

SPC SPAP Update 2018: Postvention Services (PS-S9)

PS Definition: Provide postvention services to lessen harm, prevent future risk, and to care for and support those affected by suicide deaths and attempts.

Strategic Directions	Specific Activities	Timeline	Lead Partners
9a. Educate and inform on postvention services	i. Develop a SPC Ad Hoc Postvention Subcommittee of survivors of suicide loss and suicide attempt survivors, and representatives from different postvention partners (including those that work with children such as Elizabeth Hospice) and sectors (e.g. clinical, community, education) to identify and examine existing guidelines relevant to postvention services	2019	SPC
	ii. Create and share materials at SPC meetings and on website that provide an overview of what postvention services (PS) are, who PS are aimed at, research on effectiveness, and who is providing PS in San Diego County (like Means Reduction). Make Postvention Services the focus of the 2020 Report to the Community.	2020	SPC - PS ² , SOSL ³ , Civilian, 211, and UMTR2ME ⁴
	iii. Assess the status and capacity of postvention services in San Diego County, including identification of organizations who play a role, policies and protocols and extent to which National Postvention Guidelines ¹ are being followed. Include review with each SPC Subcommittee.	2020	SPC - PS
	iv. Examine existing guidelines on postvention services and assess for local application	2021	SPC - PS
9b. Expand community and peer-based postvention services	i. Develop advocacy plan for postvention groups and support to grow their programs.	2020	SPC - PS
	ii. Develop an initiative to expand services for postvention during periods of high demand ⁵ .	2020-ongoing	

¹ <http://www.sprc.org/comprehensive-approach/postvention>

² SPC Ad Hoc Postvention Subcommittee

³ Survivors of Suicide Loss

⁴ You Matter to Me (UMTR2ME)

⁵ San Diego County data indicates that more suicides occur in Spring months.

Feb 27th 2020

	iii. Develop protocol and system for mental health and clinical organizations to conduct check-in and maintain contact after discharge by using phone calls and caring cards with individuals who have made a suicide attempt.	2020	SPC Community partners (e.g. SOSL) UMTR2ME, NAMI, Sharp Mesa Vista, North County Health Services, Scripps Mercy Hospital, Elizabeth Hospice
9c. Develop clinical postvention services	i. Identify gaps in clinical postvention services as well as tools and resources related to therapeutic/clinical care. i.e. assessment for traumatic grief.	2020	SPC - PS
	ii. Work with universities and community colleges to enhance social work and health care provider curriculum (e.g. Counseling, Psychology, Nursing, Medicine) curriculum to include content on postvention services.	2021	SPC - HE ⁶ Subcommittee, local colleges & universities

⁶ SPC-HE references the Higher Education subcommittee of SPC