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**SAN DIEGO COUNTY SUICIDE
PREVENTION COUNCIL (SPC)**

MEETING - MINUTES

Tuesday, July 25, 2023

10:00 am – 11:30 am

Zoom Conference Call

Our Mission: To prevent suicide and its devastating consequences in San Diego County

Our Vision: Zero Suicides in San Diego County

1. **Welcome/Introductions** 10:00am Amy Chavez/Charles Westfall

2. **SPC Overview/Updates** 10:10am Yeni L. Palomino
 - a. CHIP Job Opening
 - i. Yeni announced that CHIP is still looking for a training and outreach coordinator for the SPC. The position is open until filled. <https://www.sdchip.org/wp-content/uploads/2023/05/CHIP-SPC-Training-Outreach-Coordinator-II-Job-Description-2023-FINAL05-18-23.pdf>
 - b. ASIST Trainer Opportunity
 - i. Yeni shared the flyer with the group and announced we are looking for 2-3 people to attend this training and beginning facilitating any request the SPC or community may have. Flyer was dropped in the chat and has been sent out via active campaign. https://drive.google.com/file/d/1gKQFyQsc5DuNqpJH1_bRoUI5cCkVKMJ8/view?usp=drive_link

3. **SPC Subcommittees Updates** 10:30am Yeni L. Palomino
 - a. Assessment & Evaluation (Charles Westfall & Frances Reyes Yee, Subcommittee Co-Chairs)
 - I. Frances informed the council we had a joint meeting with the Media subcommittee. She mentioned how we focused on the release of the SPAP for next year and also reviewed the SPC report card draft.
 - b. Means Reduction Subcommittee LoriVan Orden, Subcommittee Chair)
 - II. Linda spoke for Lori updating the council the subcommittee has been focusing on the jumping needs for the Coronado bridge and focusing on coming up with advocacy ideas to begin construction.
 - c. Media Subcommittee (Dave Roberts & Sarah North, Subcommittee Co-Chairs)
 - III. Sarah informed the council about the joint meeting with A&E Subcommittee and how we are starting the process of working on logistics for the SPC Press Conference release. She let them know we are in the process of looking for an MC and are looking for people who are open to sharing their stories for personal testimonies.
 - d. Faith Subcommittee (Linda Puebla, CHIP Staff)



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IV. Linda updated the council at the last committee meeting we revised the data analysis of the faith breakfast 2023. The group also discussed any feedback/recommendations for the following year.

e. Postvention Subcommittee (Emily Duvall & Lauren Cook, Subcommittee Co-Chairs)

V. Emily stepped in and mentioned the group reviewed its goals and purposes of the committee to see if the group needs to tackle any of the goals. The group concluded they need to cross collaborate with other committees to support target their area of focus.

f. Priority Populations Subcommittee (Steve Carroll & George Pojas, Subcommittee Co-Chairs)

VI. Steve updated the council stating the committee began to discuss what we would like SPC speaker's bureau to look like. The group began to work on criteria's.

4. **Spotlight Presentation**

11:00am

Danielle Iwatsu

a. Presentation- Alvarado Parkway Institute Behavioral Health System

- i. Speaker gave a presentation on the services their institute offers and the referral process.
- ii. Ms. Iwatsu informed the council her institution is for those 18 and up.
- iii. Their PHP Program is one of the highest and most intensive outpatient programs.
- iv. The speaker did review how services can be paid and let the audience know their institute does work with different types of insurances.
- v. Ms. Iwatsu did provided the council with the referral number: 619-832-0737
 - a. #1 – Inpatient programs
 - b. #2-Outpatient programs

b. Q&A

5. **Announcements**

11:20am

Amy Chavez/Charles Westfall

- a. Danielle advised the group her institution is hosting a mixer for mental health programs on 07/28/23 from 10am-12 pm and it free.
- b. Khalil announced a Save the Date for an event "Creative Arts Festival" happening the week of suicide prevention week in September 09/10/2023-09/16/2023.
- c. Lisa announced her focus group session and let us know she is starting a LGBTQ Focus group. More information was sent out via Active campaign on 07/25/2023.
- d. Linda announced the SPC upcoming QPR training on 07/28/2023 at 10:30 am.

6. **Adjournment**

11:30am

All

Next SPC Meeting

Tuesday, August 22, 2023 from 10:00am-11:30am

(Email: Bri Ferreira to RSVP bferreira@sdchip.org)



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Upcoming Subcommittee Meetings

SPC Priority Populations & Communities Subcommittee Meeting

Wednesday, August 9, 2023 from 2:00pm-3:30pm

Location: Zoom Call

(To join email bferreira@sdchip.org)

SPC Media and A/E JOINT Subcommittee Meeting

Monday, August 14, 2023 from 2:00pm-3:30pm

Location: Zoom Call

(To join email bferreira@sdchip.org)

SPC Faith Organization Outreach Subcommittee

August 16, 2023 from 11:00am-12:30pm

(To join email bferreira@sdchip.org)

SPC School Collaborative K-12 Subcommittee Meeting

Thursday, August 17th, 2023 from 10:30 am – 11:30 am

Location: Zoom Call

(To join email bferreira@sdchip.org)

SPC Higher Education Subcommittee

Monday, August 21, 2023 from 11:00am-12:00pm

(To join email bferreira@sdchip.org)

SPC Means Reduction Subcommittee

Monday, August 28, 2023 from 2:00pm-3:30pm

Location: Zoom Call

(To join email bferreira@sdchip.org)

SPC Postvention Subcommittee Meeting

No Meeting in August 2023

(To join email bferreira@sdchip.org)

SPC Tools:

SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch

SPC Flyer; SPAP & SPC Standard Presentation;

San Diego County Responsible Reporting on Suicide Guidelines

SPAP & SPC Sample Newsletter Text; SPC 2011 Activities

www.spcsandiego.org

Suicide Prevention Action Plan Update 2018

www.up2sd.org/find-help/resources/suicide-prevention-and-support

<http://www.sdchip.org/initiatives/suicide-prevention-council/action-plan/>

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention

NOW VIRTUAL!!!



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FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE

www.sdchip.org/suicide-prevention-training.aspx

To schedule training(s): Contact Linda Puebla at 858-609-7971 or lpuebla@sdchip.org.

Upcoming Events and Dates of Interest:

Survivors of Suicide Loss (SOSL)

SOSL will be conducting at least 3 support groups each week via Zoom. Each Monday, you will receive an email about the groups for that week including contact information about how to join. The Warm-line will also have information about the meeting.

If you would like to join or learn more, please contact Joyce Bruggeman at Joyce@SOSLsd.org

Recovery International

Recovery International is still leading meetings via phone or webinar.

For more information, please call 619-383-2084 or email Lisa Garcia at Lisa@recoveryinternational.org

For more information on RI International, please visit [here](#).

Mission Support Grant Applications

Alliance Healthcare Foundation

Applications open July 5th 2023 and close Sept 15 2023

Visit [web page](#) for full detail about the grant and application process.

[Register](#) for the Ask the Funder webinar, scheduled for July 26; 11:00-11:45am PST.

Community Education Presentation – UNDERSTANDING MENTAL ILLNESS

English: Tuesday July 25 2023 – 7:00pm

REGISTER following this link: <https://tinyurl.com/engCEPJuly25>

Spanish: Jueves, 27 de Julio, 2023. Hora: 7:00 PM

REGISTRESE siguiendo este enlace: <https://tinyurl.com/CEPespJul27>

1 – Day Adult Mental Health First Aid Training (In Person)

Wednesday July 26 2023 – 8:30 am – 5:00 pm

Mental Health First Aid for Adults teaches people how to recognize signs of mental health or substance use challenges in adults ages 18 and older, how to offer and provide initial help, and how to guide a person toward appropriate care if necessary. Topics covered include anxiety, depression, psychosis, and addictions. [More Information Here.](#)

NAMI: Become a Community Advocate

Thursday, July 27, 2023 – 2:00pm – 4:00pm

Are you interested in mental health advocacy? Are you passionate about mental healthcare reform? Then please join us for our Community Advocacy Training: Telling Your Story

Click [here](#) for flyer

17th Annual Walk in Remembrance with Hope

Sunday, September 10, 2023 – 8am Opening Ceremony | Walk 10:00 am

Location: Balboa Park – 6th and Laurel

A memorable way to celebrate the life of our loved one gone too soon & raise awareness about suicide prevention.

Register [here](#)



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26th Annual Meeting of the Minds

Wednesday, October 11th 2023

This annual behavioral health conference and resource fair highlights innovative and unique care in mental health treatment. [Click here for tickets.](#)

CHIP QPR Training

Friday, August 25th 10:30am-12:00pm via Zoom

To register, please click [here.](#)



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