Welcome/Introductions
Beth welcomed everyone to March’s meeting. Everyone then introduced themselves.

SPC Overview/Website Update
Yeni shared the background of the Suicide Prevention Council and its history and mission. It started as a work group in 1999 then on April 2010 the action plan was created and in 2011 the formal creation of the SPC. For more information and resources you can visit the website: www.spccsdiego.org
SPC Subcommittees Updates

Faith Organizing Outreach (Lora Cayanan)
Nash + Associates conducted a focus group at the meeting. Discussed the upcoming 6th Annual Faith Breakfast on Friday, May 19, 2017, at Emmanuel Faith Community Church from 8:30am-12:00pm. The focus will be on the Faith Academy in North and Central County. We are finalizing the agenda and speakers. Registration link will be shared when it’s ready.

School Collaborative K-12 (Judi Park)
They also had a focus group section in their meeting. It helped identified gaps and services to support the students. They will another focus group on Friday, April 7 from 12pm-1pm at the San Diego Office of Education and will be for school personnel, those in charge of programs. The Inclusion through Kindness and Compassion: One-day summit supporting our LGBTQ youth will be on Friday, April 28, 2017 at the Marina Village Conference Center.

Assessment and Evaluation (Beth Sise)
The subcommittee also did a focus group with Nash + Associates. The next meeting will be on April 12 from 1:30pm-3pm, Joann, the SPC Evaluation Consultant, will be attending and facilitating that meeting. Also, at that meeting we will focus on the theme, “News You Can Use” for the report card in the six indicators of suicide. Yeni will reach out to providers to gather the data. The annual stakeholder meeting will be Tuesday, June 27th from 8:30am to 1:30pm at the County of San Diego building.

Media (Stan Collins)
The focus group that happened in their subcommittee was beneficial in thinking long-term and looking at blank areas when developing the Media Engagement Plan and Media Response Plan. Will be working with the SPC A+E Subcommittee to develop the report card.

Higher Education (Lora Cayanan)
Just had the annual Campus Plunge on March 3rd, it was hosted at Miramar College and was an opportunity to meet the subcommittee members and share ideas on suicide prevention and mental health services on their respective campuses. It was also an opportunity in having a focus group and help identify a need for mental health training outside of the counseling centers to place like the Residential Advisory. Lana Lo from NAMI San Diego presented on the Organized Support Companion in an Emergency Situation (oscER) app that is a mental health resource before, during, and after a crisis.

Training and Education (Yeni L. Palomino)
It was a conference call with trainers in QPR, ASIST, First Response, etc. to be able to share the updates on the County of San Diego contract. It essentially double the trainings, an example is QPR from 40 a year to now 80 a year. There will be stipend opportunities for the trainers and it is helpful to meet as a group twice a year.

SPC Highlights

Yeni L. Palomino

SPAP Update Progress
Yeni went over the background for updating the Suicide Prevention Action Plan and its current progress. 11 original members have provided input and there have been 25 presentations as part of the SPC Strategic Planning Consultant’s community engagement plan with three more focus groups in April. In total, 361 unique individuals have been reached. For Yeni and Dana, it allowed them to build connections with different communities by listening to their needs and concerns, advocate key-informant as a best practice. Nash + Associates and Hoffman Clark will present a draft of the updated plan for the April 25th SPC meeting. Then in May, SPC will review the plan and provide input, finally in June, the plan will be finalized.
Upcoming Events

- The LBTQ Conference: Inclusion through Kindness and Compassion conference on Friday, April 28th, from 8am-4pm at the Marina Village.
- NAMI Walks is on Saturday, April 29th starting at 9am at NTC Park in Liberty Station.
- GLSEN 2.0 training on Friday, May 5, from 9am to 12pm at the South County Regional Education Center.

Spotlight Presentation

Amelia Meza
Amelia Meza and Cicely Kaul from McAlister Inc. shared about the South Bay Women’s Resource Center, an outpatient, drug recovery center for women. They have various services/programs for counseling, education, housing, childcare, life skills, etc. They get referrals from criminal justice entities like Probation, Prop 36, CalWORK, and Child Welfare Service. They serve 2,500 monthly in their 25 programs around San Diego County. They have a fee sliding scale, but will not turn away regardless of financial situation, 90% are Med-Cal clients.

Announcements

- Stan shared Assembly Bill 89 that would require psychologist take a six hour suicide prevention training when they’re taking education course towards becoming a psychologist and when they renew their license. Also, be aware of a new Netflix series ‘Thirteen Reasons Why’ an adaptation of a famous young adult novel about blame/guilt on suicide. The new series is concerning that it is not in line with the messaging of suicide prevention. Finally, the Directing Change Award Ceremony will be on May 11th at the Escondido Performing Arts Center.
- Julie from SIHC shared that the 11th Annual Spring Gathering will be on Tuesday, April 11 from 3pm-7pm, there will food, live entertainment, kid’s activities, and resource/vendors. Also, Julie shared that they have the first Boys & Girls Club in a Indian reservation.
- Joyce, SOSL is hosting their 10 annual San Diego Survivors of Suicide Loss Day titled ‘Hope Springs: Community of Healing.’ On April 8, 10am-2:30pm in Tierrasanta.
- Kimberly, AFSP will have the San Diego Overnight Walk on May 20 from 6pm to 6am and will be 16 miles. There is a fundraising minimum: students/military is $700 and general is $1,000.
- Lisa, RI International will be hosting their California & Western States Leadership Conference on November 4 & 5, 2017 at the Sheraton Mission Valley Hotel. Also, they are requesting healthy, easy recipes from behavioral health consumers and professionals to publish for their 2017 CookBook, you can email recipes to recoverycookbook@gmail.com.
- Mary, Changing Mind event on May 20th at Chula Vista High from 8:30am to 2:30pm. Would like to have 50 organization attend. There will be workshops on suicide prevention and caregiving in both English and Spanish.

Adjournment

Next SPC Meeting

Tuesday, April 25, 2017, 10:00am-11:30am
(Email: Julius Alejandro to RSVP jalejandro@sdchip.org) NEW LOCATION 2-1-1 Connections Center (3860 Calle Fortunada, Suite 101 SD, CA 92123- Community Room 113; Community Room 114)
Other Upcoming Meetings:

SPC Higher Education Subcommittee Campus Plunge  
Wednesday, April 5, 2017, 10:00am-11:00am  
Conference Call  
(To RSVP email jalejandro@sdchip.org)

SPC Assessment & Evaluation Subcommittee  
Wednesday, April 12, 2017, 1:30pm-3:00pm  
(To RSVP email jalejandro@sdchip.org)

SPC Media Subcommittee  
Monday, April 24, 2017, 1:30pm-3:00pm  
(To RSVP email jalejandro@sdchip.org)

SPC Schools Collaborative (K-12) Subcommittee  
OPEN Meeting  
Tuesday, May 9, 2017, 1:30pm-3:00pm  
(To RSVP email jalejandro@sdchip.org)

SPC Faith Outreach Subcommittee  
Wednesday, April 19, 2017, 11:00am-12:30pm  
(To RSVP email jalejandro@sdchip.org)

SPC Tools:  
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch  
SPC Flyer; SPAP & SPC Standard Presentation;  
San Diego County Responsible Reporting on Suicide Guidelines  
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities  
www.spcsandiego.org

Suicide Prevention Action Plan  
www.up2sd.org/find-help/resources/suicide-prevention-and-support  
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention  
**FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE**  
www.sdchip.org/suicide-prevention-training.aspx

To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.
Upcoming Events of Interest:

Inclusion through Kindness and Compassion: One-day summit serving our LGBTQ youth
Friday, April 28, 2017, 8:00am-4:30pm
Marina Village Conference Center (1936 Quivira Way, SD 92109)
http://tinyurl.com/jw3dcze

American Association of Suicidology 50th Annual Conference
April 26-29, 2017
Phoenix, AZ
http://www.suicidology.org/annual-conference/50th-annual-conference

NAMI Walk 2017
Saturday, April 29, 2017
Liberty Station (2245 Cushing Road, SD)
http://www.namiwalks.org/index.cfm?fuseaction=donorDrive.event&eventID=623

May is Mental Health Month Kick-Off Event 2017
Tuesday, May 2, 2017, 3:00pm-4:30pm
211 (3870 Calle Fortunada, SD)
(For information email: jalejandro@sdchip.org)

GLSEN Training
Friday, May 5, 2017, 9:00am-12:00pm
SDCOE (800 National City Blvd., NC 91950)
(For information email: viomora@sdcue.net)

QPR Training
Friday, May 5, 2017, 1:00pm-2:00pm
SDCOE (800 National City Blvd., NC 91950)
http://sdcue.k12oms.org/918-127894

6th SPC Annual Faith Provider Breakfast
Friday, May 19, 2017, 8:00am-12:00pm
(For information email: jalejandro@sdchip.org)