Our Vision: Zero Suicides in San Diego County
Our Mission: To prevent suicide and its devastating consequences in San Diego County

1. Welcome/Introductions
   10:00am Carol Skiljan

2. SPC Overview/Website Update
   10:10am Yeni L. Palomino

3. SPC Subcommittees Updates
   - Media Subcommittee (Stan Collins)
   - Assessment + Evaluation Subcommittee (Beth Sise)
   - Faith Organization Outreach (Lora Cayanan)
   - Higher Education Subcommittee (Marge Reyzer)
   10:20am Yeni L. Palomino

4. Upcoming Events
   10:40am
   - PIO Workshop Refresher on 02/26/16 at United Way
   - ASIST on 03/10-11/2016 at SDCOE
   - Mental Health Event 5/6/16 1-4pm at United Way
   - Faith Breakfast 05/20/16 8:30am-12pm at First Baptist Church Lemon Grove
   - At Risk Population Forum 6/24/16 1-4pm at United Way

5. Spotlight Presentation—Recovery International
   10:55am Lisa Garcia

6. Additional Updates / Announcements
   11:25am All

7. Adjournment
   11:30am Carol Skiljan

Next SPC Meeting
Tuesday, March 22, 2016, 10:00-11:30am
(Email: Lora Cayanan to RSVP lcayanan@sdchip.org)

Other Upcoming Meetings:
School Collaborative Subcommittee Meeting
Wednesday, March 2, 2016, 1:30-3:00pm
Community Health Improvement Partners
(To RSVP email lcayanan@sdchip.org)

Assessment & Evaluation Subcommittee Meeting
Wednesday, March 9, 2016, 1:30pm- 3:00pm
Community Health Improvement Partners
5095 Murphy Canyon Murphy Rd. Suite 105
(To RSVP email lcayanan@sdchip.org)

Media Subcommittee Meeting
Tuesday, March 15, 2016, 10:30am-12:00pm
Community Health Improvement Partners
(To RSVP email lcayanan@sdchip.org)

SPC Faith Outreach Subcommittee
Thursday, March 17, 2016, 11:00am-1:00pm
United Way
4699 Murphy Canyon Rd. San Diego, CA 92123
(To RSVP email lcayanan@sdchip.org)

Higher Education Subcommittee Meeting
Wednesday, April 6, 2016, 10:00am-11:00am
Closed Conference Call
(To RSVP email lcayanan@sdchip.org)

Upcoming Events

SPC PIO Workshop Refresher
February 26, 2016 from 9am-12pm at United Way
(RSVP/Information: lcayanan@sdchip.org )

SDCOE ASIST
March 10-11, 2016 all day at SDCOE
(RSVP/Information: http://sdcoe.k12oms.org/918-110198 )

SPC Mental Health Event
May 6, 2016 from 1-4pm at United Way
(RSVP/Information: lcayanan@sdchip.org )

SPC 5th Annual Faith Breakfast 2016
May 20, 2016 from 8:30am-12pm at First Baptist Church Lemon Grove
(2910 Main St LG, 91945)
(RSVP/Information: http://bit.ly/1V27q0t by 5/16)
SPC At Risk Population FORum
June 24, 2016 from 1-4pm at United Way
(RSVP/Information: lcayanan@sdchip.org)

SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE
www.sdchip.org/suicide-prevention-training.aspx
To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.