CHIP Sub-Committee: Outreach and Direct Services
Selective Suicide Prevention Strategies Discussion
March 14, 2011

Definition:
Selective strategies focus on at-risk groups that have a greater probability of becoming suicidal and aim to prevent the onset of suicidal behaviors among specific subpopulations. This level of prevention includes screening programs, gatekeeper training for “frontline” adult caregivers and peer “natural helpers,” support and skill building groups for at-risk groups in the population, and enhanced accessible crisis services and referral sources.¹

10:00-10:15 Welcome & Introductions
- Overview of Planning Process
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- Summary of Progress to Date
- Overview of Decision-Making Process
- Goals & Discussion Questions for the Day
- What selective interventions or strategies should be included in a Suicide Prevention Action Plan for San Diego County?

10:15-11:15 Brainstorming and Identification of Interventions/Strategies
- What selective interventions and/or strategies have been implemented to prevent suicide and reduce suicide rates?
- Which interventions and/or strategies would make the most impact in addressing suicide prevention in San Diego County?
- What regions or populations should be targeted? How should these regions or populations be prioritized?

11:15-11:25 Break

11:25-11:50 Prioritization Process (Large group discussion)
- Each group reports on their discussion from brainstorming
- Closing Discussion Questions
- What are the three interventions and/or strategies that should be presented to the CHIP Suicide Prevention Action Plan Committee?
  - What would it take to implement this intervention/strategy?
  - What would it take to make it a county priority?
  - Who needs to be involved to see this implemented successfully?

11:50-12:00 Review of Recommendations and Planning for Next Meeting
- March 28th – Organization and System Approach Sub-Committee Meeting
  What would need to happen at a system or organizational level to successfully implement the identified interventions and/or strategies?
  - April 11th – Next Outreach and Direct Services Sub-Committee Meeting