Our Vision: Zero Suicides in San Diego County
Our Mission: To prevent suicide and its devastating consequences in San Diego County

1. Welcome/Introductions 10:00am Beth Sise/Carol Skiljan

2. SPC Overview/Website Update 10:10am Dana Richardson

3. SPC Subcommittees Update 10:20am Dana Richardson
   a. Media Subcommittee (Stan Collins)
   b. Faith Organization Outreach (Elizabeth Vaughan)

4. Debrief Events 10:30am Dana Richardson
   a. QPR Refresher (January 28, 2015)
   b. QPR Train the Trainer (February 3, 2015)
   c. SPC Medical Provider Roundtable Breakfast (February 13, 2015)

5. Discussion
   • Coronado Bridge Safety (Toni McGowan)

6. SPC Spotlight – Mental Health America 11:00am Carrie Christie

7. Additional Updates / Announcements 11:20am All

8. Adjournment 11:30am Carol Skiljan

Next SPC Meeting
Tuesday, March 24, 2015, 10:00-11:30am
United Way (4699 Murphy Canyon Rd. San Diego, 92123)
(Email: Lora Cayanan to RSVP lcayanan@sdchip.org)
Other Upcoming Meetings:

Assessment & Evaluation Subcommittee Meeting
March 2, 2015 from 1:00-2:30pm
CHIP Offices
(To RSVP email lcayanan@sdchip.org)

Media Subcommittee Meeting
March 9, 2015 from 10:00am-11:30am
Community Health Improvement Partners
5095 Murphy Canyon Murphy Rd. Suite 105
(To RSVP email lcayanan@sdchip.org)

Higher Education Subcommittee Meeting
March 13, 2015 from 9:00am-11:30am
Campus Plunge @ Miracosta
(To RSVP email lcayanan@sdchip.org)

SPC Faith Outreach Subcommittee
Wednesday, March 18, 2015, 10:00am-12:00pm
(To RSVP email lcayanan@sdchip.org)

School Collaborative Subcommittee Meeting
TBD
Community Health Improvement Partners
5095 Murphy Canyon Murphy Rd. Suite 105
(To RSVP email ypalomino@sdchip.org)

Upcoming Events

NAMI Walk
Saturday, May 2, 2015
(for information email: www.namisd.org)
SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities

www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE
www.sdchip.org/suicide-prevention-training.aspx

To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.