Welcome/Introductions
Beth Sise/Carol Skiljan
Beth welcomed the group to the Suicide Prevention Council meeting. Everyone went around and introduced themselves.
SPC Overview/Website Update
Yeni L. Palomino
Yeni provided a brief history and overview of the San Diego County Suicide Prevention Council (SPC). The SPC website was also shared: www.spcsandiego.org, which features archived meeting information, resources, and calendared events.

SPC Subcommittees Updates
Yeni L. Palomino

School Collaborative K-12 (Judi Park, Subcommittee Chair)
The subcommittee is continuing their work on the Suicide Prevention Support flyer, which will be distributed to school-based partners once finalized. The group also discussed the American Association of Pediatrics recommendations on depression screenings. Additionally, the subcommittee is still working on the narratives for the SPC Report the Community. Lastly, there is a potential opportunity to collaborative with King Chavez for a suicide prevention event.

Assessment + Evaluation (Beth Sise, Subcommittee Chair)
Beth shared the group is currently working on the 2018 SPC Report to the Community. The group will be collaborating with the Media Subcommittee in the summer to plan the annual press conference event to release the report. The group will be meeting at the end of April to review the SPC Evaluation Plan.

Faith Organization Outreach (CHIP staff, Lora Cayanan)
Lora provided an update of the upcoming 7th Annual Faith Breakfast which will be on Thursday, May 17th. Registration has reached capacity. The subcommittee met to continue planning for the event. This year’s event will focus on an interfaith message delivered by Rev. Talitha Arnold of the United Church of Santa Fe and the Action Alliance for Suicide Prevention. There will also be an interfaith respondent panel with representatives of different faith denominations. Attendees will also take part two interactive table discussions as well.

Higher Education (CHIP staff, Lora Cayanan)
The group recently met at the annual Campus Plunge event at San Diego City College (SDCC). Student representatives from UCSD presented on their Wellness Peer Educator program and their services. SDCC College also shared the local Directing Change winners. The group also discussed potential collaboration opportunities to take part in moving forward. The event ended with a tour of the SDCC mental health counseling center facilities.

Media (Stan Collins, Subcommittee Chair)
The subcommittee was recently tasked to plan a press conference event for the release of the Suicide Prevention Action Plan (SPAP) 2018 Update. The event will be at the end of May at the County Administration Center. More information will be sent once available.

Spotlight Presentation - MHS School Based Program
Jessica Holzer
Jessica Holzer, LMFT is the Program Manager of Mental Health Systems (MHS) School Based Program. MHS School Based Program provides mental health services to students at eleven schools in the San Diego Unified School District. The program offers individual and family therapy, case management, community resource referrals, and bilingual services. Participants of the program must be students at one of their eleven schools (5-18 years old) who are MediCal or MHSA eligible (without insurance). The group utilizes the Columbia Suicide The group utilizes the Columbia Suicide Severity Rating Scale (C-SSRS) and also trains their staff in QPR.

SPC Evaluation Update Presentation
Edith Wilson
Edith Wilson of UCSD Health Services Research Center (HSRC) presented on the updated SPC Evaluation efforts. The group has collaborated with the SPC Strategic Planner to create evaluation plans for the different strategies addressed at this year’s implementation meetings. They have developed evaluation logic models and grids to determine short-term, intermediate, and long-term outcomes. More information will be presented to the Assessment & Evaluation subcommittee group and stakeholders are welcomed to attend the upcoming meeting.

Announcements

- Lisa Garcia of Recovery International shared that she has been working with the Mental Health Ministries of the Catholic Diocese to provide workshops.
- Sebastian Slovin shared that he recently wrote a book, “Ashes in the Ocean,” addressing his suicide loss. He is also welcoming any speaking opportunities.
- The Central Library will be having a Mental Health Fair on 5/23.
- The NAMI Walk will be on 4/28.
- Julia Griffith Boyd of UCSD Community Psychiatry is seeking mental health providers/speakers to take part in their student event on 5/20.
- Julie Woochuk shared that there will be a Women’s Health & Wellness Fair on 5/17, their Spring Gathering on 5/18, and the first annual Men’s Wellness Fair on 6/1.
- Oscar Telaro of the County of San Diego BHS shared about Mental Health Awareness Month and their Each Mind Matters resources. There will be a BHS calendar of events sent out with all the Mental Health Month activities.

Adjournments

Next SPC Meeting

Tuesday, May 22, 2018, 10:00am-11:30am @ 211 San Diego
(Email: Lora Cayanan to RSVP lcayanan@sdchip.org)

Other Upcoming Meetings:

SPC Higher Education Subcommittee
Wednesday, May 2, 2018, 10:00am-11:00am
(To RSVP email lcayanan@sdchip.org)

SPC Media Subcommittee Meeting
Monday, May 14, 2018, 2:00pm-3:30pm
(To get meeting information email lcayanan@sdchip.org)

SPC A+E Subcommittee Meeting
Wednesday, April 25, 2018, 10:30am-12:00pm
(To get meeting information email lcayanan@sdchip.org)
SPC Schools Collaborative (K-12) Subcommittee  
Thursday, April 26, 2018, 1:30-3:00pm  
(To RSVP email lcayanan@sdchip.org)

SPC Faith Outreach Subcommittee  
Wednesday, May 16, 2018, 11:00am-12:30pm  
(To RSVP email lcayanan@sdchip.org)

SPC Tools:  
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch  
SPC Flyer; SPAP & SPC Standard Presentation;  
San Diego County Responsible Reporting on Suicide Guidelines  
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities  
www.spcsandiego.org

Suicide Prevention Action Plan  
www.up2sd.org/find-help/resources/suicide-prevention-and-support  
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention  
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE  
www.sdchip.org/suicide-prevention-training.aspx

To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.

Upcoming Events and Dates of Interest:

NAMI Walk  
Saturday, April 28, 2018, 8:00am-12:00pm  
NTC Park at Liberty Station  
(For more information email: walk@namisd.org or go to https://www.namiwalks.org/index.cfm?fuseaction=donorDrive.event&eventID=698 )

4th Annual Children’s Mental Health Well-Being Celebration “Partnering for Health and Hope Following Trauma”  
Wednesday, May 2, 2018. 4:30pm-6:30pm  
Azalea Recreation Center (2596 Violet St, San Diego, CA 92105)  
(For more information contact a Children, Youth & Family Liaison at (858) 987-2980)

SPC 7th Annual Faith Breakfast 2018
Thursday, May 17, 2018, 8:30am-12:00pm
6401 Linda Vista Rd, San Diego, CA 92111 (Comm Labs 1-4)
(For more information: lcayanan@sdchip.org)

Changing Minds-Minders Matter: South County Behavioral Health Resource Fair
Saturday, May 19, 2018, 9:00am-2:00pm
Chula Vista High School (820 4th Avenue, CV, 91911)
(For more information: http://www.sharp.com/changingminds)
Deadline to Sponsor is May 1, 2018; mary.cruz@sharp.com; 619-502-3244