

### SPC SPAP Update 2018: Integrate & Coordinate Activities Implementation Plan (ICA-S1)

Strategic Directions	Specific Activities	Timeline	Lead Partners
1a. Broaden and strengthen a collective impact framework for suicide prevention	i. Conduct outreach to increase the number and diversity of organizations and individuals working with SPC to include more grassroots and ethnic-focused organizations, those working with at-risk populations, faith-based and service clubs.	2018, ongoing <sup>1</sup>	SPC <sup>2</sup> and SPC-FOO <sup>3</sup>
	ii. Participate with San Diego Veteran’s Coalition (SDVC) and San Diego Military Family Collaborative (SDMFC): serve on SDVC’s Physical & Emotional Health Action Group and Community Prevention & Safety Action Team of the SDMFC; share the Veteran’s module from the SPAP Update and identify mutually reinforcing activities.	2018, ongoing	SPC
	iii. Support communities or networks who want to develop SPAP Implementation Plans focused upon their populations (i.e. Tribal Communities, African American/Refugee, LGBTQ).	2019 – 2021	SPC and County HHSA <sup>4</sup>
1b. Support advocacy and policy development	i. Promote stigma reduction and suicide prevention (“Know the Signs” and “It’s Up to Us”) materials in County funded programs and offices as appropriate.	2018, ongoing	SPC and County HHSA
	ii. Provide support to school districts to help develop policies and procedures around suicide prevention in support of AB2246, and to help schools meet needs of students at risk.	2018, ongoing	SPC-Schools <sup>6</sup> and SDCOE <sup>7</sup>
	iii. Monitor and respond to concerns about public policy efforts to address social isolation and inequities and respond as appropriate. <sup>5</sup>	2019 – 2021  2019 – 2021	SPC

<sup>1</sup> “Ongoing” references activities that started prior to 2018 and will be sustained

<sup>2</sup> Suicide Prevention Council (SPC)

<sup>3</sup> SPC-FOO references the Faith Organizing Outreach subcommittee of SPC

<sup>4</sup> San Diego County Health & Human Services Agency (County HHSA)

<sup>5</sup> <https://www.publicpolicyexchange.co.uk/events/HJ04-PPE>

<sup>6</sup> SPC-Schools references the School Collaborative subcommittee of SPC

<sup>7</sup> San Diego County Office of Education (SDCOE)

	iv. Monitor findings relating to the potential impact of Prop 47 (prison reform) on suicide rates among formerly incarcerated individuals.		SPC
1c. Integrate suicide prevention with other regional efforts	i. Encourage SPC member participation in <i>Live Well San Diego</i> planning and BHS Community Engagement process to help support suicide prevention efforts	2018, ongoing	SPC and County HHSA
	ii. Encourage County BHS <sup>8</sup> to include suicide prevention strategies as part of their contractors' statements of work. The recommended suicide prevention strategies may include, but not limited to, adding suicide prevention as part of program orientations, QPR training for staff (especially peer-based workforce); use of Columbia Suicide Severity Rating Scale; engagement with SPC; information about prevention resources such as Access & Crisis line disseminated to clients; and Incorporate QPR as part of the Parent Partner training offered by NAMI <sup>9</sup> .	2019, ongoing	SPC, County HHSA and NAMI
	iii. Participate as a member of the Regional Taskforce on the Homeless/ Continuum of Care Council.	2018, ongoing	SPC
	iv. Track statewide developments around suicide prevention and participate as appropriate.	2018, ongoing	SPC

<sup>8</sup> San Diego County Behavioral Health Services (County BHA)

<sup>9</sup> National Association Mental Illness (NAMI)