Welcome/Introductions
Beth Sise/Carol Skiljan
Beth welcomed everyone to April’s SPC meeting. Everyone went around the room and introduced themselves.

SPC Overview/Website Update
Yeni L. Palomino
Yeni shared the background of the Suicide Prevention Council and its history and mission. It started as a work group in 1999 than in April 2010 the action plan was created and in 2011 the formal creation of the SPC. For more information and resources you can visit the website: www.spcsandiego.org
SPC Subcommittees Updates

Faith Organizing Outreach (Lora Cayanan)
Lora shared that the Sixth Annual Faith Breakfast will be held on Friday, May 19, 2017 at Emmanuel Faith Community Church from 9am to 12pm. The highlight will be the Faith Academy of North and Central Region. We will have Urban League and Mental Health America San Diego present. Registration is online and is free. Also, the subcommittee provided input for the suicide rate of African-Americans. Meetings are held on the third Wednesday of the month from 11am-12:30pm.

Assessment and Evaluation (Beth Sise)
The subcommittee is in the process of developing the annual Report Card. They dedicated the previous meeting to look at six data points and indicators. They looked at the data and the suicide rate in San Diego is stable. Waiting to receive the final numbers from the Medical Examiners. They also devoted some time with Hoffman Clark on their findings of different models. Examples they looked were the CDC, national suicide prevention plan, and Lifespan model from Australia. SPC members also helped categorized some outliers, statements the consultants had a hard time categorizing and needed help from the SPC members to where to properly place in the Lifespan model they developed.

Media (Stan Collins)
The Fifth Annual Directing Change Screening & Award Ceremony will be held Thursday, May 11, 2017, at the California Center for the Arts in Escondido. It will showcase films made by students on mental health and suicide prevention. Stan encouraged high school students to attend the free event. There have been a lot of suicide incidents in the media, such as the 12-hour standoff on March 31, 2017, at an Interstate 5 bridge. That bridge incident was an opportunity to look at gaps in the Media Response Plan, but news outlets were impressed with Stan and Yeni’s in reaching out to them on appropriate reporting. Also, Stan gave condolences to Amy Bleuel founder of the Semicolon Project who completed suicide and the response from the LGBTQ community to continue her work. Finally, Stan discussed the show, ‘13 Reasons Why’ and how the suicide prevention community is against the show for its inaccuracy. Also, the National Lifeline have reached out to Netflix and started a petition to put resources before or after episodes. Yeni mentioned that they will discuss the show at the SPC School Collaborative meeting.

SPC SPAP Update Draft Presentation
Valerie introduced herself as Nash + Associates the SPC Strategic Planning Consultant. She has gathered input from stakeholders throughout the County of San Diego. She has conducted 21 focus groups that had 195 participants. Joann Hoffman and Carl McKinney of Hoffman Clark + Associates made a final draft based on the Australian Lifespan model. The draft SPAP framework articulates the existing framework that is evidence-based and research informed. Valerie shared that each strategy and at-risk population will have its own spotlight that can be taken out of the section and can be a plan to itself. Joann mentioned that she will embed evaluations in each strategy.

Spotlight Presentation (San Diego Youth Services)
Judi Park is a licensed Marriage and Family Therapist with San Diego Youth Services HERE NOW Suicide Prevention School-Based Program. The San Diego Youth Services HERE NOW has partnered with South Bay Community Services and North County Lifeline to target seventh to twelve graders in the East Region, Central Region, South Region and North Central Region. They conduct a “Check Your Mood” week for 43 schools and have given 578 presentations that reached 15,743 students, in which 2,032 youth sought help. They use the SOS Signs of Suicide Prevention Program an evidence-based curriculum for suicide prevention and early intervention, which includes addressing bullying and bystander roles.
Next SPC Meeting
Tuesday, May 23, 2017, 10:00am-11:30am
(Email: Julius Alejandro to RSVP jaljandro@sdchip.org) NEW LOCATION 2-1-1 Connections Center (3860 Calle Fortunada, Suite 101 SD, CA 92123- Community Room 113; Community Room 114)

Other Upcoming Meetings:

SPC Higher Education Subcommittee
Wednesday, May 3, 2017, 10:00am-11:00am
Conference Call
(To RSVP email jaljandro@sdchip.org)

SPC Assessment & Evaluation Subcommittee
Wednesday, June 14, 2017, 1:30pm-3pm
CHIP
(To RSVP email jaljandro@sdchip.org)

SPC Media Subcommittee
Monday, May 22, 2017, 2pm-3:30pm
211 Connections Center
(To RSVP email jaljandro@sdchip.org)

SPC Schools Collaborative (K-12) Subcommittee
OPEN Meeting
Tuesday, May 11, 2017, 1:30pm-3:00pm
(To RSVP email jaljandro@sdchip.org)

SPC Faith Outreach Subcommittee
Wednesday, May 17, 2017, 11:00am-12:30pm
(To RSVP email jaljandro@sdchip.org)

SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org
Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE
www.sdchip.org/suicide-prevention-training.aspx
To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.

Upcoming Events of Interest:

Inclusion through Kindness and Compassion: One-day summit serving our LGBTQ youth
Friday, April 28, 2017, 8:00am-4:30pm
Marina Village Conference Center (1936 Quivira Way, SD 92109)
http://tinyurl.com/jw3dcze

American Association of Suicidology 50th Annual Conference
April 26-29, 2017
Phoenix, AZ
http://www.suicidology.org/annual-conference/50th-annual-conference

NAMI Walk 2017
Saturday, April 29, 2017
Liberty Station (2245 Cushing Road, SD)
http://www.namiwalks.org/index.cfm?fuseaction=donorDrive.event&eventID=623

May is Mental Health Month Kick-Off Event 2017
Tuesday, May 2, 2017, 3:00pm-4:30pm
211 (3870 Calle Fortunada, SD)
(For information email: jaleandro@sdchip.org)

GLSEN Training
Friday, May 5, 2017, 9:00am-12:00pm
SDCOE (800 National City Blvd., NC 91950)
(For information email: viomora@sdcoe.net)

QPR Training
Friday, May 5, 2017, 1:00pm-2:00pm
SDCOE (800 National City Blvd., NC 91950)
http://sdcoue.k12oms.org/918-127894

6th SPC Annual Faith Provider Breakfast
Friday, May 19, 2017, 8:00am-12:00pm
(For information email: jalejandro@sdchip.org)