

CHIP Sub-Committee: Outreach and Direct Services
Selective Suicide Prevention Strategies Discussion
March 28, 2011

Definition:

Selective strategies focus on at-risk groups that have a greater probability of becoming suicidal and aim to prevent the onset of suicidal behaviors among specific subpopulations. This level of prevention includes screening programs, gatekeeper training for “frontline” adult caregivers and peer “natural helpers,” support and skill building groups for at-risk groups in the population, and enhanced accessible crisis services and referral sources.¹

- 10:00-10:15 **Welcome & Introductions**
- + Overview of Planning Process
 - + Introductions
 - + Summary of Progress to Date
 - + Overview of Decision-Making Process
 - + Goals & Discussion Questions for the Day
 - + *What selective interventions or strategies should be included in a Suicide Prevention Action Plan for San Diego County? What priority areas would these interventions target?*
 - o *Overview of Selective Strategies identified during March 14th meeting*
- 10:15-11:15 **Brainstorming and Identification of Strategies/Recommendations (small group discussion: 6-8 people per group)**
- + *Group will be assigned one of the six priority areas from March 14th meeting to address the following:*
 - *What needs to happen at the system and organizational level to implement this suicide prevention strategy?*
 - + *What additional changes need to be made at the system or organizational level to successfully implement any selective interventions and reduce suicide rates?*
- 11:15-11:25 **Break**
- 11:25-11:50 **Prioritization Process (Large group discussion)**
- + Each group reports on their discussion from brainstorming
 - + Closing Discussion Questions
 - *What are the three system or organizational priorities that should be presented to the CHIP Suicide Prevention Action Plan Committee?*
- 11:50-12:00 **Review of Recommendations and Planning for Next Meeting**
- + April 5th – CHIP SPAP Committee meeting
 - + April 11th – Outreach and Direct Services Sub-Committee Meeting
 - + April 25th - Next Organizations and Systems Sub-Committee Meeting

¹ Committee on Pathophysiology & Prevention of Adolescent & Adult Suicide, Board on Neuroscience and Behavioral Health. *Reducing Suicide: A National Imperative*. Ed. SK Goldsmith, TC Pellmar, AM Kleinman, WE Bunney. Washington, D.C.: The National Academies Press: 2002.