Our Vision: Zero Suicides in San Diego County
Our Mission: To prevent suicide and its devastating consequences in San Diego County

1. Welcome/Introductions 10:00am Beth Sise/Carol Skiljan
2. SPC Overview/Website Update 10:10am Yeni L. Palomino
3. SPC Subcommittees Updates 10:15am Yeni L. Palomino
   a. Media Subcommittee (Stan Collins)
   b. Assessment + Evaluation Subcommittee (Beth Sise)
   c. Faith Organization Outreach (Lora Cayanan)
   d. Higher Education (Marge Reyzer)
4. General Information 10:30am Yeni L. Palomino
   a. Self-Care 1st Quarter Update (April 2016)
   b. Trans Day of Empowerment 2016 4/30/16
   c. NAMI Walk 4/30/16
   d. May is Mental Health Month
   e. SPC Mental Health Month Event 5/6/16
   f. SPC 5th Annual Faith Breakfast 2016
   g. SPC At Risk Populations for Suicide Forum 6/24/16
   h. SPC Annual Stakeholders Meeting- 5th Anniversary 6/28/16
5. Spotlight Presentation-Sharp Mesa Vista Hospital 10:40am Christiana Paul/Veronica Campbell
   a. C-SSRS Implementation Update Presentation
6. Additional Updates / Announcements 11:25am All
7. Adjournment 11:30am Carol Skiljan

Next SPC Meeting
Tuesday, May 24, 2016, 10:00-11:30am
(Email: Lora Cayanan to RSVP lcayanan@sdchip.org)
Other Upcoming Meetings:

SPC Schools Collaborative (K-12) Subcommittee Closed Meeting Wednesday, April 27, 2016, 1:30pm-3:00pm Community Health Improvement Partners (To RSVP email lcanan@sdchip.org)

SPC Media Subcommittee Meeting Tuesday, May 3, 2016, 1:30pm-3:00pm Community Health Improvement Partners (To RSVP email lcanan@sdchip.org)

SPC Assessment & Evaluation Subcommittee Meeting Wednesday, May 11, 2016, 1:30pm-3:00pm Community Health Improvement Partners (To RSVP email lcanan@sdchip.org)

SPC Faith Outreach Subcommittee Wednesday, May 18, 2016, 11:00am-1:00pm United Way 4699 Murphy Canyon Rd. San Diego, CA 92123 (To RSVP email lcanan@sdchip.org)

SPC Higher Education Subcommittee Meeting Wednesday, June 1, 2016, 10:00am-11:00am Closed Conference Call (To RSVP email lcanan@sdchip.org)
Upcoming Events

NAMI Walk
April 30, 2016 from Check-In-7:30am; Start-9:00am at NTC Park in Liberty Station
(Register: www.namiwalks.org /Information: walk@namisd.org )

SPC Mental Health Month Kick-Off Event
May 6, 2016 from 1-4pm at United Way
(RSVP/Information: lcayanan@sdchip.org )

SPC 5th Annual Faith Breakfast 2016
May 20, 2016 from 8:30am-12pm at First Baptist Church Lemon Grove
(2910 Main St LG, 91945)
(RSVP/Information: http://bit.ly/1V27q0t by 5/16)

SPC At Risk Population Forum
June 24, 2016 from 1-4pm at United Way
(RSVP/Information: lcayanan@sdchip.org )

SPC Annual Stakeholders Meeting 2016 – 5yr Anniversary
June 28, 2016 from 8:30am-2:30pm at SDCOE (6401 Linda Vista Rd, SD)
(RSVP/Information: lcayanan@sdchip.org )

SPC Tools:
SPC 3-Year Strategic Work Plan; SPC Charter; SPC Elevator Pitch
SPC Flyer; SPAP & SPC Standard Presentation;
San Diego County Responsible Reporting on Suicide Guidelines
SPAP & SPC Sample Newsletter Text; SPC 2011 Activities
www.spcsandiego.org

Suicide Prevention Action Plan
www.up2sd.org/find-help/resources/suicide-prevention-and-support
www.sdchip.org/committee/publications.aspx

Question, Persuade, and Refer (QPR) Gatekeeper Trainings for Suicide Prevention
FREE 1 HOUR TRAINING JUST CALL TO SCHEDULE
www.sdchip.org/suicide-prevention-training.aspx
To schedule training(s): Contact Lora Cayanan at 858-609-7971 or lcayanan@sdchip.org.