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COMMUNITY HEALTH
IMPROVEMENT PARTNERS

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**SAN DIEGO COUNTY
SUICIDE PREVENTION COUNCIL
Priority Populations &
Communities Subcommittee
Meeting Minutes
Wednesday, August 9, 2023
2:00pm-3:30pm**

Our Vision: Zero Suicides in San Diego County

Our Mission: To prevent suicide and its devastating consequences

Purpose Statement: The Priority Populations & Communities Subcommittee aims to elevate the experiences and needs of priority populations that are at higher risk of suicide and break down barriers that contribute to suicide by providing prevention through education.	
Goals: 1. Gain and promote better understanding of the needs of priority populations and communities and explore resources and other ways of healing that are culturally specific. 2. Develop recommendations on how to better serve priority populations and communities at a higher risk for suicide.	
Bri Ferreira	Linda Puebla
George Pojas	Lisa Garcia
Kacie Rodvill	Melissa Penaflor
Steve Carrol	Yeni Palomino
Mina Arthman	Dana Richardson

1. **Welcome/Introductions** 2:00pm S. Carroll/G. Pojas
 - a. In the chat, please type your name, organization, contact, and the population(s) you serve and/or belong to.
 - b. Icebreaker: What was your favorite TV Show as a kid?

2. **Purpose of Meeting** 2:10pm S. Carroll/G. Pojas
 - a. Discuss: SPC Updates
 - b. Discuss: SPC Priority Population Speakers Bureau
 - c. Discuss: PPC Subcommittee Resource Guides
 - d. Discuss: Priority Population Awareness Calendar
 - e. Discuss: Suicide Prevention Month

3. **Discuss: SPC Updates** 2:20pm L. Puebla
 - a. SPC Job Opportunity

- i. Linda announced the SPC team is still looking for a Training and Outreach Coordinator. The position is open until filled. <https://www.sdchip.org/wp-content/uploads/2023/05/CHIP-SPC-Training-Outreach-Coordinator-II-Job-Description-2023-FINAL05-18-23.pdf>
 - b. SPC Press Conference
 - i. LP reminded the group our theme this year is Data. She also reviewed the confirmed logistics of the event. For example: Staff is to arrive at 8:30am and speakers of the event are to arrive by 9:30am.
 - 1. Date & Time – September 7th 2023 @ 10:00 AM – confirmed
 - 2. Location – 1600 Pacific Way Rm 310 Board of Supervisors room - confirmed
 - 3. Event Speakers
 - a. MC – Linda Puebla | SPC Program Manager
 - b. County Leadership – Luke Burgmann
 - c. Personal Testimonies
- 4. **Discuss: SPC Priority Population Speakers Bureau** 2:30pm L. Puebla
 - a. Review Criteria
 - i. Linda touched on the definition of our speakers’ bureau: Its people who represent priority populations and can speaker to media on suicide preventions.
 - ii. Bilingual and someone who can sign (ASL)
 - iii. Well-spoken
 - b. Next Steps
 - i. Outreach
 - 1. Committee to recruit those who are well connected in the community/county
 - a. Maybe paid stipends.
 - 2. Creating news letters to send out and publicize to the county.
 - 3. Possibility to having a council membership?
- 5. **Discuss: PPC Subcommittee Resource Guides** 2:50pm L. Puebla
 - a. Status
 - i. Guides have been updated with QR code but won’t scan is they print too small. LP brought up the idea of link tree where the QR code will send you to a link with a variety of resources depending on needs. This is the end goal.
 - ii. Suggestion on guides were made to take out repetitive words in bio of each description.
 - iii. County Reviewing: Black/African American, LGBTQ+, Native Americans, TAY
 - 1. These guides have been sent to county but are at a haul. So far, we have not received any negative feedback. However, the groups concerns is that by the time they are approved and ready to print they will be outdated.
 - iv. CHIP Updating: Older Adults, Military/Veterans, Lived Experience
 - 1. LP requested if anyone knows of anymore mobile resources to add to lived experience sections. She has added the NAMI text support. Ex: Osker App
 - 2. Regarding the Military guides, we have added the QR codes as well and the 988 number but would like to find more support group resources.

- a. Recovery International mentioned they have started a military support group and will follow up with Lisa.
 - b. Next Steps
 - i. Once guides are approved they will be available for printing, however, printing will happen upon request but will ideally like to share it electronically.
- 6. **Discuss: Priority Population Awareness Calendar** 3:00pm L. Puebla
 - a. Brainstorm Ideas on how SPC can support
 - i. How can we still add the conversation of suicide and connect it to these priority populations? Come in from a different angle.
 - ii. Suggestion were made to get involved with the schools.
 - iii. Member mentioned creating infographics to show and share with others during that specific time/month.
 - iv. November = Native American month
 - 1. SPC invited to attend Native American Vets Luncheon on 11/03.
 - b. Next Steps
- 7. **Discuss: Suicide Prevention Month** 3:10 pm
 - a. LP announced the SPC will be attending many events in the upcoming weeks/months.
 - i. National Recovery Celebration on 08/26.
 - ii. SPC Press Conference 09/07
 - iii. SOSL Walk on 09/10
 - iv. Annual Mass for those who lost someone to suicide on 09/10.
 - v. Resource fair at Donovan's 9/11
 - vi. Livewell 5k walk on 09/17
 - vii. Walk for Sobriety 09/30
- 8. **Partner Updates/Next Steps** 3:20pm S. Carroll/G. Pojas
 - a. Share any activities, upcoming events, and updates.
 - i. Nami announced they will be hosting a Community Advocacy training where you can learn to tell your story in 2 minutes or less. Zoom link was dropped in the chat: [https://us02web.zoom.us/meeting/register/tZ0pf-GqrT4oHtM7N0pfCD3pdubhZH63 - sb#/registration](https://us02web.zoom.us/meeting/register/tZ0pf-GqrT4oHtM7N0pfCD3pdubhZH63-sb#/registration)
 - ii. Recovery International is opening focus groups for caregivers, youth and college, Japanese speakers, and more. All happening online.
- 9. **Adjourn** 3:30pm All

Next PPC Meeting:

January 2023 (no meeting)	February 2023 (no meeting)	March 2023 03-01-23 2:30pm-4:30pm Via Zoom	April 2023 (no meeting)	May 2023 05-10-23 2:00pm-3:30pm Via Zoom	June 2023 06-14-23 2:00pm-3:30pm Via Zoom
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July 2023 (no meeting)	August 2023 08-09-23 2:00pm-3:30pm Via Zoom	September 2023 09-13-23 2:00pm-3:30pm Via Zoom	October 2023 10-11-23 2:00pm-3:30pm Via Zoom	November 2023 (no meeting)	December 2023 (no meeting)
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Next SPC Meeting:

Tuesday, August 22, 2023 from 10:00am-11:30am via Zoom
For more information and to rsvp email: bferreira@sdchip.org