

Domain / Setting	Strategy/Intervention	Partner(s)
Government	<ul style="list-style-type: none"> • General Plan amendments to include health language • Complete Streets policy • Urban design/land use/zoning to encourage active transportation • Promote active and safe neighborhoods by developing a “recreation” master plan that would augment the City’s recently developed parks master plan • Improve/implement policies to support healthy food access (e.g., edible landscaping, urban agriculture policy, land banking policies) 	City of Chula Vista
Healthcare	<ul style="list-style-type: none"> • Breastfeeding strategies at 2 Federally Qualified Healthcare Centers <ul style="list-style-type: none"> ○ Clinician/staff capacity building training ○ Environmental changes ○ Lactation accommodation policy development 	San Ysidro Health Center Chula Vista Medical Plaza
Schools	<ul style="list-style-type: none"> • Sweetwater Union High School District <ul style="list-style-type: none"> ○ Full revision/strengthening of district wellness policy (using WELLSAT tool) • Chula Vista Elementary School District <ul style="list-style-type: none"> ○ Wellness policy amendments for preschools, farm to cafeteria • Both districts <ul style="list-style-type: none"> ○ Garden to cafeteria training & certification ○ Training for district food services staff re: food preparation ○ Procurement practice changes to include purchase of more produce ○ Continued participation in countywide Farm to School Taskforce 	Sweetwater Union HS District Chula Vista Elementary School District
Early Childcare	<ul style="list-style-type: none"> • Chula Vista Elementary School District preschools (approx. 11) <ul style="list-style-type: none"> ○ District wellness policy amendment addressing specific requirements for school-sited preschools (see above) • San Diego Family Child Care Association <ul style="list-style-type: none"> ○ Trainings to build the capacity of mentors and referral representatives on healthy food and physical activity environments ○ Implement Wellness Champion Program and institute priority referrals for qualified sites • YMCA Childcare Resource Services Childcare Initiative Project (existing program for new family child care providers who are going to be caring for infants and toddlers; required to complete 25 hours of training per year) <ul style="list-style-type: none"> ○ Incorporate training for providers on infant and toddler nutrition and physical activity into the program as a core element for graduation ○ Pilot for providers in the targeted areas 	Chula Vista Elementary School District YMCA Childcare Resource Service