CHIP Sub-Committee
Indicated Suicide Prevention Strategies Discussion
April 25, 2011

Definition:
Indicated strategies target high-risk individuals that exhibit early signs of suicide potential. Programs are designed and delivered in groups or individually to reduce risk factors and increase protective factors. At this level, programs include skill-building support groups, case management for individual high-risk individuals, and referral sources for crisis intervention and treatment.1

10:00-10:15 Welcome & Introductions –
+ Overview of Planning Process
+ Introductions (name and organization)
+ Summary of Progress to Date
+ Overview of Decision-Making Process
+ Goals & Discussion Questions for the Day
+ What indicated interventions or strategies should be included in a Suicide Prevention Action Plan for San Diego County?

+ Review Populations identified for the Needs Assessment by County of San Diego and trends for high risk groups using EMS data

Decision Point: Agreement on four breakouts for focused small group breakouts
1. What indicated interventions and/or strategies would make the most impact for middle aged men?
2. What indicated interventions and/or strategies would make the most impact for direct services?
3. What indicated interventions and/or strategies would make the most impact for system/organization?
4. How can research and data support indicated strategies?

10:25-11:35 Brainstorming and Identification of Interventions/Strategies –
+ Who needs to be involved?
+ What resources would be needed to ensure successful implementation?
+ What barriers need to be addressed in order to successfully implement these interventions/strategies?
+ What needs to happen at the organizational/system level to succeed?

11:35-11:50  Summary of Breakouts (Large group discussion)
Each group reports on their discussion from brainstorming
+ Closing Discussion Questions
+ *What are the three interventions and/or strategies that should be presented to the CHIP Suicide Prevention Action Plan Committee?*

11:50-12:00  Next Steps
+ CHIP Monthly Meeting- Updated meeting dates
+ Action Plan Draft
+ May Summit
+ Website demo
+ Ongoing communication