Welcome/Introductions
Beth Sise/Carol Skiljan
Beth welcomed everyone to the SPC July’s meeting. Everyone went around the room and introduced themselves.

SPC Overview/Website Update
Yeni L. Palomino

Our Mission: To prevent suicide and its devastating consequences in San Diego County
Our Vision: Zero Suicides in San Diego County
Yeni shared the background of the Suicide Prevention Council and its history and mission. It started as a work group in 1999, then in April 2010 the action plan was created and in 2011, the formal creation of the SPC. Recently, SPC was awarded by the County of San Diego BHS for a five-year extension to their contract. For more information and resources you can visit the website: www.spcsandiego.org

SPC Subcommittees Updates  

**Faith Organizing Outreach (Lora Cayanan)**

Lora shared the subcommittee debrief of the 6th Annual Faith Breakfast that had 87 in attendance, 50 of those were first-time attendees; there were 25 unique congregations. The evaluations indicated good rating for the event. The subcommittee suggested having it on a Wednesday or Thursday and to include other faiths. Lora shared that for next year’s Faith Breakfast they will have a speaker that Dana met during the American Association of Suicidology conference who will present on an interfaith approach to suicide prevention and behavioral health efforts.

**Higher Education Subcommittee (Lora Cayanan)**

Lora shared that Judy Patacsil is the new co-chair for the subcommittee. The subcommittee is a closed group for those that work in the higher education space. Their purpose is to share best practices and activities for suicide prevention and mental health. At their July conference call, Lora shared the update from the Annual Stakeholders Meeting. The subcommittee plans to attend the upcoming Out of the Darkness walk that will be held on Saturday, October 28th at Liberty Station.

**Media + Assessment/Evaluation (Beth Sise)**

Beth shared that both SPC Media Subcommittee and the SPC Assessment and Evaluation Subcommittee will be combining their meetings to prepare for the upcoming SPC Press Conference on Wednesday, September 6, at the San Diego County Administration Center from 9am to 10am. The theme is ‘News You Can Use’ and will introduce the SPC Report to the Community 2017.

**Coronado San Diego Bridge Collaborative Update (Rhonda Haiston)**

Rhonda Haiston started the group in November 2014 and provided an update of the Collaborative’s past endeavors and current efforts. They will have a meeting with Caltrans on Thursday, August 10th at 10am in the Coronado Library in regards to preventive measures. Caltrans will begin a feasibility study on the bridge that will take approximately 10 months. In addition, the feasibility study would cost $600,000. She encouraged the group to write a letter to Caltrans District 11 to expedite the study. From 1969 to 1990 there have been an estimated 391 suicides from the bridge. Rhonda shared that SDSU students helped create two PSA video with SPC feedback on appropriate messaging. Also, Rhonda encouraged everyone to write a letter to the Port of San Diego to hold off their Coronado Bay Bridge Lighting Project until a barrier is established. Yeni shared that she will be meeting with Caltrans for a follow-up meeting on Monday, August 7th regarding the feasibility study. You can find out more information at http://www.coronadobridge.net/

**Spotlight Presentation (Michele Chamberlin)**

Michele Chamberlin is the Education Resource Counselor with PsychArmor Institute, a nonprofit that focuses on the veteran communities. Michele shared that less than one percent in the United States has served in the military and they are dedicated to bridging the military-civilian divide through free online courses. There are eight different courses that are designed by nationally recognized subject matter experts and are self-paced so that anyone can have access to them. Highlighted were two courses on “Suicide in the Military” and “Supporting a Veteran in Crisis” that are available at https://psycharmor.org.

**Announcements (Carol Skiljan/All)**

Concurrent Health Improvement Partnerships
Health and Human Services Agency
Live Well San Diego
Joyce shared that SOSL will host their 2nd Annual Ride for Life Motorcycle Run on Saturday, September 2nd from 9am to 2pm at El Cajon Harley-Davison shop. Please contact Joyce if you want to include your resource in their swag bag.

Yeni shared that the County of San Diego Behavioral Health Services will be hosting a series of behavioral health forums on August 10th and August 29th with a telephone town hall on August 16th as part of the Mental Health Services Act to get community feedback about the value and impact of mental health and/or substance use disorder treatments and services in the community.

Laura shared that MHA San Diego will be hosting their annual Meeting of the Minds conference on Friday, September 29th from 7:30am to 4:30am at the Sheraton Hotel & Marina.

Yeni shared that CAHM will be hosting their 11th Annual Wellness Forum on Saturday, October 14th from 8am to 3:30pm at CSU San Marcos.

Che shared that the AFSP will host their Out of the Darkness Walk on Saturday, October 28th from 8am to 12pm at Liberty Station. It is a free event, groups are welcome to fundraise.

Joyce shared that SOSL has partnered with Directing Change for the 11th Annual Walk in Remembrance with Hope on Sunday, November 12th at Balboa Park.

Kimberly, from Marine Intercept Program, shared that there will be a clinician position in helping suicidal Marines. It will be available in usajobs.gov

Jayne, Recovery International will be having their Western Region Conference on November 4th – 5th at Sheraton Mission Valley Hotel. They are taking applications to be an exhibitor for $100.

Che shared that there will be an event with a resource fair at Camp Pendleton, but it will be closed to the public.

Adjournment

Next SPC Meeting is the Annual Stakeholders Meeting
Tuesday, August 22, 2017, 10:00am-11:30am
(Email: Julius Alejandro to RSVP jalejandro@sdchip.org)

Other Upcoming Meetings:

SPC Higher Education Subcommittee
Wednesday, September 6, 2017, 1:00pm-2:00pm
Closed Conference Call
(To RSVP email jalejandro@sdchip.org)

SPC Media/ A+E Joint Subcommittee Meeting
Monday, August 14, 2017, 2:00pm-3:30pm
(To get meeting information email jalejandro@sdchip.org)

SPC Schools Collaborative (K-12) Subcommittee
OPEN Meeting
Tuesday, September 12, 2017, 1:30pm-3:00pm
(To RSVP email jalejandro@sdchip.org)

SPC Faith Outreach Subcommittee
Wednesday, September 20, 2017, 11:00am-12:30pm
(To RSVP email jalejandro@sdchip.org)

SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE
www.sdchip.org/suicide-prevention-training.aspx
To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.

Upcoming Events of Interest:

BHS Community Forums
August 10, 16, & 29, 2017 (Various Times)
(For more information: https://sdletstalkbhs.org/)

SOSL 2nd Annual Ride for Life
Saturday, September 2, 2017, 9:00am-2:00pm
El Cajon Harley-Davidson (621 El Cajon Boulevard, El Cajon, CA 92020)
(For more information: https://www.eventbrite.com/e/ride-for-life-tickets-34634287085)

SPC Press Conference
Wednesday, September 6, 2017, 9:00am-10:00am
County Administration Center (1600 Pacific Highway, San Diego, CA 92101)  
(For more information: jalejandro@sdchip.org)

Mental Health America San Diego Meeting of the Minds  
Friday, September 29, 2017, 7:30am-4:30pm  
Sheraton Hotel & Marina at Harbor (1380 Harbor Island Dr. San Diego, CA 92101)  
(For more information: www.mhasd.org)

11th Annual CAHM Forum  
Friday, October 14, 2017, 8:00am-3:30pm  
CSU San Marcos (333 South Twin Oaks Valley, San Marcos, CA 92078)  
(For more information: www.cahmsd.org)

AFSP San Diego Out of the Darkness Walk  
Saturday, October 28, 2017, 8:00am-12:00pm  
NTC Park Liberty Station (2600 Cushing Road, San Diego, CA 92106)  
(For more information: https://afsp.donordrive.com/event/sd)

SOSL: Walk in Remembrance with Hope  
Sunday, November 12, 2017  
Balboa Park  
(For more information: Joyce@SOSLsd.org)