CHIP Sub-Committee: Outreach and Direct Services
Indicated Suicide Prevention Strategies Discussion
April 11, 2011

Definition:
Indicated strategies target high-risk individuals that exhibit early signs of suicide potential. Programs are designed and delivered in groups or individually to reduce risk factors and increase protective factors. At this level, programs include skill-building support groups, case management for individual high-risk individuals, and referral sources for crisis intervention and treatment.1

10:00-10:15 Welcome & Introductions
+ Overview of Planning Process
+ Introductions (name and organization)
+ Summary of Progress to Date
+ Overview of Decision-Making Process
+ Goals & Discussion Questions for the Day
+ What indicated interventions or strategies should be included in a Suicide Prevention Action Plan for San Diego County?

10:15-10:45 Review of Priority Populations – Framework for Discussion
+ Review Populations identified for the Needs Assessment by County of San Diego
+ Review of High Risk populations from local San Diego County data
+ Identification of additional high risk populations to be considered

Decision Point: Identification of four populations for focused small group breakouts

10:45-11:35 Brainstorming and Identification of Interventions/Strategies
+ What indicated interventions and/or strategies would make the most impact with high risk populations in general?
+ What indicated interventions and/or strategies would most impact your identified high risk population?
+ What are the next steps that should be considered to make these strategies successful?

11:35-11:50 Summary of Breakouts (Large group discussion)
Each group reports on their discussion from brainstorming
+ Closing Discussion Questions
+ What are the three interventions and/or strategies that should be presented to the CHIP Suicide Prevention Action Plan Committee?

11:50-12:00 Review of Recommendations and Planning for Next Meeting
+ April 25th – Organization and System Approach Sub-Committee Meeting
What would need to happen at a system or organizational level to successfully implement the identified indicated interventions and/or strategies?
+ May 3rd – CHIP SPAP Committee – Location TBD