CHIP Sub-Committee: Organizations and Systems domains
Universal Suicide Prevention Strategies Discussion
February 28, 2011

Definition:
Universal strategies are targeted to the general public or a whole population group. Designed to influence everyone, they reduce suicide risk by strengthening protective factors like community support and social skills, removing barriers to care, enhancing knowledge of what to do to help suicidal individuals, and increase access to help. Interventions might include public education campaigns, “suicide awareness” programs, means restriction, education programs for the media on reporting practices related to suicide, and crisis response plans and teams.¹

Agenda

10:00-10:30 Welcome & Introductions
+ Overview of Planning Process
+ Introductions (name and organization)
+ Decision-Making Process Overview
+ Defining System and Organizational domains
+ Goals & Discussion Questions for the Day
  - What universal interventions would make the most impact in addressing suicide prevention in San Diego County? What priority areas would these interventions target?
    o Review summary of universal interventions gathered from Needs Assessment, January Forum, portal, and external data review
  - Overview of Universal Strategies identified during February 14th meeting

10:25-11:15 Brainstorming and Identification of Strategies/Recommendations (small group discussion: 6-8 people per group)
+ Group will be assigned one of the three priority areas from February 14th meeting to address the following:
  - What needs to happen at the system and organizational level to implement this suicide prevention strategy?
  - What additional changes need to be made at the system or organizational level to successfully implement any universal interventions and reduce suicide rates?

11:15-11:25 Break

11:25-11:50 Prioritization Process (Large group discussion)
+ Each group reports on their discussion from brainstorming
+ Closing Discussion Questions
What are the three system or organizational priorities that should be presented to the CHIP Suicide Prevention Action Plan Committee?

11:50-12:00 Review of Recommendations and Planning for Next Meeting
+ March 14th – Outreach and Direct Services Sub-Committee Meeting
+ February 28th - Next Organizations and Systems Sub-Committee Meeting