Welcome/Introductions
Beth Sise
Beth welcomed the group to the Suicide Prevention Council meeting. Everyone went around and introduced themselves.

SPC Overview/Website Update
Dana Richardson
Dana provided a brief history and overview of the San Diego County Suicide Prevention Council (SPC). The SPC website was also shared: www.spcsandiego.org.

The Suicide Prevention Action Plan has been recently updated utilizing information from 24 focus groups. The Plan was finalized and presented at the Annual Stakeholders Meeting. Implementation and Evaluation Planning
meetings focused on Means Reduction and Frontline & Gatekeeper Training strategies have already been hosted earlier in August. The Community Programming focused meeting will be held in late October. It will focus mainly on peer-to-peer, faith, and school partnerships to gather ideas on how we can improve our collaboration in the community.

SPC Subcommittees Updates

Assessment + Evaluation, Media, and Schools (K-12) Collaborative (CHIP staff, Stan Collins)
The A+E, Media, and Schools Collaborative held a press conference on September 13, 2018 to release the 2018 Annual Report to the Community. The press conference was held at the County Administration building from 9:00am-10:00am and was well attended by both the community and press. Dana and Stan continued to field interview calls well into the afternoon. Media coverage included KUSI, County News Center, CBS 8, KPBS, Channel 10, Fox 5, and Times of San Diego. The County also shared the entire conference via Facebook Live.

Faith Organization Outreach (CHIP staff, Lora Cayanan)
The first Youth Mental Health First Aid Training for Faith Leaders that was created as a direct offshoot of the Annual Faith Breakfast will be held on September 28, 2018 from 9:00am-4:00pm and is officially sold out. The subcommittee will be looking to repeat this opportunity due to high interest. This subcommittee is also currently has an open role for chair or co-chair. Partners were asked to consider the position and take it back to their organizations as well as invited to discuss further via email with Lora Cayanan or Dana Richardson at a later time, if necessary.

Higher Education (CHIP staff, Lora Cayanan)
This subcommittee has begun planning their Out of the Darkness Walk Event where all of the Higher Ed participants come together at the Walks Resource Fair to connect and discuss different outreach events held at their schools. The subcommittee also began discussing possible topics to be addressed in the new webinar style meetings that will begin in 2019 as well as the long list of activities the various campuses had planned for suicide prevention awareness month.

SPAP Update 2018

Partners were given a list of the 9 strategies taken from the 2018 Suicide Prevention Action Plan Update and asked to list their names, organization, and email address under each strategy that describes a project or program that they are currently taking part in. Strategies included the following:

- Integrate & Coordinate Activities
- Media & Communication Campaigns
- Outreach for Coping & Connectedness
- Community Programming
- Means Reduction
- Frontline & Gatekeeper Training
- Healthcare Coordination & Capacity
- Clinical Assessment & Treatment
- Postvention Services

Spotlight Presentation – American Foundation for Suicide Prevention

The grassroots work AFSP - San Diego does focuses on eliminating the loss of life from suicide by: delivering innovative prevention programs, educating the public about risk factors and warning signs, raising funds for suicide research and programs, and reaching out to those individuals who have lost someone to suicide.
As a part of AFSP’s growing nationwide network of chapters, they bring together people from all backgrounds who want to prevent suicide in our communities. Families and friends who have lost someone to suicide, vulnerable individuals, mental health professionals, clergy, educators, students, community/business leaders, and many others energize this chapter.

Announcements

- Youth Mental Health First Aid Training for Faith Leaders
  - Friday, September 28, 2018 from 9:00am-4:00pm
- Live Well Advance: Connecting the Unconnected to Live Well
  - Tuesday, October 2, 2018 from 9:00am-4:45pm
- Check Your Mood
  - Thursday, October 11, 2018
- 15th Annual NAMI San Diego Color Ball
  - Thursday, October 11, 2018 from 5:30pm-9:30pm
- 2018 CAHM Forum: From Hopelessness to Hope & Healing
  - Saturday, October 13, 2018 from 8:30am-3:30pm
- Meeting of the Minds Conference & Resource Fair
  - Wednesday, October 24, 2018 from 7:30am-4:30pm
- SPC Suicide Prevention Action Plan Update 2018 Implementation + Evaluation Planning Meeting: Community Programming Strategy
  - Thursday, October 25, 2018 from 1:30pm-4:30pm
- AFSP Out of the Darkness Walk
  - Saturday, October 27, 2018 from 8:00am-12:00pm
- Prescription Drug Take Back Day
  - Saturday, October 27, 2018
- SOSL Walk in Remembrance with Hope
  - Sunday, November 11, 2018 from 8:00am-12:00pm

Adjournments

Next SPC Meeting

Tuesday, October 23, 2018, 10:00am-11:30pm
American Red Cross (3950 Calle Fortunada San Diego, CA 92123)
To RSVP, please contact Kimberly McGee at kmcgee@sdchip.org

Other Upcoming Meetings:

SPC Higher Education Subcommittee
Wednesday, October 10, 10:00am-11:00am
(To RSVP email kmcgee@sdchip.org)

SPC Media Subcommittee Meeting
Monday, October 15, 2:00pm-3:00pm
(To get meeting information email kmcgee@sdchip.org)

SPC A+E Subcommittee Meeting
Monday, October 1, 10:30am-12:00pm
(To get meeting information email kmcgee@sdchip.org)

SPC Schools Collaborative (K-12) Subcommittee
Tuesday, November 13, 1:30pm-3:00pm
(To RSVP email kmcgee@sdchip.org)

SPC Faith Outreach Subcommittee
Wednesday, October 17, 2018, 11:00am-12:30pm
(To RSVP email kmcgee@sdchip.org)

SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention
FREE 1 HOUR TRAINING JUST TO SCHEDULE
www.sdchip.org/suicide-prevention-training.aspx
To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.

Upcoming Events and Dates of Interest:

San Diego County Suicide Prevention Council
Community Programming Strategy Implementation Planning Meeting
Thursday, October 25, 2018, 2:00pm-5:00pm
Location: Elijahs Restaurant
7061 Clairemont Mesa Blvd, San Diego, CA 92111