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Suicide Prevention Council (SPC) SCHOOL COLLABORATIVE SUBCOMMITTEE Meeting Minutes Thursday, August 22, 2023 10:30am-11:30am

Zoom Conference Call

Purpose Statement:

The School Collaborative Subcommittee provides suicide prevention, intervention, and postvention resources and education to all San Diego County K-12 schools and districts, including staff, students, parents, and families.

Goals:

- 1. Carry out activities in accordance with the SPAP Implementation Strategies.
- 2. Collaborate with local and state wide organizations to support school districts in implementing legislative mandates around suicide prevention and mental health.
- 3. Consolidate and share best practices, trainings, toolkits, and resources to help meet needs around suicide prevention, intervention and postvention.
- 4. Increase student participation in collaborative groups, identify and strengthen peer support networks, and utilize social media to promote mental health awareness.

1. Welcome/Introductions

10:30am-11:35am H. Nemour

- In the chat, please type in your name, organization, position, and contact information.
- Icebreaker: What is your best "back to school tip"

2. Purpose of Meeting

10:35am-10:40am H. Nemour

- Discuss: SPC Updates
- Update: SPC Schools Resource Guide 2023 -24
- Discuss: Partner Updates (Suicide Prevention Month)

3. Discuss: SPC Updates

10:40am-10:50am L. Puebla

- CHIP Job Posting
 - Linda announced the SPC team is still looking for a Training and Outreach Coordinator. The
 position is open until filled. https://www.sdchip.org/wp-content/uploads/2023/05/CHIP-SPC-Training-Outreach-Coordinator-II-Job-Description-2023-FINAL05-18-23.pdf
- SPC Press Conference
 - LP reminded the group our theme this year is Data. She also reviewed the confirmed logistics of the event. For example: Staff is to arrive at 8:30am and speakers of the event are to arrive by 9:30am.
 - Date & Time September 7th 2023 @ 10:00 AM confirmed
 - Location 1600 Pacific Way Rm 310 Board of Supervisors room confirmed
 - Event Speakers
 - MC Linda Puebla | SPC Program Manager
 - County Leadership Luke Burgmann





Personal Testimonies –

H. Nemour 4. Update: SPC Schools Resource Guide 2023-24 10:50am-11:10am

a. Updates

- i. Heather informed the group that there was an update to state legislation that requires schools to have MHS resources but school districts are overwhelmed and reaching out scrambling for resources on suicide preventions.
 - 1. This is where we as a committee came in to support and created resource guides.
- ii. Heather reviewed the updated school guides and showed the council what edits have been made.
 - 1. She showed were we added QR code to give folk a hard paper copy and digital access.
 - 2. She also demonstrated the layout of the new resource guide.
- iii. LP advised the group the guides have been sent to the county for approval but are at a haul due to needing to go through a variety of committees for the final ok.
- iv. Heather informed the group on new legislation.
 - 1. AB 2246- this states schools need to have resources to support high priority populations youth groups disproportionately affected by suicide.

5. Partner Announcements

11:10pm-11:30am ΑII

- a. LVO announced schools for the first time have to inform parents on securing firearms in their home by placing a form in their school packets, however, her efforts want to take it a bit farther by creating a tool kit and sending it out: https://sd4gvp.org/toolkit-main/
- b. LP announced the McAllister walk for sobriety on 09/30.
- HN announced she has districts who would like to be trained in QPR T4T and is requesting dates.
 - i. SPC team to follow up with dates.

6. Adjourn 11:30am H. Nemour

Next SPC School Collaborative K-12 Meeting

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January 2023	February 2023	March 2023	April 2023	May 2023	June 2023
01-23-23	(no meeting)	03-20-23	(no meeting)	05-18-23	(no meeting)
10:00am-		10:30am-		10:30am-	
11:00am		12:00pm		11:30am	
Via Zoom		Via Zoom		Via Zoom	
July 2023	August 2023	September 2023	October 2023	November	December 2023
(no meeting)	08-17-23	09-21-23	10-19-23	2023	(no meeting)



10:30am-	10:30am-	10:30am-	11-16-23	
11:30am	11:30am	11:30am	10:30am-	
Via Zoom	Via Zoom	Via Zoom	11:30am	
			Via Zoom	

Next SPC Meeting

Tuesday, August 22, 2023 10:00am-11:30am via Zoom (Please RSVP to <u>Bferriera@sdchip.org</u>)

