San Diego County QPR Gatekeeper Certified Instructors

January 2012

**Goal:** Each QPR Gatekeeper Certified Instructor provide the QPR Gatekeeper Training to a minimum of 50 people (2 trainings/25 people each) by June 30, 2012.

**Materials required for each one-hour training:**

* 1 QPR booklet per attendee
* 1 local resource handout per attendee
* 1 evaluation per attendee
* 1 role play handout per attendee (optional)
* Flyer to advertise (optional)
* Other resources (optional)
* PowerPoint presentation

**Protocol:**

1. Schedule QPR Gatekeeper Training (max 30 attendees)
   1. Confirm location, date, time, number of attendees, and AV capabilities (projector, screen, laptop)
   2. Request description of audience (i.e., youth, older adults, military, etc..)
   3. Note: QPR advertising flyers available if needed
2. Email or call Beth Ruland with the training details
   1. location, date, time, number of attendees, audience description
   2. [bruland@sdchip.org](mailto:bruland@sdchip.org) or 858-609-7967
3. Arrive to training site 15-20 minutes early for set-up
   1. Set up PowerPoint
   2. Distribute QPR booklets, local resource handouts, evaluations, and other resources
4. Provide QPR Gatekeeper Training
5. Complete & collect QPR Gatekeeper Training Evaluations
6. Report total number of attendees, and return evaluations to CHIP within 10 days of training:
   1. Option 1: Mail or deliver to Community Health Improvement Partners; Attention Holly Salazar; 9370 Chesapeake Drive, Suite 220; San Diego, CA 92123
   2. Option 2: Email compiled results (QPR Evaluation Template) to: [hsalazar@sdchip.org](mailto:hsalazar@sdchip.org) or [bruland@sdchip.org](mailto:bruland@sdchip.org)

All resources are available at [www.sdchip.org/suicide-prevention-training.aspx](http://www.sdchip.org/suicide-prevention-training.aspx)