**SAN DIEGO COUNTY SUICIDE PREVENTION COUNCIL (SPC) MEETING - AGENDA**
**Tuesday, March 27, 2018 10:00 am – 11:30 am**

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**Our Mission: To prevent suicide and its devastating consequences in San Diego County**

**Our Vision: Zero Suicides in San Diego County**

1. Welcome/Introductions 10:00am Beth Sise/Carol Skiljan

2. SPC Overview/Website Update 10:10am Yeni L. Palomino

3. SPC Subcommittees Updates 10:15am Yeni L. Palomino
   - a. School Collaborative K-12 (Judi Park, Subcommittee Chair)
   - b. Assessment + Evaluation (Beth Sise, Subcommittee Chair)
   - c. Faith Organization Outreach (CHIP staff, Lora Cayanan)
   - d. Higher Education (CHIP staff, Lora Cayanan)
   - e. Media (Stan Collins, Subcommittee Chair)

4. Suicide Prevention Updates 10:30am Yeni L. Palomino
   - a. SPAP Update: Implementation Planning Meetings 2018 Completed
   - b. AAP News-Treating depression in youths: AAP endorses updated GLAD-PC guidelines
   - c. Caltrans releases Draft of the Coronado Bridge Physical Suicide Deterrent System Feasibility Study

5. SPC Media Plans Presentation 10:40am Stan P. Collins

6. Spotlight Presentation- 11:00am Jama Mohammed
   - a. United Women of East Africa
   - b. Jama Mohammed, Program Manager

7. Announcements 11:25am Carol Skiljan/All

8. Adjournment 11:30am All

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**Next SPC Meeting**
**Tuesday, April 24, 2018, 10:00am-11:30am**
(Email: Lora Cayanan to RSVP lcayanan@sdchip.org)
**Other Upcoming Meetings:**

SPC Higher Education Subcommittee  
Campus Plunge  
Friday, April 20, 2018, 9:00am-12:00pm  
(To RSVP email lcayanan@sdchip.org)

SPC Media Subcommittee Meeting  
Monday, April 9, 2018, 2:00pm-3:30pm  
(To get meeting information email lcayanan@sdchip.org)

SPC A+E Subcommittee Meeting  
Wednesday, April 25, 2018, 10:30am-12:00pm  
(To get meeting information email lcayanan@sdchip.org)

SPC Schools Collaborative (K-12) Subcommittee  
Thursday, April 26, 2018, 1:30-3:00pm  
(To RSVP email lcayanan@sdchip.org)

SPC Faith Outreach Subcommittee  
Wednesday, April 18, 2018, 11:00am-12:30pm  
(To RSVP email lcayanan@sdchip.org)

**SPC Tools:**  
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch  
SPC Flyer; SPAP & SPC Standard Presentation;  
San Diego County Responsible Reporting on Suicide Guidelines  
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities  
www.spcsandiego.org

**Suicide Prevention Action Plan**  
www.up2sd.org/find-help/resources/suicide-prevention-and-support  
www.sdchip.org/committee/publications.aspx

**Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention**  
**FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE**  
www.sdchip.org/suicide-prevention-training.aspx

*To schedule training(s):* Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.
Upcoming Events and Dates of Interest:

Special Screening – “Suicide: The Ripple Effect”
March 28, 2018, 7:30pm
Mira Mesa Stadium 17 & IMAX & RPX (10733 Westview Parkway San Diego, CA)
(Reserve tickets at https://gathr.us/screening/22731)
(For more info contact: Jan DelRey – jan@jandelrey.com)

11th Annual Survivors of Suicide Loss Day: “Hope Springs: Planting Seeds of Hope”
Saturday, April 7, 2018, 10:00am-2:30pm
The Rock Church (2277 Rosecrans St, San Diego, CA 92106)
(For more information call 619-752-4056 or email info@soslsd.org)
(To register: https://www.soslsd.org/get-involved/sosl-day/)

American Association of Suicidology 51st Annual Conference
Integrating Science, Experience and Political Will: Informed Action to Prevent Suicide
Wednesday, April 18-21, 2018
Hyatt Capitol Hill, Washington, D.C.
(For more information: http://www.suicidology.org/Annual-Conference/51st-Annual-Conference)

NAMI Walk
Saturday, April 28, 2018, 8:00am-12:00pm
NTC Park at Liberty Station
(For more information email: walk@namisd.org or go to https://www.namiwalks.org/index.cfm?fuseaction=donorDrive.event&eventID=698)

4th Annual Children’s Mental Health Well-Being Celebration “Partnering for Health and Hope Following Trauma”
Wednesday, May 2, 2018. 4:30pm-6:30pm
Azalea Recreation Center (2596 Violet St, San Diego, CA 92105)
(For more information contact a Children, Youth & Family Liaison at (858) 987-2980)

SPC 7th Annual Faith Breakfast 2018
Thursday, May 17, 2018, 8:30am-12:00pm
6401 Linda Vista Rd, San Diego, CA 92111 (Comm Labs 1-4)
(For more information: lcayanan@sdchip.org)

Changing Minds-Minders Matter: South County Behavioral Health Resource Fair
Saturday, May 19, 2018, 9:00am-2:00pm
Chula Vista High School (820 4th Avenue, CV, 91911)
(For more information: http://www.sharp.com/changingminds
Deadline to Sponsor is May 1, 2018; mary.cruz@sharp.com; 619-502-3244