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**SAN DIEGO COUNTY  
SUICIDE PREVENTION COUNCIL  
Postvention Subcommittee  
Meeting Minutes  
Monday, July 24, 2023  
11:00am-12:00pm**

***Our Vision: Zero Suicides in San Diego County***

***Our Mission: To prevent suicide and its devastating consequences in San Diego County***

<b>Purpose Statement:</b> The Postvention Subcommittee aims to respond to the needs of survivors of suicide loss through education and collaboration in an effort to mitigate the impact of suicide and reduce the number of future suicide deaths.	
<b>Goals:</b> 1. Implement activities outlined in the SPAP Postvention Services Strategy Implementation Plan. 2. Educate individuals and organizations on postvention and develop tailored materials that are culturally specific and fit the needs of the different audiences engaged. 3. Identify gaps in postvention coordination across systems, organizations, and communities and offer strategic solutions.	
<b>Yeni Palomino</b>	<b>Emily Duval</b>
<b>Linda Puebla</b>	<b>Brianna Ferreira</b>
<b>Ashley Metoyer</b>	<b>Kacie Rodvill</b>
<b>Melisa Penaflor</b>	<b>Michele Madden</b>

1. **Welcome/Introductions** 11:00am E. Duval/L. Cook
  - a. In the chat, please type your name, organization, position, and contact information.
  - b. Icebreaker: What is your go – to karaoke anthem?
  
2. **Purpose of Meeting** 11:05am E. Duval/L. Cook
  - a. Discuss: SPC Updates
  - b. Update: SPC Postvention Guides
  - c. Discuss: Subcommittee Goals
  - d. Discuss: Partner Updates
  
3. **Discuss: SPC Updates** 11:10am L. Puebla
  - a. CHIP Job Opening
    - i. Linda announced that CHIP is still looking for a training and outreach coordinator for the SPC. The position is open until filled. <https://www.sdchip.org/wp-content/uploads/2023/05/CHIP-SPC-Training-Outreach-Coordinator-II-Job-Description-2023-FINAL05-18-23.pdf>
  - b. ASIST T4T

- i. Linda shared the flyer with the group and announced we are looking for 2-3 people to attend this training and beginning facilitating any request the SPC or community may have. Flyer was dropped in the chat on 07/24 and has been sent out via active campaign.

[https://drive.google.com/file/d/1gKQFyQsc5DuNqpJH1\\_bRoUI5cCkVKMJ8/view?usp=drive\\_link](https://drive.google.com/file/d/1gKQFyQsc5DuNqpJH1_bRoUI5cCkVKMJ8/view?usp=drive_link)

#### 4. Update: SPC Postvention Guides

11:15am

L. Puebla

##### a. Review Updated Guides

- i. LP touched on the recommendation that were given on resources guides and reviewed the updated guides with edits made.
- ii. Recommendation was made the QR code could send people to a centralized website that has all resources. LP informed the group the website is currently being worked on the and having the website update is our end goal.

##### b. Status

- i. LP informed the group guides have been sent out for review and approval by county but it taking a lot longer than we expected. She also let the group know after they are approved they have to go through multiple departments to move forward with next steps.

##### c. Next Steps

- i. Once approved through county departments the committee would like to move forward with printing and translating guides.

#### 5. Discuss: Subcommittee Goal's Discussion

11:30am

E. Duval/L. Cook

##### a. Goal 1 (listed top of the page)

- i. The subcommittee reviewed the 3 goals located at the top of this agenda.
- ii. G1: SPAP is currently being updated and will come out with updated data to see which goals we'd like to review and target.
- iii. G2: This goal was hit by resources guides created, however, the subcommittee feels we are missing the mark regarding hitting cultural groups. EX: Refugees/PPC
  - 1. Chair mentioned that this a gap we don't want to set up ourselves for failure and possibly looking into how we can fill in these gaps.
  - 2. Group would like to look at different entities and understand that they operate differently and how we can tailor to each group.
- iv. Another gap the group felt we are missing in targeting Law enforcement
  - 1. Group feels it's important to have someone represent this group in our meetings so we can also become informed and tailor to needs.
- v. Another suggestion made was to know our partners and what exactly it is that they do.
  - 1. Possible looking into partners updating what they do yearly and provide a resource guide yearly that goes out to organizations and the community.
- vi. Overall the group feels it would be important to cross collaborate with other subcommittees and other organizations

#### 6. Partner Updates/Next Steps

11:50am

E. Duval/L. Cook

- a. Linda updated the group the SPC will be hosting its monthly QPR training on 07/28/2023 and dropped the link in the chat for anyone that would like to register. She also informed the group that they can host these training with their organizations.

[https://us06web.zoom.us/meeting/register/tZ0pceCrgTkoGdziiUoax8kiOWiTsezxdtVg?\\_xzm\\_rtaid=uj3NXw80RtiNcMc1OJ2ggg.1685465530538.19f1fb3103dcd0826fc54c2257e1a244&\\_xzm\\_rhtaid=907#/registration](https://us06web.zoom.us/meeting/register/tZ0pceCrgTkoGdziiUoax8kiOWiTsezxdtVg?_xzm_rtaid=uj3NXw80RtiNcMc1OJ2ggg.1685465530538.19f1fb3103dcd0826fc54c2257e1a244&_xzm_rhtaid=907#/registration)

- b. SOSL informed the group of their walk of remembrance on 09/10 and is the number one fundraiser to keep SOSL funded.
- c. NAMI let the group know they are hosting two community for advocacy training this month from 2-4 and dropped the flyer in the chat.

[https://drive.google.com/file/d/16JzQMSI5k40EvEaBEj9hxy2rMbQxbwbb/view?usp=drive\\_link](https://drive.google.com/file/d/16JzQMSI5k40EvEaBEj9hxy2rMbQxbwbb/view?usp=drive_link)

7. **Adjourn**

12:00pm

All

**Next SPC Postvention Subcommittee Meeting:**

<b>January 2023</b> 01-23-23 11:00am- 12:00pm	<b>February 2023</b> (no meeting)	<b>March 2023</b> 03-27-23 11:00am- 12:00pm Via Zoom	<b>April 2023</b> (no meeting)	<b>May 2023</b> 05-22-23 11:00am- 12:00pm Via Zoom	<b>June 2023</b> (no meeting)
<b>July 2023</b> 07-24-23 11:00am- 12:00pm Via Zoom	<b>August 2023</b> (no meeting)	<b>September 2023</b> 09-25-23 11:00am- 12:00pm Via Zoom	<b>October 2023</b> (no meeting)	<b>November 2023</b> 11-27-23 11:00am- 12:00pm Via Zoom	<b>December 2023</b> (no meeting)

**Next SPC Meeting:**

**Tuesday, July 25, 2023 from 10:00am-11:30am via Zoom**

**For more information and to rsvp email: [bferreira@sdchip.org](mailto:bferreira@sdchip.org)**