**Our Vision: Zero Suicides in San Diego County**  
**Our Mission: To prevent suicide and its devastating consequences in San Diego County**

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<tbody>
<tr>
<td><strong>1. Welcome/Introductions</strong></td>
<td><strong>10:00am</strong></td>
<td><strong>Beth Sise</strong></td>
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<td><strong>2. SPC Overview/Website Update</strong></td>
<td><strong>10:10am</strong></td>
<td><strong>Yeni L. Palomino</strong></td>
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<td><strong>3. SPC Subcommittees Updates</strong></td>
<td><strong>10:20am</strong></td>
<td><strong>Yeni L. Palomino</strong></td>
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<tr>
<td>a. Media Subcommittee (Stan Collins)</td>
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<tr>
<td>b. Assessment + Evaluation Subcommittee (Beth Sise)</td>
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<td>c. Faith Organization Outreach (Lora Cayanan)</td>
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<td>d. School Collaborative (K-12) (Carol Skiljan)</td>
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<td><strong>4. Upcoming Events</strong></td>
<td><strong>10:40am</strong></td>
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<tr>
<td>a. GLSEN Training North County on 02/18/16 at San Diego County Office of Education</td>
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<td>b. PIO Workshop Refresher on 02/26/16 at United Way</td>
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<td><strong>5. Spotlight Presentation—Community Health Improvement Partners</strong></td>
<td><strong>10:50am</strong></td>
<td><strong>Yeni L. Palomino</strong></td>
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<td><strong>6. New Year’s Self-Care Resolution Activity</strong></td>
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<td><strong>7. Additional Updates / Announcements</strong></td>
<td><strong>11:25am</strong></td>
<td><strong>All</strong></td>
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<td><strong>8. Adjournment</strong></td>
<td><strong>11:30am</strong></td>
<td><strong>Carol Skiljan</strong></td>
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**Next SPC Meeting**  
**Tuesday, February 23, 2016, 10:00-11:30am**  
(Email: Lora Cayanan to RSVP lcayan@sdchip.org)

**Other Upcoming Meetings:**  
Assessment & Evaluation Subcommittee Meeting  
**Thursday, January 28, 2016, 10:30am-12:00pm**  
Community Health Improvement Partners  
5095 Murphy Canyon Murphy Rd. Suite 105
Media Subcommittee Meeting
Tuesday, February 2, 2016, 10:30am-12:00pm
Community Health Improvement Partners
(To RSVP email lcayanan@sdchip.org)

SPC Faith Outreach Subcommittee
Wednesday, February 17, 2016, 11:00am-1:00pm
United Way
4699 Murphy Canyon Rd. San Diego, CA 92123
(To RSVP email lcayanan@sdchip.org)

Higher Education Subcommittee Meeting
Wednesday, February 3, 2016, 10:00am-11:00am
Closed Conference Call
(To RSVP email lcayanan@sdchip.org)

School Collaborative Subcommittee Meeting
TBD
(To RSVP email lcayanan@sdchip.org)

**Upcoming Events**

GLSEN Training
February, 18 2016 at San Diego County Office of Education
(For more information: lcayanan@sdchip.org)

SPC PIO Workshop Refresher
February 26, 2016 from 9am-12pm at United Way
(RSVP/Information: lcayanan@sdchip.org)

**SPC Tools:**
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx

**Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention**

**FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE**
www.sdchip.org/suicide-prevention-training.aspx

To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.