

SPC SPAP Update 2018: Community Programming (CP-S4)

Strategic Directions	Specific Activities	Timeline	Lead Partners
4a. Enhance peer-based and faith-based services	i. Conduct outreach to further engage places of worship and contemplation in suicide prevention and mental health stigma reduction efforts.	2019, ongoing	SPC, SPC-Faith ¹
	ii. Continue to provide QPR, ASIST and MHFA trainings to faith-based organizations, including those that are working with at-risk populations such as African American community, refugees, formerly incarcerated, LGBTQ, and transition age youth.	2019, ongoing	SPC
	iii. Create an inventory of available social-emotional learning programs and curricula and share with SPC members.	2020	SPC, SDCOE
	iv. Develop and/or expand peer-based services to provide support to at-risk populations or as follow-up to persons who have attempted suicide.	2020	Peer support organizations
	v. Encourage NAMI On Campus model to youth ministries.	2020	NAMI, SPC-Faith
	vi. Explore feasibility of expanding the Faith-Based Academy model into the East and South regions.	2020	County of San Diego BHS
	vii. Collaborate with faith-based organizations, representing a diversity of faiths, to incorporate a faith-based perspective into existing resources (i.e. <i>It's Up to Us</i>) as well as to develop outreach and marketing materials that can be shared with and used by faith-based organizations who want to engage in suicide prevention.	2021	SPC, Civilian, SPC-Faith

¹ SPC-Faith references the Faith subcommittee of SPC

4b. Support enhancement of K-12/Youth focused programming	i.	Encourage SDCOE to expand access to social-emotional learning programs and services that address early childhood trauma/Adverse Childhood Experiences (ACEs), grief and loss, and other mental health struggles that are associated with suicide risk.	2020	SPC-Schools ² SDCOE, San Diego Youth Services (SDYS)
	ii.	Complete an inventory of school-based programs and professional development opportunities that aim to improve school climate, prevent bullying and meet needs of LGBTQ students and make available to K-12 partners.	2020	SPC-Schools, SDCOE, SDYS
	iii.	Provide training to K-12 staff including the “District Deep 5” on suicide risk assessment.	2020	SDCOE
	iv.	Advocate for additional school-based behavioral health services (substance use and mental health).	2020	SPC members
4c. Improve and expand health and wellness services	i.	Provide information to SPC members on best practices and community models that are focused upon reducing loneliness and isolation and which include programs that offer people sense of purpose and role in society.	2020	SPC
	ii.	Advocate for the creation of an app or website that connects individuals to volunteer, mentor or peer support opportunities.	2020	SPC members
	iii.	Encourage County to expand access to services that address early childhood trauma/Adverse Childhood Experiences (ACEs), address grief and loss, and other mental health struggles that are associated with suicide risk.	2019	SPC, County of San Diego BHS
	iv.	Encourage County to provide training to frontline social service and public health workforce on ACEs as a risk factor as well as strategies to build resiliency among individuals with multiple ACEs.	2019	SPC, County of San Diego BHS

² SPC-Schools references the School Collaborative subcommittee of SPC