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**SAN DIEGO COUNTY
SUICIDE PREVENTION COUNCIL
Means Reduction Subcommittee
Meeting Minutes
Monday, June 26, 2023
2:00pm-3:30pm
Zoom Meeting**

Our Vision: Zero Suicides in San Diego County

Our Mission: To prevent suicide and its devastating consequences in San Diego County

Purpose Statement: The Means Reduction Subcommittee aims to mitigate the risk of lethal means of suicide through education and advocacy.	
Goals: <ol style="list-style-type: none"> 1. Implement activities outlined in the SPAP Means Reduction Strategy Implementation Plan. 2. Gather and review data on the commonly used means and methods of suicide. 3. Provide education and share resources with stakeholders, professionals, and the general public. 4. Track legislation related to lethal means and advocate for and inform means reduction related policy. 	
Yeni Palomino	Linda Puebla
Bri Ferreira	Lori Van Orden
Veronica Cambell	Cassie Bay
Don	Kacie Rodvill
Katherine Driscoll	Lori Saldate
Melissa Penaflor	Pualani Vazquez

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|---|---------------|--------------|
| 1. Welcome/Introductions | 2:00pm-2:10pm | L. Van Orden |
| <ul style="list-style-type: none"> • In the chat, please typed in their name, organization/position, and contact information. • Group participated in an icebreaker: What is your favorite beach in San Diego and why? | | |
| 2. Purpose of Meeting | 2:10pm-2:20pm | L. Van Orden |
| <ul style="list-style-type: none"> • Discuss: SPC Updates • Discuss: Jumping Means • Discuss: Firearm Means • Discuss: Asphyxia Means • Discuss: Drug-Medication Means • Discuss: Legislative Updates | | |
| 3. Discuss: SPC Updates | 2:20pm-2:25pm | L. Puebla |
| <ul style="list-style-type: none"> • <u>SPC Job Opportunity</u> | | |

- Linda announced that CHIP is still looking for a training and outreach coordinator for the SPC. The position is open until filled.

<https://www.sdchip.org/wp-content/uploads/2023/05/CHIP-SPC-Training-Outreach-Coordinator-II-Job-Description-2023-FINAL05-18-23.pdf>

- SPC ASM 23 June 27, 2023
 - Annual stakeholder meeting is coming up on June 27th. It will take the place of our usual SPC Monthly meeting. The annual stakeholder meeting will be from 9am – 1pm. <https://2023ASMSPC.eventbrite.com>

4. Jumping Means 2:25pm-2:35pm Y. Palomino

- Coronado Bridge Barrier
 - The group discussed how we can to bring to light messaging of resources for suicide to the community
 - Yeni also asked the group to brainstorm on ideas on how we can fund the Coronado Bridge to get the process going beyond the design of barriers.
- Advocacy Ideas
 - The group discussed the idea of using medical examiners to get data to present on how barriers would benefit our suicide preventions.
 - It was also discussed to get an intern to write on the data of the Coronado bridge and the SPC efforts to present to county

5. Discuss: Firearms Means 2:35pm-2:45pm Y. Palomino

- Gun Violence Reduction Advisory Group
 - Pualani gave updates informing the group that recommendations have been sent out to our county supervisors
 - There was a total of 9 listening groups and there was a low response from medical professionals
 - Pualani also mentioned at theses advisory groups the conversations are changing from a political conversation to a public health one.
- Firearms Safe Storage Program
 - The group also touched on the county taking steps to bring back firearms safe storage but how can we as a committee meet them in the middle.
- SPC Means Reduction Presentation
 - The idea of starting 1st rounds of presentations at VFW
 - Committee will revisit this with Charles who is supporting in creating the firearms presentation

6. Discuss: Asphyxia Means 2:45pm-2:55pm Y. Palomino

- Data Review
 - The group discussed how we can gather information and resources and present it to the community
- Potential Next Steps
 - The group suggested starting at medical round tables to get information out there, creating resource guides, and looking at different approaches.

- 7. **Discuss: Drug-Medication Means** 2:55pm-3:05pm Y. Palomino
 - o To be discussed at next meeting.

- 8. **Discuss: Legislative Updates** 3:05pm-3:15pm All
 - Updates
 - o _Lori informed the group that there is a lot going on in Sacramento but nothing set yet.

- 9. **Partner Updates/Next Steps** 3:15pm-3:30pm All
 - o The committee thanked Lori for all her hard work and dedication.
 - o Veronica Campbell was introduced as the new chair.
 - o NAMI invited the group to a community advocacy training being held on every 3rd Thursday of each month via zoom from 2pm-4pm.
 - o Lori informed the group she will be tabling at pride this year.

- 10. **Adjourn** 3:30pm L. Van Orden

Next SPC Means Reduction Subcommittee Meeting:

January 2023 (no meeting)	February 2023 02-27-23 2:00pm-3:30pm Via Zoom	March 2023 (no meeting)	April 2023 04-24-23 2:00pm-3:30pm Via Zoom	May 2023 05-22-23 2:00pm-3:30pm Via Zoom	June 2023 06-26-23 2:00pm-3:30pm Via Zoom
July 2023 (no meeting)	August 2023 08-28-23 2:00pm-3:30pm Via Zoom	September 2023 (no meeting)	October 2023 10-23-23 2:00pm-3:30pm Via Zoom	November 2023 11-27-23 2:00pm-3:30pm Via Zoom	December 2023 (no meeting)

Next SPC Meeting:

ASM23

Tuesday, June 27, 2023 from 9:00am-1:00pm via Zoom

For more information and to rsvp email: lpuebla@sdchip.org