Our Vision: Zero Suicides in San Diego County
Our Mission: To prevent suicide and its devastating consequences in San Diego County

1. Welcome/Introductions
   Beth Sise

2. SPC Overview/Website Update
   Yeni L. Palomino

3. SPC Subcommittees Updates
   Yeni L. Palomino
   a. Media Subcommittee/Assessment (Stan Collins)
   b. Evaluation Subcommittee (Beth Sise)
   c. Faith Organization Outreach (Lora Cayanan)
   d. School Collaborative (K-12) (Yeni L. Palomino)
   e. Higher Education Subcommittee (Marge Reyzer)

4. Upcoming Events
   a. LGBTQ Suicide Prevention Forum & Resource Fair on 01/07/16 at North County Regional Education Center
   b. QPR Trainer Refresher on 01/25/16 at United Way
   c. GLSEN Training North County on 02/18/16 at North County Regional Education Center
   d. PIO Workshop Refresher on 02/26/16 at United Way

5. Taking Care of Ourselves in Service to Others
   Stan Collins

6. Spotlight Presentation—County of San Diego Adult Protective Services (APS)
   Kimberly Pearce

7. Additional Updates / Announcements
   11:25am
   All

8. Adjournment
   11:30am
   Carol Skiljan

No meeting in December 2015.
Next SPC Meeting
Tuesday, January 26, 2015, 10:00-11:30am
(Email: Lora Cayanan to RSVP lcayanan@sdchip.org)
Other Upcoming Meetings:

School Collaborative Subcommittee Meeting
November 30, 2015, 1-2:30pm
United Way
(To RSVP/Information email lcayanan@sdchip.org)

Higher Education Subcommittee Meeting
Wednesday, February 3, 2016
Conference Call
(To RSVP/Information email lcayanan@sdchip.org)

Assessment/Evaluation Subcommittee Meeting
Wednesday, December 9, 2015, 1:00pm-2:30pm
CHIP
(To RSVP email lcayanan@sdchip.org)

Media Subcommittee Meeting
Tuesday, December 15, 2015, 10:30am-12:00pm
CHIP
(To RSVP email lcayanan@sdchip.org)

SPC Faith Outreach Subcommittee
Wednesday, December 16, 2015, 11:00am-1:00pm
United Way
(To RSVP email lcayanan@sdchip.org)

Upcoming Events

SPC: LGBTQ Suicide Prevention Forum & Resource Fair
January 7, 2016 8:00am-1:30pm North County Regional Education Center
(RSVP/Information: lcayanan@sdchip.org)

SPC: QPR Trainer Refresher
January 25, 2016 from 1:30pm-3:30pm at United Way
(RSVP/Information: lcayanan@sdchip.org)

GLSEN Training North County
February, 18 2016 at North County Regional Education Center
(For more information: lcayanan@sdchip.org)

SPC: PIO Workshop Refresher
February 26, 2016 at United Way
(RSVP/Information: lcayanan@sdchip.org)
SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE
www.sdchip.org/suicide-prevention-training.aspx

To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.
San Diego County Suicide Prevention Council
Schools Collaborative

Youth LGBTQ and Suicide Prevention Forum & Resource Fair

Event Details

Keynote Speaker: Dr. Vincent Pompei, Human Rights Campaign

California Healthy Kids Survey Data Presentation

Breakout Sessions: Legal & Policy Information Promising Practices

Resource Fair

For School Administrators & Staff

Objectives
1. Learn suicide prevention and mental health best practices
2. Gain youth LGBTQ awareness
3. Connect with organizations and schools to share resources

WHEN
Thursday, January 7, 2016
8:30am - 12:30pm
Registration & Light Breakfast at 8:00am
Resource Fair from 12:30pm - 1:30pm

WHERE
North County Regional Education Center
255 Pico Avenue
San Marcos, CA 92069

SPACE IS LIMITED!
RSVP by December 28, 2015
LCAYANAN@SDCHIP.ORG