjournments All

Next SPC Meeting

Tuesday, June 26, 2018, 9:00am-2:00pm @ SDCOE

(Register @ http://bit.ly/suicidepreventioncouncilASM2018)

Other Upcoming Meetings:

SPC Higher Education Subcommittee
Wednesday, July 11, 2018, 10:00am-11:00am
(To RSVP email kmcgee@sdchip.org)

SPC Media Subcommittee Meeting
Wednesday, May 23, 2018, 1:30pm-2:30pm
(To get meeting information email kmcgee@sdchip.org)

SPC A+E Subcommittee Meeting
Tuesday, June 12, 2018, 2:00pm-3:30pm
(To get meeting information email kmcgee@sdchip.org)

SPC Schools Collaborative (K-12) Subcommittee
Tuesday, May 29, 2018, 1:30-3:00pm
(To RSVP email kmcgee@sdchip.org)

SPC Faith Outreach Subcommittee
Wednesday, June 20, 2018, 11:00am-12:30pm
(To RSVP email kmcgee@sdchip.org)

SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines

SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE
www.sdchip.org/suicide-prevention-training.aspx
To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.

Upcoming Events and Dates of Interest:

San Diego County Suicide Prevention Council
Suicide Prevention Action Plan Update 2018 Release
Press Conference
Thursday, May 30, 2018, 9:00am-9:30am
San Diego County Administration Building
1600 Pacific Highway, San Diego, CA (Eastside)
(For more information: kmcgee@sdchip.org)
(Please RSVP at (http://bit.ly/SPAP2018PressEvent)

San Diego County Behavioral Health Advisory Board Meeting
Thursday June 7, 2018 at 2:30pm
San Diego County Administration Building
1600 Pacific Highway, San Diego, CA (Room 302/303)

3rd Mental Health Services Oversight and Accountability Commission (MHSOAC)
Suicide Prevention Subcommittee Meeting
Wednesday, June 13, 2018, 10:00am-2:00pm
5520 Overland Avenue, San Diego, CA 92123
Call In Information: 866-508-0938; Code: 1765491 (Listen-in Only)
Register here: https://www.surveymonkey.com/r/spsubcommittee061318

SPC Annual Stakeholders Meeting 2018
Tuesday, June 26, 2018, 9:00am-2:00pm
San Diego County Office of Education
6401 Linda Vista Road, (Comm Labs 1-4)
(For more information and to RSVP: kmcgee@sdchip.org)
(Please RSVP at (http://bit.ly/suicidepreventioncouncilASM2018)