Our Mission: To prevent suicide and its devastating consequences in San Diego County
Our Vision: Zero Suicides in San Diego County

1. Welcome/Introductions 10:00am Beth Sise/Carol Skiljan

2. SPC Overview/Updates 10:10am Yeni L. Palomino
   a. Implementation + Evaluation Meetings Update
   b. Selective Strategies
   c. SPC Staff Update

3. SPC Subcommittees Updates 10:25am Yeni L. Palomino
   a. Faith Organization Outreach (Lora Cayanan, SPC/CHIP Staff)
   b. Higher Education (Lora Cayanan, SPC/CHIP Staff)
   c. Media/A+E/School Collaborative (Stan Collins, Media Chair)

4. Upcoming Events 10:35am All
   a. Suicide Prevention/Mental Health Events
   b. Suicide Prevention Month Activities

5. Suicide Prevention Month Toolkit Presentation 10:45am Jana Sczersputowski

6. Spotlight Presentation- 11:00am Sebastian Slovin
   a. Nature Unplugged and “Ashes in the Ocean”
   b. Sebastian Slovin, Co-Founder and Author

7. Announcements 11:25am Carol Skiljan/All

8. Adjournment 11:30am All

Next SPC Meeting
Tuesday, September 25, 2018, 10:00am-11:30am
@ American Red Cross
(Email: Kim McGee to RSVP kmcgee@sdchip.org)
Upcoming Subcommittee Meetings:

SPC JOINT Media/A+E/School Collaborative Subcommittee Meeting
Wednesday, August 29, 2018, 1:30pm-3:00pm
Conference Call
(To RSVP email kmcgee@sdchip.org)

SPC Higher Education Subcommittee
Wednesday, September 5, 2018, 10:00am-11:00am
Conference Call
(To RSVP email kmcgee@sdchip.org)

SPC JOINT Media/A+E/School Collaborative Subcommittee Meeting
Wednesday, September 12, 2018, 1:30pm-3:00pm
American Red Cross
(To RSVP email kmcgee@sdchip.org)

SPC Faith Outreach Subcommittee
Wednesday, September 19, 2018, 11:00am-12:30pm
(To RSVP email kmcgee@sdchip.org)

SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

NEW: Suicide Prevention Action Plan Update 2018
www.up2sd.org/find-help/resources/suicide-prevention-and-support
http://www.sdchip.org/initiatives/suicide-prevention-council/action-plan/

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE
www.sdchip.org/suicide-prevention-training.aspx
To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.
Upcoming Events and Dates of Interest:

Every Brilliant Thing
Runs August 22 – September 16, 2018
Stage Chat – September 8, 2018
Cygnet Theatre
4040 Twiggs St. San Diego, CA 92110

2018 VA Community Mental Health Summit
Thursday, September 6, 2018
9:00am-4:30pm
Jacobs Center
404 Euclid Ave, San Diego, CA 92114
For more information: Yuliana E. Gallegos Rodriguez at Yuliana.Gallegos-Rodriguez@va.gov or (619) 228-8009

San Diego County Behavioral Health Advisory Board Meeting
Thursday September 6, 2018 at 2:30pm
San Diego County Administration Building
1600 Pacific Highway, San Diego, CA (Room 302/303)

Mental Health Services Oversight and Accountability Commission (MHSOAC)
Suicide Prevention Subcommittee Meeting
Friday September 7, 2018 at 9:00am-12:00pm
Fresno

San Diego County Suicide Prevention Council
SPC Report to the Community Press Conference 2018
Thursday September 13, 2018 at 9:00am-10:00am
San Diego County Administration Building
1600 Pacific Highway, San Diego, CA (Room 302/303)
For more information: Kimberly McGee at kmcgee@sdchip.org or 858-609-7976

SOSL 3rd Annual Ride for Life
Saturday, September 15, 2018
9:00am-3:30pm
El Cajon Harley-Davidson
621 El Cajon Boulevard El Cajon, CA 92020
For more information: https://www.eventbrite.com/e/3rd-annual-ride-for-life-tickets-45602846341?aff=ebdssbdestsearch

2018 Recovery Happens Celebration & Picnic
Saturday, September 15, 2018
10:00am-1:00pm
Liberty Station NTC Park
2455 Cushing Road, San Diego, CA 92106
For more information: http://www.sandiego.networkofcare.org/mh/content.aspx?cid=792
Youth Mental Health First Aid Training for Faith Leaders  
**Friday September 28, 2018 at 9:00am-4:00pm**  
San Diego County Office of Education  
6401 Linda Vista Rd, San Diego CA 92111 (Annex C)  
For Information: kmcgee@sdchip.org

**Live Well Advance: Connecting the Unconnected to Live Well**  
**Tuesday, October 2, 2018**  
9:00am-4:45pm  
Marriott Marquis San Diego Marina  
333 West Harbor Drive, San Diego, CA 92101  
For more information: [http://www.livewellsd.org/content/livewell/home/news-events/advance.html](http://www.livewellsd.org/content/livewell/home/news-events/advance.html)

**Check Your Mood Event**  
**Thursday October 11, 2018**  
San Diego County  
For more information: [www.LiveWellSD.org/CheckYourMood](http://www.livewellsd.org/content/livewell/home/news-events/advance.html)

**15th Annual NAMI San Diego Color Ball**  
**Thursday, October 11, 2018**  
5:30pm-9:30pm  
San Diego Natural Museum  
1788 El Prado, San Diego, CA 92101  
For more information: [https://namisandiego.org/2018-colorball/](https://namisandiego.org/2018-colorball/)

**2018 CAHM Forum: From Hopelessness to Hope & Healing**  
**Saturday, October 13, 2018**  
8:30am-3:30pm  
CSU San Marcos  
103 Campus Drive San Marcos, CA 92078  

**Meeting of the Minds Conference and Resource Fair**  
**Wednesday, October 24, 2018**  
7:30am-4:30pm  
Marina Village  
1936 Quivira Way San Diego, CA 92109  
SPC Suicide Prevention Action Plan Update 2018
Implementation + Evaluation Planning Meeting
Community Programming Strategy
Thursday, October 25, 2018, 1:30pm-4:30pm
Elijah’s Restaurant
7061 Clairemont Mesa Blvd. San Diego, CA 92111
*Light refreshments and Spanish interpretation provided*
(For more information: lcayanan@sdchip.org or 858-609-7971)

AFSP Out of the Darkness Walk 2018
Saturday October 27, 2018
8:00am-12:00pm
NTC Liberty Station (2455 Cushing Rd, SD 92106)
For more information: afsp.org/sandiegowalk
Che Hernandez, Walk Co-Chair sandiego@afsp.org AND
Danielle McGonigle, Walk Co-Chair danielle.afsp@gmail.com

SOSL in Remembrance with Hope Walk 2018
Sunday November 11, 2018
8:00am-12:00pm
Balboa Park (6th and Laurel)
For more information:
Joyce Bruggeman at Joyce@SOSLsd.org or 619-752-4055