



COMMUNITY HEALTH
IMPROVEMENT PARTNERS

making a difference together

**RESIDENT LEADERSHIP ACADEMY
COUNCIL MEETING - MINUTES
Wednesday, January 25, 2023
1:30 pm – 3:30 pm**

Zoom Meeting

Please Register in Advance to Receive Meeting Link:

<https://RLACJanuary2023.eventbrite.com>

Meeting ID: **See Above**

Welcome/Participation Polling Activity

Richardson/B. Hall

- Dana welcomed the group and participants shared their names, organizations, contact information, and connections to the RLA.
- Brett facilitated polling questions for the group to briefly get to know one another.
- Dana provided a background/history of the RLA and its efforts. The RLA was started back in 2011 and has since grown from four pilot cohorts to now having been replicated 100 times, certifying 158 RLA Trainers, and has produced a critical mass of 1,000 RLA graduates.

Presentation: TCE's "Evolving" Strategic Priorities Discussion

Steve Eldred

- Steve Eldred, Managing Director with The California Endowment (TCE), provided a detailed presentation on TCE's evolving strategic and programmatic investments over the last 25 years and where they are looking to invest programmatically in the near future.
- TCE was founded in 1996 and has a mission to expand access to affordable, quality health care for underserved individuals and communities and to promote fundamental improvements in the health status of all Californians.
- TCE has three bold ideas for California to become a healthier place to live: (1) people power, (2) reimagining institutions, and (3) a 21st Century "Health for All" system.
- TCE is aiming for 7 key shifts in the organization including:
 - (1) Central and explicit focus on power building among youth and adult leaders and communities with shared identity.
 - (2) Place boundaries focused on jurisdictions that are playing fields for power-building.
 - (3) Multiple, customized place strategies to allow for deep dives and nimble opportunistic investments.
 - (4) Emphasis on policy change supported by policy implementation and systems change to promote sustainability.
 - (5) Extend and amplify networks and alliances to support lasting change.
 - (6) Focus on racial equity and targeted universalism to achieve health equity.
 - (7) Community and grantee led, with emphasis on building infrastructure and capacity.
- TCE serves four regions: Northern California, Central California, Los Angeles, and Southern California.
 - The Southern California region includes San Diego (City Heights BHC), Imperial, Orange (Santa Ana BHC), Riverside (Eastern Coachella Valley BHC), and San Bernardino.
- Please refer to presentation attachment PDF for more information.

Overview: BHS Community Engagement Project

L. Puebla/Y. Palomino

- This item was tabled for a future meeting.

Overview: SD County Suicide Prevention Council, Action Plan Update 2023

B. Hall/Y. Palomino

- Yeni provided an overview of the San Diego County Suicide Prevention Council (SPC) Suicide Prevention Action Plan (SPAP) Update 2023 community engagement process.
- The community engagement process will be used to inform and develop the SPAP Update 2023 and guide the work of the SPC for the next five years.
- The SPAP Update 2023 focus groups and community forums are open to the public with a goal of including diverse voices from across San Diego County to inform local suicide prevention efforts.
- Brett dropped links to register for upcoming focus groups in the chat:
 - SPAP Update 2023 Focus Group for the Latinx Community will be held on Monday, 1/30 from 4:30pm-6:00pm via Zoom. Link to register: <https://spap2023latinx.eventbrite.com>

- SPAP Update 2023 Focus Group for the AAPI Community will be held on Tuesday, 1/31 from 4:30pm-6:00pm via Zoom. Link to register: <https://spap2023aapi.eventbrite.com>

General Updates/Announcements: Live Well San Diego / HHSA CAP

HHSA CAP

- Karla Pena introduced herself as the new contact for RLA from the County of San Diego, HHSA, Department of Homeless Solutions and Equitable Communities, Office of Equitable Communities.
- The CAP Community Needs Assessment is live for community members to provide feedback and share widely. The information gathered is important for informing future programming. To access the survey: <https://www.surveymonkey.com/r/CAPNeedsAssessment2022>.
- The EITC Free Tax Filing program has been reestablished and the income limit has gone up. Visit myfreetaxes.org for more information.
- For more information, contact Karla at karla.pena@sdcounty.ca.gov.

Update(s): Resident Leadership Academies (All Regions)

Richardson

North Inland & North Coastal Regions: Vista Community Clinic

- Karina shared the VCC RLA Oceanside team completed their sidewalk project in November where over a mile of sidewalk was added to improve walkability and safety. The VCC RLA Escondido team added a Free Little Library and both Oceanside and Escondido participated in a walk audit training provided by ALTA Planning.

North Inland & North Coastal Regions: Escondido Education COMPACT

- Carolina shared the COMPACT Juniper RLA cohort started working with the City of Escondido to provide education and information regarding the active transportation project that will affect Juniper Elementary School to ensure students are safe. The COMPACT Oak Hill RLA cohort has completed the crosswalk project for pedestrian safety.

East Region: International Rescue Committee

- Gulsom shared IRC graduated their recent RLA Cohort in El Cajon. The group presented their community improvement project at John F. Kennedy Park for the City Council and Mayor and received the green light to implement. The next RLA cohort will start at the end of February and IRC is in the middle of the outreach process.

North Central: Bayside Community Center & Bayside Resident Leaders in Action

- Kevin shared RLA Cohort #15 graduated latest cohort in December with 7 graduates.
- The Linda Vista Farmers Market successfully launched in May 2022. The Leaders frequent the market, promote the market, and some even sell at the market. The Leaders' monthly meeting is used to debrief with vendors who sell and the one Leader who sits on the Linda Vista Farmers Market committee.
- Bayside held its 90th Anniversary celebration at the Linda Vista Farmers Market in December and provided vouchers for the vendors to increase attendance. Bayside will be looking to continue hosting events at the Farmers Market to activate the space and encourage more residents to visit.
- There will be a Lunar New Year event Thursday, January 26 with performances from 5:30pm-6:30pm.
- ESL classes were reinstated in September 2022 and have been operating in full and with great participation. Several of the Leaders participate in the ESL class. Leaders continue to promote the opportunity in Linda Vista and in their social networks.
- The Leaders are currently teaching one another and the new students who just graduated from the RLA #15 cohort how to use the Get It Done app to report illegally parked or abandoned vehicles and implement street safety.
- Linda Vista Community Garden construction plans currently being reviewed at the City. There were some delays while waiting for right-of-way clarifications regarding the existing park fence. All parties determined there is no issue and the fence can be replaced in the existing location. Final plans being submitted to the City soon.

South Region: SBSCS

- Jonathan shared SBCS RLA Cohort #15 Otay Mesa graduated 10 individuals in October and is working on a sidewalk project around San Ysidro High School. SBCS RLA Youth Cohort Imperial Beach graduated 15 individuals in November and is working on transportation before and afterschool as well as feeding the homeless around Imperial Beach.

Central Region: Harmonium

- Brianna shared Harmonium has been unable to participate in the RLA implementation to the extent that was expected due to staffing transitions but they are hoping to be more involved moving forward.

Central Region: Urban Collaborative Project

- Carmina shared UCP will be launching a new RLA Cohort on Tuesday, March 7th with an aim to increase the number of trees in Southeast San Diego. This will be a partnership with subject matter experts, Tree San Diego and Kate Sessions Commitment, and focus on urban tree growing education, climate action and leadership in our community. To share with any interested Southeast San Diego residents, especially youth, seniors, and advocates, access the flyer here: <https://drive.google.com/file/d/1wreTw7a39SmCWCGWZy7FZLFtPH7EKvO3/>.

Central Region: Somali Family Service of San Diego, Inc.

- Rachel shared SFS is launching another office in El Cajon and is in the process of staffing to better serve Somali, Afghan, and Swahili language populations. They are working on a youth opioid outreach project for ages 12-26 years old and are in need of Narcan for distribution.
 - Carmina shared the County of San Diego has a Naloxone web page: <https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/od2a/naloxone.html>
 - Brett shared A New Path San Diego is a great resource for Narcan distribution.
 - Melanie shared the County's contractor, Harm Reduction Coalition of San Diego, can supply free naloxone for community distribution.

Updates / Training Announcements

All

- Carmina shared UCP is holding their 2nd Annual Transportation Expo at Gompers Prep Academy on Saturday, Feb 11th which is open to anyone interested in clean mobility and climate action.

Adjournment

All

PLEASE COMPLETE MEETING EVALUATION

<https://www.surveymonkey.com/r/RLACJanuary2023>

