SAN DIEGO COUNTY SUICIDE PREVENTION COUNCIL (SPC)
MEETING - Minutes
Tuesday, February 28, 2017
10:00 am – 11:30 am

Our Vision: Zero Suicides in San Diego County
Our Mission: To prevent suicide and its devastating consequences in San Diego County
Welcome/Introductions
Beth welcomed everyone to the monthly SPC meeting. Everyone went around the room and introduced themselves. Yeni informed everyone that it will be a short agenda due to the focus group afterwards. She then gave a background of the Suicide Prevention Action Plan.

SPC Overview/Website Update
Yeni provided a brief overview of the SPC and SPC website. A community engagement plan was created with 20 focus groups scheduled. The focus groups target at-risk populations and stakeholders to provide input to update the Suicide Prevention Action Plan. There will be a survey link for those that cannot attend a focus group. SPC staff and SPC members will attend all the focus groups with the consultants, Nash + Associates.

SPC Subcommittees Updates
Faith Organizing Outreach (Lora Cayanan)
The sixth annual Faith Breakfast will be on Friday, May 19, 2017 from 9am to 12pm. The location will be at the Emmanuel Faith Community Church, specifically at their gym which won’t restrict how many people can attend. Will be meeting with Mary Ferro, Interfaith Community Services.

School Collaborative K-12 (Yeni L. Palomino)
“Inclusion through Kindness and Compassion” is a one-day summit supporting our LGBTQ youth. It will be held on Friday, April 28, 2017 from 8am-4pm at the Marina Village Conference Center. There will be a small resource fair and the subcommittee will reach out to nine organizations to table at the event.

Assessment and Evaluation (Beth Sise)
Beth met with both Joann and Valerie to discuss the framework and plan for updating Suicide Prevention Action Plan. In September will be the press conference that will present the SPC Report to the Community. A possible theme is “News You Can Use” on appropriate and helpful information on suicide prevention the public can use. The next meeting will be Monday, March 6.

Media (Stan Collins)
Stan developed the first drafts of the Media Engagement Plan and Media Response Plan. The Media Engagement Plan will schedule one-on-one meetings with different media outlets in the fall. The Media Response Plan addresses suicide coverage in the news and asks that subcommittee members proactively reach out to the news outlets to acknowledge or educate on responsible reporting. The vision is to expand the role of the subcommittee to marketing and outreach. The next meeting will be Monday, March 13.

Higher Education (Lora Cayanan)
Planning annual Campus Plunge event, which will be held in Miramar College this Friday, March 3. During the Campus Plunge, there will be a portion for the consultants to conduct a focus group session.

Spotlight Presentation- Mental Health American San Diego
Kat gave a presentation on Mental Health America San Diego and her role as LGBTQ Coordinator. Mental Health America’s Breaking Down Barriers Program aims to increase access to services and reduce stigma within the LGBTQ population and other target groups. Kat conducts presentations on mental wellness and is available if requested.

Announcements/Adjournment
Carol Skiljan/All
• Ana of Molina Healthcare shared that applications for their Community Champion is available. There will be five winners that will be awarded 10,000 dollars. Nomination is due March 31, 2017.
• Edith Wilson, Ph. D, Health Services Research Center, UCSD shared that there will be a regional meeting to develop the Toolkit for Evaluation, Assessment, and Measurement for Community Services and Support Programs to be held on March 10, 2017 from 11:00am to 4:30pm at the Sheraton San Diego Hotel & Marina.
• Jimm Greer, UMTR2M, shared their fundraising event, Brain Games/Scavenger Hunt on March 11, 2017 from 11:00am to 3:00pm at the Common bar, in the Gaslamp District.
• South County Behavioral Health is hosting a free resource fair, Changing Minds – Minds Matter event on May 20, 2017 from 8:30am to 2:30pm at Chula Vista High School.
• Jayne Reinhardt, BHWT shared that Check Your Mood will be a monthly throughout the different regions. Will be looking for sites in the South and Central region.
• Lisa Garcia, Recovery International is celebrating their founder’s birthday. They are planning a conference.
• Stan Collins, Directing Change shared that the statewide award ceremony will be on May 11 and will be here, in San Diego.
• Adrianne Yancey, County of San Diego MHS shared that the innovation proposal are available online. Cycle 3 is for existing program and Cycle 4 is for brand new programs. Public comments are available at www.sandiego.camhsa.org and is due Wednesday, March 1, 2017. March 23, 2017 will be the hearing of the proposals.
• Courage to Call, food distribution for military families.

**Next SPC Meeting**
**Tuesday, March 28, 2017, 10:00am-11:30am**
(Email: Julius Alejandro to RSVP jalejandro@sdchip.org) NEW LOCATION 2-1-1 Connections Center (3860 Calle Fortunada, Suite 101 SD, CA 92123- Community Room 113; Community Room 114)

**Other Upcoming Meetings:**
SPC Higher Education Subcommittee Campus Plunge
**Wednesday, April 5th 2017, 10am-11:30am**
Conference call
(To RSVP email jalejandro@sdchip.org)
SPC Assessment & Evaluation Subcommittee  
Monday, March 6, 2017, 1:30pm-3:00pm  
(To RSVP email jalejandro@sdchip.org)

SPC Media Subcommittee  
Monday, March 13, 2017, 2:00pm-3:30pm  
(To RSVP email jalejandro@sdchip.org)

SPC Schools Collaborative (K-12) Subcommittee  
OPEN Meeting  
Tuesday, March 14, 2017, 1:30pm-3:00pm  
(To RSVP email jalejandro@sdchip.org)

SPC Faith Outreach Subcommittee  
Wednesday, March 15, 2017, 11:00am-12:30pm  
(To RSVP email jalejandro@sdchip.org)

SPC Tools:  
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch  
SPC Flyer; SPAP & SPC Standard Presentation;  
San Diego County Responsible Reporting on Suicide Guidelines  
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities  
www.spcsandiego.org

Suicide Prevention Action Plan  
www.up2sd.org/find-help/resources/suicide-prevention-and-support  
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention  
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE  
www.sdchip.org/suicide-prevention-training.aspx  
To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.

Upcoming Events of Interest:

GLSEN Training  
Monday, March 13, 2017, 9:00am-12:00pm  
SDCOE (6401 Linda Vista Road, SD 92111)  
http://sdcoe.k12oms.org/918-127412
QPR Training
Monday, March 13, 2017, 1:00pm-2:00pm
SDCOE (6401 Linda Vista Road, SD 92111)
http://sdcoe.k12oms.org/918-127893

IBPA Bullying Prevention Conference
Friday, April 28, 2017, 8:00am-4:30pm
Marina Village Conference Center (1936 Quivira Way, SD 92109)
www.ibpaworld.org

NAMI Walk 2017
Saturday, April 29, 2017
Liberty Station (2245 Cushing Road, SD)
http://www.namiwalks.org/index.cfm?fuseaction=donorDrive.event&eventID=623

GLSEN Training
Friday, May 5, 2017, 9:00am-12:00pm
SDCOE (800 National City Blvd., NC 91950)
(For information email: viomora@sdcoe.net)

QPR Training
Friday, May 5, 2017, 1:00pm-2:00pm
SDCOE (800 National City Blvd., NC 91950)
http://sdcoe.k12oms.org/918-127894