Our Mission: To prevent suicide and its devastating consequences in San Diego County
Our Vision: Zero Suicides in San Diego County

Welcome/Introductions
Yeni welcomed everyone to February’s SPC meeting. Everyone went around and introduced themselves.

SPC Overview/Website Update
Yeni L. Palomino

Welcome/Introductions
Carol Skiljan
Yeni welcomed everyone to February’s SPC meeting. Everyone went around and introduced themselves.

SPC Overview/Website Update
Yeni L. Palomino
Yeni shared the background of the Suicide Prevention Council and its history and mission. It started as a work group in 1999, then in April 2010, the action plan was created and in 2011, the formal creation of the SPC. For more information and resources you can visit the website: www.spcsandiego.org.

**SPC Subcommittees Updates**

*School Collaborative (Judi Park, Subcommittee Chair)*
Judi shared that the subcommittee is working on the 2018 Report to the Community. This year’s report will focus on schools. The subcommittee will be contributing narratives which include features on the San Diego Youth Services HERE Now Program, the rollout of AB 2246, and the “What I Wish My Parents Knew” event in San Diego.

*A+E (Yeni L. Palomino, CHIP Staff)*
The subcommittee reviewed the SPAP Strategy Implementation Plans from. The group is also gathering data and information for the 2018 Report Card.

*Media (Yeni L. Palomino, CHIP Staff)*
The subcommittee reviewed the SPAP Strategy Implementation Plan for the Media & Communications Campaign strategy. Subcommittee members provided their feedback, which will be included on the final draft of the plan. The group also reviewed the Media Engagement Plan and Media Response Team components.

*Faith (Lora Cayanan, CHIP Staff)*
The subcommittee reviewed the SPAP Strategy Implementation Plan for the Media & Communications Campaign and Integrate & Coordinate Activities strategies. The group provided the their feedback to include on the final drafts. The group is also planning for the upcoming Faith Breakfast, which will be on Thursday, May 17, 2018 at the SDCOE. The theme of this year will be “Faith. Hope. Life.” The keynote address will be on interfaith approaches to suicide prevention. Following the keynote, will be an interfaith respondent panel with individuals representing the Muslim, Jewish, and Christian communities. The registration site will go live soon. The group also received a presentation from Rachel’s Hope a faith-based organization supporting women who have had abortions.

*Higher Education (Lora Cayanan, CHIP Staff)*
The group is planning the upcoming Campus Plunge event, which will be on April 20, 2018 at San Diego City College. The subcommittee is interested in learning more about the different peer educator programs and their successes. The group also received an update from HHSA regarding Check Your Mood screenings. These are available year round and Community Health Promotion Specialists are able to help set these opportunities at the different campuses.

**Suicide Prevention Updates**

*Yeni L. Palomino*

**Suicide Prevention Action Plan**
It was shared that Dana will be presenting the Suicide Prevention Action Plan (SPAP) update at the upcoming Behavioral Health Advisory Board (BHAB) meeting. SPC partners are welcome to attend the meeting. The final SPAP Strategy Implementation meeting for the fiscal year will be on Outreach for Coping & Connectedness. This will be on Thursday, March 15, 2018 at the Jacobs Center.
The previous strategy implementation meetings were reviewed. The meetings were well attended by both SPC members and non-members, representing all sectors.

Subcommittees recently reviewed the draft strategy implementation plans for the Media & Communications Campaign and Integrate & Coordinate Activities strategies. From this the SPC Evaluation Consultants will be developing evaluation plans and logic models.

**VA’s Make the Connection Campaign**

Joe Brantlinger

View website here: [https://maketheconnection.net/](https://maketheconnection.net/)

Joe Brantlinger shared that the Make the Connections Campaign is a free public website that features more than 600 videos of veterans and their loved ones speaking about their experiences with suicide, mental illness, and their lives during and after their service. Videos can be filtered by service branch, gender, service era, and exposure to combat and stories meeting the specified criteria will pop up. The website also has information on life events & experiences, signs & symptoms, conditions, and resources. Joe and his team are currently promoting this resource around the country. SPC members were encouraged to share this resource widely.

**Spotlight Presentation Psychiatric Emergency Response Team (PERT)**

Kim Bozart

Kim Bozart is a supervisor with the Psychiatric Emergency Response Team (PERT) a division of Community Research Foundation. PERT is a County funded program and has been in existence for twenty years. Currently, there are 49 PERT clinicians located throughout San Diego. All clinicians are licensed professionals. PERT clinicians partner with law enforcement to attend mental health related emergency calls. PERT clinicians can be accessed through the 911 system or non-emergency phone numbers.

**Announcements**

- The SPC Trainers Mixer was held last week. QPR Instructors are now certified through the next 3 years. SPC members were encouraged to attend/host QPR trainings.
- Mary Cruz shared that Sharp Chula Vista will be hosting their 3rd Annual Mental Health Resource Fair, which will be on May 19th at Chula Vista High School. Rather than breakouts, presentations will be available to all. The group is currently looking for translation equipment to aid Spanish speakers.
- March 31, 2018 is Stop the Bleed Awareness Day at Scripps Memorial La Jolla. There will be a film screening on active shooter awareness.
- Lisa Mills shared that on Tuesday, March 13th, Sharp Mesa Vista Hospital will have an open house highlighting their Child Adolescent Unit/
- Joyce Bruggeman shared that Survivors of Suicide Loss (SOSL) Day will be on April 7th. There will be specific breakout groups military/veterans and for mental health professionals among others.
- Kim Bozart shared that SOSL is hosting a film screening on Wednesday, March 28th at Edwards Cinema. The screening will be on “Suicide the Ripple Effect” with Kevin Hines. This is also a fundraiser event for SOSL.
- Lisa Garcia of Recovery International that they are collaborating with St. Didacus. She also shared that Recovery International has a new office space.
- Daniela Murphy from Grossmont College shared about the Foster, Adoptive & Kinship Care Education Program. Her program supports foster and adoptive parents. They have hosted a series of QPR presentations recently and are looking to provide additional trainings as well.
Next SPC Meeting
Tuesday, March 27, 2018, 10:00am-11:30am
(Email: Julius Alejandro to RSVP jalejandro@sdchip.org)

Other Upcoming Meetings:

SPC Higher Education Subcommittee
Wednesday, March 7, 2018, 10:00am-11:00am
Closed Conference Call
(To RSVP email jalejandro@sdchip.org)

SPC Media Subcommittee Meeting
Monday, March 12, 2018, 2:00pm-3:30pm
(To get meeting information email jalejandro@sdchip.org)

SPC A+E Subcommittee Meeting
TBD
To provide your availability please complete the following doodle links
March: https://doodle.com/poll/inmnybhr9zk6k9nf
April: https://doodle.com/poll/huxf22u952w99tii
May: https://doodle.com/poll/rmk3xz2g8f2x68d3
(To get meeting information email jalejandro@sdchip.org)

SPC Schools Collaborative (K-12) Subcommittee
OPEN Meeting
Tuesday, March 13, 2018, 10:30am-12:00pm
(To RSVP email jalejandro@sdchip.org)

SPC Faith Outreach Subcommittee
Wednesday, March 21, 2018, 11:00am-12:30pm
(To RSVP email jalejandro@sdchip.org)

SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx
Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention

**FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE**
www.sdchip.org/suicide-prevention-training.aspx

To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.

**Upcoming Events and Dates of Interest:**

**Directing Change Submission Deadline**
Thursday, March 1, 2018, 12:00am
(For more information email: Shanti@DirectingChange.org or visit www.directingchange.org)

**Princesa Adelante Presents: Secretos Que Se Cuentan Testimonies de Ponder**
Thursday, March 1, 2018, 5:30pm-8:00pm
Chula Vista Public Library (365 F Street, CV)
(For more information email: princesaadelanteoficial@gmail.com Or RSVP at http://bit.ly/2F1VxZw)

**SPAP Update: Coping & Connectedness Strategy Implementation Meeting**
Thursday, March 15, 2018, 4:30pm-6:30pm
Jacobs Community Room (404 Euclid, SD)
(For more information: lcayanan@sdchip.org) (To RSVP: http://bit.ly/2oOkEc6)

**11th Annual Survivors of Suicide Loss Day: “Hope Springs: Planting Seeds of Hope”**
Saturday, April 7, 2018, 10:00am-2:30pm
The Rock Church (404 Euclid, SD)
(For more information call 619-752-4056 or email info@soslsd.org) (To register: https://www.soslsd.org/get-involved/sosl-day/)

**NAMI Walk**
Saturday, April 28, 2018, 8:00am-12:00pm
NTC Park at Liberty Station
(For more information email: walk@namisd.org or go to https://www.namiwalks.org/index.cfm?fuseaction=donorDrive.event&eventID=698)

**Changing Minds-Minders Matter: South County Behavioral Health Resource Fair**
Saturday, May 19, 2018, 9:00am-2:00pm
Chula Vista High School (820 4th Avenue, CV, 91911)
(For more information: http://www.sharp.com/changingminds) Deadline to Sponsor is May 1, 2018; mary.cruz@sharp.com; 619-502-3244